



Play Squash for fun and fitness!

MONTHLY EDITION

# AUSTRALIAN Squash PLAYER

JANUARY 2017

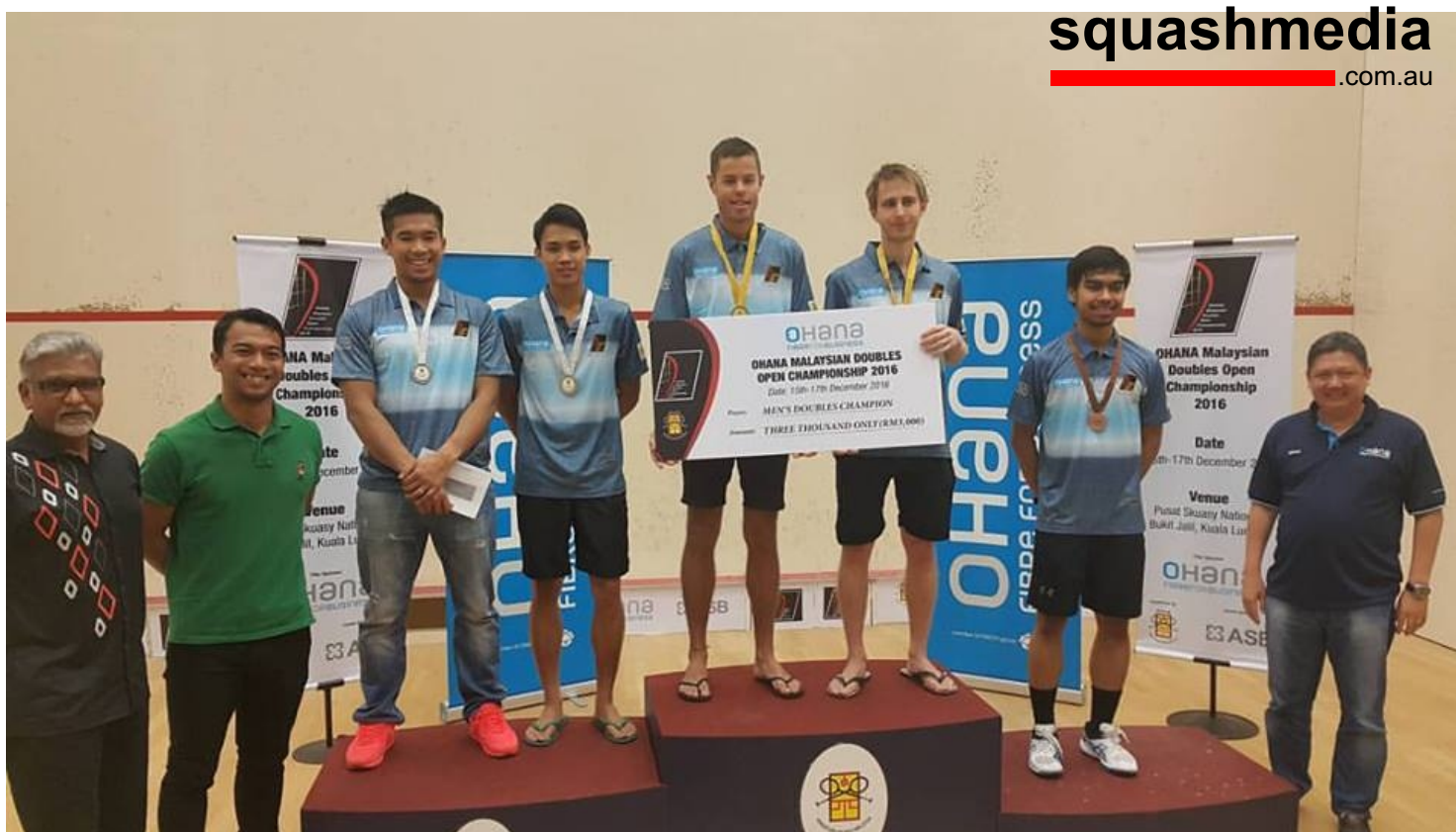
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**Australia win Malaysian Doubles  
Alexander & Hedrick too good!**



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**Happy New Year !!! I hope you have a fantastic 2017.**

Congratulations to **Zac Alexander** and **Rex Hedrick** on winning the Malaysian Doubles.

It wasn't the result the Aussie girls had hoped for but reaching the quarter finals of the **World Women's Team Championship** is still a wonderful outcome.

Some of our best juniors went to KL for the **2016 REDtone KL Junior Open**. With 648 competitors taking part it wasn't going to be easy. Australian juniors secured four top 10 finishes.

Sadly, the squash world lost a Aussie legend in December. **Max Moorhouse**, who invented the i-Mask, contributed significantly to Tasmanian and Australian Squash as a sponsor, coach, educator and mentor.

It was a pleasure to have known Max and I wish his family my deepest condolences.

Kim Schramm  
[kim@squashmedia.com.au](mailto:kim@squashmedia.com.au)

## Egypt Reclaim Women's World Team Title In Paris



### WSF Women's World Team Squash Championship, Paris, France

Final: [1] EGYPT def [2] ENGLAND 2/1  
Nour El Sherbini lost to Laura Massaro  
11-9, 5-11, 6-11, 6-11 (49m)  
Nouran Gohar def Alison Waters  
11-6, 11-4, 12-10 (41m)  
Raneem El Welily def Sarah-Jane Perry  
12-10, 11-4, 11-6 (31m)

## Australia finish 8th

Australia lost to New Zealand on the final day to finish 8th overall. See next page for scores.



**Brisbane based Squash Photographers**  
**Toni van der Kreek** and **John Lockton**  
have kindly agreed for their squash  
images to be used in this publication.



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**French # 1 Camille Serme defeated Australian Donna Urquhart**

**France achieved its first appearance in the event's semi-finals in 16 attempts since 1987.**

### 28 November - 3 December 2016

**WSF Women's World Team Squash Championship, Paris, France**

#### Quarter Finals:

[5] FRANCE def [6] **AUSTRALIA** 3/0

Coline Aumard def Rachael Grinham 8-11, 11-6, 11-9, 11-4 (45m)

Camille Serme def Donna Urquhart 11-6, 11-4, 11-3 (27m)

Laura Pomportes def Tamika Saxby 11-6, 12-10 (17m)

#### 5th - 8th place play-offs:

[7] USA bt [6] **AUSTRALIA** 2/0

Amanda Sobhy def Donna Urquhart 11-7, 11-5, 11-6 (34m)

Sabrina Sobhy def Christine Nunn 11-6, 11-1, 11-4 (22m)

#### 7th place play-off:

[8] NEW ZEALAND def [6] **AUSTRALIA** 2/1

Joelle King def Donna Urquhart 11-6, 12-10, 11-9 (32m)

Megan Craig lost to Rachael Grinham 11-6, 10-12, 8-11, 11-9, 4-11 (46m)

Amanda Landers-Murphy def Tamika Saxby 11-6, 12-10, 11-1 (26m)

**Australia last won this event in 2010**

**In 2014 Australia finished 7th**

### 30 November - 3 December 2016

**PSA M15 Men's Wasatch Advisors Salt Lake City Open 2016, Salt Lake City, USA**

#### First Round:

[8] **Joshua Larkin** (AUS) def [WC] Mark Broekman (ENG) 11-4, 11-3, 11-2 (25m)

#### Quarter Finals:

[2] Todd Harrity (USA) def [8] **Joshua Larkin** (AUS) 11-5, 11-9, 11-6 (32m)

**30 November - 5 December 2016****PSA M70 AJ Bell British Squash Grand Prix, Manchester, England****First Round:**

[3] **Cameron Pilley** (AUS) def Alan Clyne (SCO) 11-4, 11-8, 11-2 (43m)

**Quarter-finals:**

[6] James Willstrop (ENG) def [3] **Cameron Pilley** (AUS) 12-10, 6-11, 11-8, 11-9 (71m)

**15 - 17 December 2016****OHANA Malaysian Doubles Open Championships 2016, Kuala Lumpur, Malaysia****Round 2:**

**Rex Hedrick [1] & Zac Alexander** def Danial Nurhaqim & Mohd Hafiz 11-8, 11-6 (0:21)

**Quarter Finals:**

**Rex Hedrick [1] & Zac Alexander** def Darren Rahul [5/8] & Marcus Sim 11-8, 11-6 (0:21)

**Semi Finals:**

**Rex Hedrick [1] & Zac Alexander** def Addeen Idrakie [3/4] & Sanjay Singh 11-4, 10-11, 11-8 (0:51)

**Final:**

**Rex Hedrick [1] & Zac Alexander** def Ivan Yuen [2] & Nafiizwan Adnan 11-6, 10-11, 11-8 (1:05)

**19 - 23 December 2016****PSA M10 Men's Malaysian Tour No7 2016 Sarawak, Malaysia****1st round:**

[1] **Rex Hedrick** (AUS) def Chris Lo (HKG) 11-7, 11-5, 11-4 (27m)

**Quarter Finals:**

[1] **Rex Hedrick** (AUS) def [5] Addeen Idrakie (MAS) 11-3, 11-3, 11-5 (40m)

**Semi Finals:**

[3] Iker Pajares Bernabeu (ESP) def [1] **Rex Hedrick** (AUS) 11-4, 13-11, 4-11, 3-11, 11-3 (102m)



# RIP MAX

“ It's hard to forget someone who gave you so much to remember

The Squash Community mourns the recent loss of **Max Moorhouse**.

Max was one of nature's finest. He was truly respected and admired by so many.

Max loved squash and made a significant impact on the game.

His finest achievement was inventing the **i Mask**. Many juniors especially, have worn an i Mask and some can be thankful they did. It not only protected their eyes but much of their face as well. Max was a wonderful coach and assessor. His contribution to Tasmanian Squash was immense and will never be forgotten.

Max had a warm heart and a friendly disposition. He was generous to a T and gave so much to the sport he loved.

His friendship, knowledge and wisdom will be sadly missed.

RIP my friend ...

“ A heart of gold stopped beating,  
two shining eyes at rest.  
God broke our hearts to prove,  
he only takes the best.



**i-MASK** AUSTRALIA  
PROTECTIVE EYEWEAR  
*Money can't buy another eye.*





# 10th REDtone KL Junior Open

648 players participated in the 2016 REDtone KL Junior Open.

The most popular event was the Boys U13 where 98 competitors lined up to compete for the title. Australia was represented by Oscar Curtis from WA who was a finalist in the same age group at the AJC. He was beaten in the 2nd Round but managed to finish 20th overall.

AJC U13 Champion Gregory Chan (WA) had to step up to a higher age group and finished a credible 7th from a field of 85 competitors. Chan was the only Aussie to reach a quarter final.

Only 1 Australian performed better than their initial seeding. Queensland's Nick Calvert was seeded 9/16 in the U19 Boys and finished 5th overall.

11 athletes represented Australia: 6 from WA, 3 from Queensland and 1 each from Tasmania and NSW.

National junior coaches Vicki Cardwell and Tim Cowell helped manage and coach the squad.

|      |    |   |
|------|----|---|
| U9B  | 42 |   |
| U9G  | 23 |   |
| U11B | 82 |   |
| U11G | 50 |   |
| U13B | 98 | 1 |
| U13G | 68 |   |
| U15B | 85 | 3 |
| U15G | 48 |   |
| U17B | 73 | 3 |
| U17G | 38 | 1 |
| U19B | 17 | 2 |
| U19G | 24 | 1 |

|          |     |
|----------|-----|
| Events:  | 12  |
| Players: | 648 |
| Aussies: | 11  |

| BU13   |         | Oscar Curtis                  | Finished 20/98   |
|--------|---------|-------------------------------|------------------|
| R1     | def     | Nganasegaran Kavinraj         | 11-5, 11-4, 11-9 |
| R2     | lost to | Chee Douglas [9/16]           | 6-11, 4-11, 5-11 |
| 17-32P | def     | Kumaran Subassh               | 11-1, Retired    |
| 17-24P | def     | Ahmad Azam Ahmad Aiman Amsyar | 11-5, 11-5       |
| 17-20P | lost to | Liaw Euven You Wen [9/16]     | Walkover         |
| 19-20P | lost to | Hilman Addin Shahidan         | Walkover         |

| BU15 |         | Gregory Chan [5/8]             | Finished 7/85                  |
|------|---------|--------------------------------|--------------------------------|
| R1   | def     | Kamsani Mohd Rihwan            | 11-3, 11-7, 11-0               |
| R2   | def     | Lee Glenn                      | 11-2, 11-6, 11-8               |
| R3   | def     | Magesvaran Kugendran           | 11-9, 11-6, 11-8               |
| R4   | lost to | Lee Yung Yii Duncan [1]        | 8-11, 4-11, 5-11               |
| 5-8P | lost to | Mugunthan Havineshwaran [9/16] | 14-12, 18-20, 6-11, 11-5, 6-11 |
| 7-8P | def     | Sivanesan Sacchin Kumar [5/8]  | 11-9, 4-11, 11-7, 3-11, 15-13  |



## 10th REDtone KL Junior Open

| BU15   |         | Eric Gray              | Finished 12/85                |
|--------|---------|------------------------|-------------------------------|
| R1     | def     | Goh Zhen Yan           | 11-0, 11-0, 11-1              |
| R2     | def     | Shukor Afiq Haikal     | 11-8, 13-11, 11-3             |
| R3     | lost to | Chee Nicolas [5/8]     | 6-11, 0-11, 1-11              |
| 9-16P  | def     | Jacob Paul Nervyn Paul | 11-8, 11-8, 11-6              |
| 9-12P  | lost to | Tay Clifford           | 7-11, 9-11, 7-11              |
| 11-12P | lost to | Low Wa-Tze             | 11-5, 9-11, 9-11, 11-7, 11-13 |

| BU15   |         | Remi Young                 | Finished 21/85           |
|--------|---------|----------------------------|--------------------------|
| R1     | def     | Sivakumar Divyessh         | 6-11, 11-5, 11-8, 11-5   |
| R2     | lost to | Prakash Praneel Dev [9/16] | 11-8, 11-13, 10-12, 5-11 |
| 17-32P | def     | Harith Rusyidi             | 11-2, 11-4               |
| 17-24P | lost to | Ho Sai Kit                 | 11-8, 7-11, 8-11         |
| 21-24P | def     | Lee Jarod Jun Ze           | 11-5, 11-9               |
| 21-22P | def     | Yee Zheng Hong             | 6-11, 11-7, 11-6         |

| BU17   |         | Abel Jin                    | Finished 36/73    |
|--------|---------|-----------------------------|-------------------|
| R1     | def     | Muhammad Ashraff            | 11-6, 11-9, 11-6  |
| R2     | lost to | Sivanesan Sunil Kumar [5/8] | 3-11, 5-11, 4-11  |
| 33-64P | def     | Lee Heng Jin Nicholas       | 11-7, 11-7        |
| 33-48P | def     | Mohd Nawi Muhammad Aiman    | 11-6, 11-7        |
| 33-40P | def     | Muhammad Aqif Azahari       | 11-13, 11-3, 11-8 |
| 33-36P | lost to | Jaynessh Siveshearn         | Walkover          |
| 35-36P | lost to | Lim Joshua Wen Long         | Walkover          |

| BU17   |         | Jack Osborn                 | Finished 24/73   |
|--------|---------|-----------------------------|------------------|
| R2     | def     | Ryu Hoje                    | 11-5, 11-8, 11-6 |
| R3     | lost to | Rios Martin [9/16]          | 4-11, 5-11, 5-11 |
| 17-32P | def     | Abd Rahman Nik Ahmad Mukram | 9-11, 11-5, 11-9 |
| 17-24P | lost to | Nicholas Ng                 | 12-14, 6-11      |
| 21-24P | lost to | Tan Nicholas Zheng Xin      | 5-11, 10-12      |
| 23-24P | lost to | Ong Jin Zher                | 5-11, 5-11       |

### AUSSIES ACHIEVE 3 x TOP 8 PLACINGS

Congratulations: Nick Calvert, Greg Chan, Lachlan Coxsedg



## 10th REDtone KL Junior Open

| BU17   |         | Jack Hudson                       | Finished 25/73                |
|--------|---------|-----------------------------------|-------------------------------|
| R2     | def     | Ravinthar Kumunes                 | Walkover                      |
| R3     | lost to | Ramlee Muhammad Harris [5/8]      | 11-7, 4-11, 4-11, 3-11        |
| 17-32P | lost to | Ong Anders [9/16]                 | 7-11, 5-11                    |
| 25-32P | def     | Chandran Tarwin                   | 11-5, 11-3                    |
| 25-28P | def     | Abd Rahman Nik Ahmad Mukram       | 11-4, 11-2                    |
| 25-26P | def     | Veerakumar Loshmaan               | 11-6, 4-11, 11-3              |
| BU19   |         | Lachlan Coxsedge [5/8]            | Finished 7/17                 |
| R2     | def     | Low Lucas [9/16]                  | 9-11, 11-3, 11-2, 11-4        |
| R3-QF  | lost to | Pragasam Darren Rahul [1]         | 10-12, 0-11, 5-11             |
| 5-8P   | lost to | Wong Julian Joshua [5/8]          | 11-9, 6-11, 11-8, 6-11, 6-11  |
| 7-8P   | def     | Tan Ijoe [5/8]                    | 11-8, 11-2, 11-4              |
| BU19   |         | Nicholas Calvert [9/16]           | Finished 5/17                 |
| R2     | def     | Sudesh Kannah [5/8]               | 11-6, 13-11, 7-11, 3-11, 11-7 |
| R3-QF  | lost to | Tan Brandon [3/4]                 | 7-11, 1-11, 5-11              |
| 5-8P   | def     | Tan Ijoe [5/8]                    | 15-13, 6-11, 12-10, 11-6      |
| 5-6P   | def     | Wong Julian Joshua [5/8]          | 11-9, 9-11, 11-8, 11-4        |
| GU17   |         | Taylor Jones [9/16]               | Finished 10/38                |
| R2     | def     | Yafsyuwa Azka                     | 11-1, 11-1, 11-2              |
| R3     | lost to | Sivakumar Sneha [1]               | 2-11, 5-11, 5-11              |
| 9-16P  | def     | Rios Amalia                       | 12-10, 11-6, 11-8             |
| 9-12P  | def     | Shamsul Bahry Nur Syazreen Atiqah | 11-7, 11-9, 11-9              |
| 9-10P  | lost to | Ooi Angie [9/16]                  | 9-11, 7-11, 11-8, 9-11        |
| GU19   |         | Shehana Vithana [9/16]            | Finished 15/24                |
| R1     | def     | Nur Elysa Aina Zulan              | 11-5, 11-3, 11-6              |
| R2     | lost to | Andrea Lee Jia Qi Lee [1]         | 5-11, 3-11, 5-11              |
| 9-16P  | lost to | Steffi Chan [9/16]                | 7-11, 11-5, 5-11, 10-12       |
| 13-16P | lost to | Yaisha Putri Yasandi [9/16]       | 8-11, 8-11, 5-11              |
| 15-16P | def     | Alexandria Aloysius               | Walkover                      |

**Play Squash for Fun & Fitness ... spread the word!**





## 20th **TOC** in NY Grand Central Terminal



**12-19 January 2017**

**JP Morgan Tournament of Champions**

### Men's Draw

- [1] Mohamed ElShorbagy (EGY) v [Q]  
**Ryan Cuskelly (AUS)** v Max Lee (HKG)
- Borja Golan (ESP) v Stephen Coppinger (RSA)
- [6] Marwan ElShorbagy (EGY) v Daryl Selby (ENG)
- [8] Omar Mosaad (EGY) v Mohamed Abouelghar (EGY)
- Tarek Momen (EGY) v [Q]
- Fares Dessouky (EGY) v [WC] Todd Harrity (USA)
- [3] Gregory Gaultier (FRA) v Diego Elias (PER)
- [4] Nick Matthew (ENG) v [Q]
- James Willstrop (ENG) v Miguel Angel Rodriguez (COL)
- Chris Simpson (ENG) v [Q]
- [7] Ali Farag (EGY) v [Q]
- [5] Ramy Ashour (EGY) v [Q]
- Saurav Ghosal (IND) v [Q]
- Cameron Pilley (AUS)** v [Q]
- [2] Karim Abdel Gawad (EGY) v Simon Rösner (GER)

### Women's Draw

- [1] Nour El Sherbini (EGY) v Joey Chan (HKG)
- [9] Alison Waters (ENG) v [Q]
- [12] Annie Au (HKG) v [Q]
- [6] Nicol David (MAS) v Jenny Duncalf (ENG)
- [5] Camille Serme (FRA) v Tesni Evans (WAL)
- [13] Joshna Chinappa (IND) v [Q]
- [15] Nour El Tayeb (EGY) v Heba El Torky (EGY)
- [3] Nouran Gohar (EGY) v [Q]
- [4] Laura Massaro (ENG) v [Q]
- [10] Joelle King (NZL) v [WC] Natalie Grinham (NED)
- [16] Victoria Lust (ENG) v [Q]
- [8] Omneya Abdel Kawy (EGY) v [Q]
- [7] Amanda Sobhy (USA) v **Donna Urquhart (AUS)**
- [11] Sarah-Jane Perry (ENG) v Delia Arnold (MAS)
- [14] Emily Whitlock (ENG) v Dipika Pallikal Karthik (IND)
- [2] Raneem El Welily (EGY) v [Q]



# Squash is the best exercise to prolong **life** study reveals

Thank you to England Squash for allowing ASP to reprint this article.

**Regularly playing racket sports almost halves the risk of dying by any cause study shows.**

Scientists have narrowed down the sports and types of exercise that are linked to significantly lower odds of dying before those who do not do those activities.

Racket sports, swimming, aerobics and cycling seem to be the best for prolonging life, the research concluded. Meanwhile, those who partake in swimming, aerobics and racket sports such as squash, badminton and tennis, also have a lower risk of dying from cardiovascular diseases such as strokes.

The study, published in the British Journal of Sports Medicine, examined information on more than 80,000 adults across England and Scotland who took part in national health surveys between 1994 and 2008.

In each of the surveys participants, who had an average of 52, were quizzed about what type and how much physical activity they had done in the preceding months.

Only 44% were getting the recommended



amount of weekly exercise.

Researchers also tracked participants' survival for an average of nine years following completion of the survey - 8,790 of them died from all causes including 1,909 from cardiovascular diseases.

After taking into account influential factors, the authors of the paper identified which sport or exercise seemed to be the most beneficial.

Compared with the participants who said they had not done a given sport, they found

- ♦ **47% lower among those who played racket sports;**
- ♦ 28% lower among swimmers;
- ♦ 27% lower among those who took part in aerobics classes; and
- ♦ 15% lower among cyclists.

**Play Squash for Fun & Fitness ... spread the word!**

# 2018 Gold Coast Com Games

**The build up to the 2018 Commonwealth Games has already begun but will intensify in 2017.**

**Squash Media** will bring you one article per month for the next 16 months as we count down to the Gold Coast extravaganza!

This month we will introduce you to “Borobi”, the countdown clock, a little history, the main Aussie contenders, lead up Doubles events to watch in 2017, venue details and ticket sales.

## **Borobi**

No Borobi isn't the name of a “new Australian” squash player! Borobi is the official name given to the 2018 Commonwealth Games mascot.



Borobi is the local Yugambah word for koala. But Borobi is no ordinary Koala!

Borobi is predominantly **BLUE**. He's pretty cool

though sporting his yellow boardies, indigenous markings on his hands and feet and he has one thumb on each paw. He even has a splash of sunscreen on! The only thing he is missing is a pair of “double pluggers” on his feet!

His trademark “two thumbs up” is very Aussie, so let's hope we see two thumbs

up for Australia at the squash!

## **Countdown Clock**

The following table gives you a quick idea on just how many days are left before the 21st Commonwealth Games begin.



|           |     |
|-----------|-----|
| 1/01/2017 | 458 |
| 1/02/2017 | 427 |
| 1/03/2017 | 399 |
| 1/04/2017 | 368 |
| 1/05/2017 | 338 |
| 1/06/2017 | 307 |
| 1/07/2017 | 277 |
| 1/08/2017 | 246 |
| 1/09/2017 | 215 |
| 1/10/2017 | 185 |
| 1/11/2017 | 154 |
| 1/12/2017 | 124 |
| 1/01/2018 | 93  |
| 1/02/2018 | 62  |
| 1/03/2018 | 34  |
| 1/04/2018 | 3   |

## **A Little History**

Squash was introduced to the Commonwealth Games “sports family” in 1998 at the KL Games. Australia had instant success and that success has continued.

In 1998 Australia won **GOLD** in Singles and Doubles with Michelle Martin the star of the show winning the very first Gold medal for squash at the Commonwealth Games. She then





teamed up with Craig Rowland to win her second gold medal in the Mixed Doubles.

Over 5 Games  
Australia has won a total of 50 medals of which 15 have been **GOLD!**

Our most prolific medal winners have been former World Champions David Palmer (8 medals) and Rachael Grinham (7).

Natalie Grinham is the only player to have won 3 gold medals at the one Games (2006). Rachael Grinham is the only player to have won a complete set of medals at the one Games (2006).

On home soil in 2006 Australia enjoyed its best result with our athletes collecting 13 of the 24 medals on offer.

### ***The Main Aussie Contenders***

The top 6 players on the PSA World Tour on 1/1/17 will be the main contenders. However, providing David Palmer is fit and wants to play I dare say Australia will take a gamble as they have done in the past and select him.

The scary thing is our leading players are no longer spring chickens! If they make the Games,

Palmer and Rachael Grinham will be 41 in April 2018. Cameron Pilley and Lisa Camilleri will be 35.

Experimentation is already taking place with our Gold medal winning combinations from Glasgow broken up and given new partners for the 2016 World Doubles Championships.

The formidable pairing of David Palmer and Cameron Pilley was split up. Palmer teamed up with Zac Alexander and won a Silver medal after being seeded 4.

Cameron Pilley joined forces with old partner Ryan Cuskelly and they were installed as the #1 seeds. Unfortunately they lost their semi final to the eventual winners from Scotland - Alan Clyne & Greg Lobban, who were seeded #2.

Doubles specialists Rachael Grinham and David Palmer didn't get to team up for the mixed either. Grinham was paired up with Cameron Pilley whilst Palmer partnered Donna Urquhart.

| PSA Top 6                 | Age       |
|---------------------------|-----------|
| <b>Australian Players</b> |           |
| Cameron Pilley            | 35        |
| Ryan Cuskelly             | 30        |
| Rex Hedrick               | 29        |
| Zac Alexander             | 29        |
| Josh Larkin               | 28        |
| Matt Hopkin               | 26        |
| <b>David Palmer</b>       | <b>41</b> |
| Donna Urquhart            | 31        |
| Rachael Grinham           | 41        |
| Sarah Cardwell            | 26        |
| Christine Nunn            | 27        |
| Tamika Saxby              | 24        |
| Lisa Camilleri            | 35        |

#1 seeds Grinham and Pilley finished 5th whilst Palmer and Urquhart (seeded #4) reached the semi finals but were no match for the eventual winners from New Zealand - Joelle King & Paul Coll seeded #3.

Grinham partnered Urquhart in the Women's Doubles and were seeded #2. They were too good for the #1 seeds from India - Joshna Chinappa





& Dipika Pallikal Karthik (2014 Commonwealth Games Gold Medalists) but found the #3 seeds from New Zealand - Joelle King & Amanda Landers-Murphy too good in the final.

So the World Doubles Championships on home soil in August 2016 didn't deliver the results Australia had hoped.

Achieving two silver medals and two bronze from 12 medals was pretty good but expectations were higher. It was still positive and suggests Australia will medal at the 2018 Games but only if Australia gets its combinations right.

Interestingly Zac Alexander partnered Rex Hedrick in the 2016 Malaysian Doubles Championships in Kuala Lumpur recently.

They won **GOLD** beating Malaysian duo Nafizwan Adnan and Ivan Yuen. Whilst they played well as a combination it might not be a strong enough pairing to compete at the Commonwealth Games. However, it was good doubles practice for both players. Alexander is definitely a bright star on the horizon for Australia's doubles chances.

In singles our best chances are Cameron Pilley and Ryan Cuskelly.

If Pilley can recapture the form he displayed during the 2016 World Series, where he finished runner up, a medal is

very much on the cards. Cuskelly continues to improve and on his day can cause havoc.

England's Nick Matthews is the long range favourite to win his 3rd singles Gold medal.

Whilst Australia has hope in the Men's Singles it is a different story in the Women's Singles.

Our leading player is Donna Urquhart and based on the PSA Top 20 players, who qualify to play in the Commonwealth Games, Urquhart is ranked 10th.

### ***Lead up Doubles events to watch in 2017***

**August 1-5:** The WSF World Doubles Championships will be held in England.

**November 19-20:** The Australian Doubles Championship will be held in Darwin.

### ***Venue Details***

Squash will be played at the **Oxenford Studios** (Movie World).

### ***Ticket Sales***

Ticket sales are expected to go on sale in April 2017. Tickets will cost \$20 for the preliminary round matches, \$30 for the semi-final matches and \$40 for the medal deciding matches. Children will be half-price.





# Australia's Record at the Commonwealth Games

|      |        |                                    |                 |
|------|--------|------------------------------------|-----------------|
| 1998 | GOLD   | Michelle Martin                    | Women's Singles |
|      |        | Michelle Martin & Craig Rowland    | Mixed Doubles   |
|      | SILVER | Sarah Fitz-Gerald                  | Women's Singles |
|      |        | Byron Davis & Rodney Eyles         | Men's Doubles   |
|      |        | Robyn Cooper & Rachael Grinham     | Women's Doubles |
|      | BRONZE | Sarah Fitz-Gerald & Carol Owens    | Women's Doubles |
| 2002 | GOLD   | Sarah Fitz-Gerald                  | Women's Singles |
|      | SILVER | Stewart Boswell & Anthony Ricketts | Men's Doubles   |
|      | BRONZE | Stewart Boswell                    | Men's Singles   |
|      |        | David Palmer                       | Men's Singles   |
|      |        | Rachael Grinham                    | Women's Singles |
|      |        | David Palmer & Paul Price          | Men's Doubles   |
|      |        | Natalie Grinham & Rachael Grinham  | Women's Doubles |
|      |        | Robyn Cooper & Joe Kneipp          | Mixed Doubles   |
| 2006 | GOLD   | Natalie Grinham                    | Women's Singles |
|      |        | Natalie Grinham & Rachael Grinham  | Women's Doubles |
|      |        | Natalie Grinham & Joe Kneipp       | Mixed Doubles   |
|      | SILVER | David Palmer                       | Men's Singles   |
|      |        | Rachael Grinham                    | Women's Singles |
|      |        | Stewart Boswell & Anthony Ricketts | Men's Doubles   |
|      | BRONZE | Dan Jenson & David Palmer          | Men's Doubles   |
|      |        | Rachael Grinham & David Palmer     | Mixed Doubles   |
| 2010 | GOLD   | Kasey Brown & Cameron Pilley       | Mixed Doubles   |
|      | SILVER | Stewart Boswell & David Palmer     | Men's Doubles   |
|      | BRONZE | Kasey Brown                        | Women's Singles |
|      |        | Ryan Cuskelly & Cameron Pilley     | Men's Doubles   |
|      |        | Kasey Brown & Donna Urquhart       | Women's Doubles |
| 2014 | GOLD   | David Palmer & Cameron Pilley      | Men's Doubles   |
|      |        | Rachael Grinham & David Palmer     | Mixed Doubles   |
|      | SILVER |                                    |                 |
|      | BRONZE | Kasey Brown & Cameron Pilley       | Mixed Doubles   |

**30 Medals: 9 Gold : 8 Silver : 13 Bronze**

Note: In 1998 and 2002 there was no playoff for the bronze medal in either singles or doubles.



# AST 2017

## AUSTRALIAN SQUASH TOUR



### Men's AST

ELANORA OPEN AST 5 11-12 MAR  
AUSTRALIAN CLOSED AST 10 24-26 MAR  
NATIONAL GRADED AST A-C-E 24-26 MAR  
NORTHERN TERRITORY OPEN AST 10 11-14 MAY  
KALGOORLIE OPEN AST 5 2-5 JUN  
SOUTH AUSTRALIAN OPEN AST 5 7-10 JUN  
TASMANIAN OPEN AST 5 29 JUN-2 JUL  
VICTORIAN OPEN AST 10 11-16 JUL  
BENDIGO INT'L AST 5 17-20 AUG  
SHEPPARTON INT'L AST 5 24-27 AUG  
BEGA OPEN AST 5 1-3 SEP  
NORTH COAST OPEN AST 5 7-10 SEP  
NEW SOUTH WALES OPEN AST 5 15-17 SEP  
QUEENSLAND OPEN AST 5 19-22 OCT  
MACKAY OPEN AST 5 26-29 OCT  
CAIRNS OPEN AST 5 4-5 NOV  
AUSTRALIAN OPEN AST 10 14-18 NOV  
NATIONAL GRADED AST P-B-D 17-18 NOV

### Women's AST

BRISBANE CITY OPEN AST 5 2-5 MAR  
AUSTRALIAN CLOSED AST 10 24-26 MAR  
NATIONAL GRADED AST A-C-E 24-26 MAR  
KALGOORLIE OPEN AST 5 2-5 JUN  
SOUTH AUSTRALIAN OPEN AST 5 7-10 JUN  
VICTORIAN OPEN AST 10 11-16 JUL  
BENDIGO INT'L AST 5 17-20 AUG  
NORTH COAST OPEN AST 5 7-10 SEP  
NEW SOUTH WALES OPEN AST 5 15-17 SEP  
QUEENSLAND OPEN AST 5 19-22 OCT  
MACKAY OPEN AST 5 26-29 OCT  
CAIRNS OPEN AST 5 4-5 NOV  
AUSTRALIAN OPEN AST 10 14-18 NOV  
NATIONAL GRADED AST P-B-D 17-18 NOV

# \$10,000 PRIZE POOL

ALL POINTS CONTRIBUTE TO NATIONAL AST RANKING



1st January 2017



RANKINGS



### WORLD TOP 5 MEN

|   |                    |     |
|---|--------------------|-----|
| 1 | Mohamed Elshorbagy | EGY |
| 2 | Karim Abdel Gawad  | EGY |
| 3 | Gregory Gaultier   | FRA |
| 4 | Nick Matthew       | ENG |
| 5 | Ramy Ashour        | EGY |

### WORLD TOP 5 WOMEN

|   |                  |     |
|---|------------------|-----|
| 1 | Nour El Sherbini | EGY |
| 2 | Nouran Gohar     | EGY |
| 3 | Raneem El Welily | EGY |
| 4 | Camille Serme    | FRA |
| 5 | Laura Massaro    | ENG |

### TOP 10 AUSSIE MEN

| TM  | LM  | PLAYER           | HWR |
|-----|-----|------------------|-----|
| 18  | 12  | Cameron Pilley   | 11  |
| 19  | 19  | Ryan Cuskelly    | 13  |
| 57  | 51  | Rex Hedrick      | 51  |
| 74  | 73  | Zac Alexander    | 36  |
| 84  | 87  | Joshua Larkin    | 84  |
| 95  | 95  | Matthew Hopkin   | 89  |
| 134 | 130 | Rhys Dowling     | 120 |
| 179 | 179 | Thomas Calvert   | 179 |
| 196 | 200 | Mike Corren      | 38  |
| 202 | 204 | Solayman Nowrozi | 202 |

26 Aussie players listed

### TOP 10 AUSSIE WOMEN

| TM  | LM  | PLAYER            | HWR |
|-----|-----|-------------------|-----|
| 19  | 20  | Donna Urquhart    | 13  |
| 31  | 26  | Rachael Grinham   | 1   |
| 45  | 47  | Sarah Cardwell    | 45  |
| 49  | 46  | Christine Nunn    | 36  |
| 51  | 53  | Tamika Saxby      | 51  |
| 64  | 64  | Lisa Camilleri    | 28  |
| 76  | 73  | Jessica Turnbull  | 73  |
| 97  | 101 | Samantha Foyle    | 73  |
| 104 | 111 | Stephanie Wighton | 98  |
| 123 | 128 | Samantha Calvert  | 111 |

17 Aussie players listed

### AUSSIE MILESTONES ... CONGRATULATIONS

Achieves a new HWR

Returns to the World Top 100  
Returns to the Aussie Top 10

Sarah Cardwell  
Joshua Larkin  
Solayman Nowrozi  
Tamika Saxby  
Samantha Foyle  
Samantha Calvert  
Solayman Nowrozi



# 2017



# CALENDAR



## <<< MARCH 2017 >>>

**MAR 2-5** Sandgate, QLD: **Brisbane City Squash Sandgate Squash MS** (PSA W5)

**MAR 4-5** Esperance WA: **Horizon Power Esperance Open** (PSA Closed Satellite)

**MAR 11-12** Elanora, NSW: **Pure Blonde Elanora Open** (PSA M5)

**MAR 24-26** Townsville QLD: **Australian Closed Championships** (PSA National Closed Satellite) \*\*\*

## <<< MAY 2017 >>>

**MAY 11-14** Darwin, NT: **NT Open** (PSA M10)

## <<< JUNE 2017 >>>

**JUN 2-5** Kalgoorlie, WA: **City of Kalgoorlie Boulder Golden Open** (PSA M5/W5)

**JUN 6-10** Campbelltown, SA: **SA Open** (PSA M5/W5)

**JUN 29-2** Devonport, Tasmania: **Tas Open / Devonport Open** (PSA M5/W5) \*\*\*

## <<< JULY 2017 >>>

**JUL 11-16** Mulgrave, VIC: **Victorian Open** (PSA M10/W10)

## <<< AUGUST 2017 >>>

**AUG 16-20** Bendigo, VIC: **City of Greater Bendigo International** (PSA M5/W5)

**AUG 23-27** Shepparton, VIC: **City of Greater Shepparton International** (PSA M5)

**AUG 30-3** Bega, NSW: **Tarra Volkswagen Bega Open** (PSA M5)

## <<< SEPTEMBER 2017 >>>

**SEP 7-10** Coffs Harbour, NSW: **North Coast Open** (PSA M5/W5)

**SEP 14-17** Thornleigh, NSW: **NSW Squash Open** (PSA M5/W5)

## <<< OCTOBER 2017 >>>

**OCT 19-22** Venue TBC, QLD: **Queensland Open** (PSA M5/W5)

**OCT 26-29** Mackay Leisure Centre QLD: **Mackay Open** (PSA M5/W5)

## <<< NOVEMBER 2017 >>>

**NOV 2-5** Cairns, QLD: **Cairns International** (PSA M5/W5) \*\*\*

**NOV 14-18** Darwin, NT: **Australian Open** (PSA M15/W15)

\*\*\* (Not Registered on PSA)

# 2017



# CALENDAR

## MAJOR EVENTS IN EACH STATE

### ACT

### Australian Capital Territory

**MAY 6-7:** Woden: **ACT Open**

**MAY 20-21** Woden: **ACT Junior Open** (AJST Gold)

### NSW

### New South Wales

**MAR 11-12** Elanora: **Pure Blonde Elanora Open** (AST PSA M5)

**JUL 7-9** Thornleigh: **NSW Junior Open** (AJST Gold)

**AUG 30-3** Bega: **Tarra Volkswagen Bega Open** (AST PSA M5)

**SEP 7-10** Coffs Harbour: **North Coast Open** (AST PSA M5/W5)

**SEP 14-17** Thornleigh: **NSW Squash Open** (AST PSA M5/W5)

### NT

### Northern Territory

**JAN 12-15** Darwin: **Australian Junior Open** (AJST Platinum)

**MAY 6-7** Darwin: **NT Junior Championships** (AJST Gold)

**MAY 11-14** Darwin: **NT Open** (AST PSA M10)

**OCT 17-18** Darwin: **Australian National Graded Championships** (Premier, B & D)

**NOV 14-18** Darwin: **Australian Open** (AST PSA M15/W15)

**NOV 19-20** Darwin: **Australian Doubles**

### QLD

### Queensland

**MAR 2-5** Sandgate, QLD: **Brisbane City Squash Sandgate Squash MS** (PSA W5)

**MAR 24-26** Townsville **Australian Closed Championships** (AST PSA National Closed Satellite) \*\*\*

**MAR 24-26** Townsville: **National Graded Championships** (A C & E Grades)

**APR 29-30** Carseldine: **QMSA State Titles - Best of 5 - Traditional AGED**

**JUN 25-28** Venue TBC: **Queensland Junior Championships (Individuals)** (AJST Gold)

**OCT 19-22** Venue TBC: **Queensland Open** (AST PSA M5/W5)

**OCT 26-29** Mackay Leisure Centre: **Mackay Open** (AST PSA M5/W5)

**NOV 2-5** Cairns: **Cairns International** (AST PSA M5/W5) \*\*\*

### SA

### South Australia

**JUN 6-10** Campbelltown: **SA Open** (AST PSA M5/W5)

**JUN 10-11** Campbelltown: **South Australia Junior Age Championships** (AJST Gold)

### TAS

### Tasmania

**MAR 4-5** Hobart: **TAS Junior** (AJST Gold)

**JUN 29-2** Devonport: **Tas Open / Devonport Open** (AST PSA M5/W5) \*\*\*

# 2017



# CALENDAR

## MAJOR EVENTS IN EACH STATE

**VIC**

**Victoria**

**JUN 24-25** MSAC: **Victoria Junior State Titles** (AJST Gold)  
**JUL 11-16** Mulgrave: **Victorian Open** (AST PSA M10/W10)  
**AUG 16-20** Bendigo: **City of Greater Bendigo International** (AST PSA M5/W5)  
**AUG 23-27** Shepparton: **City of Greater Shepparton International** (AST PSA M5)  
**SEP 4-8** Ballarat: **Australian Masters Championship (Individuals)**  
**SEP 11-15** Ballarat: **Australian Masters Championship (Teams)**  
**SEP 30-8** Geelong: **Australian Junior Championships** (AJST Platinum)

**WA**

**Western Australia**

**MAR 4-5** Esperance: **Horizon Power Esperance Open** (PSA Closed Satellite)  
**MAY 25-27** Terrace: **WA Open**  
**JUN 2-5** Kalgoorlie: **City of Kalgoorlie Boulder Golden Open** (AST PSA M5/W5)  
**JUL 1-2** Mirrabooka: **WA Junior Championships** (AJST Gold)  
**JUL 21-23** Venue TBC: **Masters State Championships**

\*\*\* (Not Registered on PSA)

**AST: Australian Squash Tour**  
**AJST: Australian Junior Squash Tour**  
**Masters**



## Important Overseas Events

**APR 14-16** New Zealand: **Oceania Junior Championships** (AJST Platinum)  
**APR 18-19** New Zealand: **Trans-Tasman Test Match**  
**APR 21-23** New Zealand: **NZ Junior Open**  
**JUL 19-23** Tauranga, NZ: **WSF World Junior Championships (Individuals)**  
**JUL 24-28** Tauranga, NZ: **WSF World Junior Championships (Women's Teams)**  
**AUG 1-5** England, GB: **WSF World Doubles Championships**  
**NOV 28-3** France: **WSF Men's World Team Championships**  
**NOV 30-4** Singapore: **Singapore Junior Open**  
**DEC 6-11** Kuala Lumpur, MY: **KL Junior Open**



# WORLD SQUASH

**WSF**



By **Steve Walton**

## **SQUASH • UNITED**

So as we all pack up from Christmas and prepare for the New Year, I find it impossible not to be motivated and excited by what 2017 promises.

Squash United commenced almost a year ago and for most of 2016 we worked quietly in the shadows. We identified our core goals and tested their relevance over and over again with members of the Squash Community.

I have approached many people to join and assist us and have spent a great deal of time working with them so that 2017 can be the action year that we want.

The most public work we have done is to be vocal catalysts for change and we have shared many ideas that we expect to be copied and implemented.

For squash to grow it will require help and assistance from thousands of people, so I will be asking everyone to do their little bit in 2017. And it is as simple as this.

### **FUN FUN FUN!**

I expect that all of us play squash because on some level we find it fun or exciting or fulfilling.

With so much competition for the "leisure dollar" I don't think we put enough emphasis on just how much fun it is to play squash.

It has been reported plenty of times in Forbes and others that it is fantastic for

fitness and it is clearly more enjoyable than standing on a treadmill ... and this is exactly what we should be marketing!!

Most successful clubs have at least one great in-house competition and these are usually fully controlled by the Centre Manager and therefore the best place for new players to start.

So to make sure that the customer has a great "experience" and the biggest chance at fun we need to be doing the following.

- 1/ Have some music playing at reception.
- 2/ Staff must wear a uniform and preferably a name badge.
- 3/ Have someone on reception that can "talk" and make the first point of contact a positive one.
- 4/ Make sure the centre is clean!

### **So what can players do? Lots!**

- 1/ Invite a new friend ... every month!
- 2/ Post a pic on social media of you playing squash so people in your network are aware.
- 3/ Find out about the club junior program and either offer to help (even once a year is useful) or promote the junior program to friends or family that have kids.
- 4/ Tell your kids or friends school teacher about the squash courts
- 5/ If you cant do any of this then I may ask you to sponsor our Squash United Junior Initiative for \$10. You may just uncover the next World Champion!!

There is going to be some incredibly positive happenings in squash in 2017. I hope you take the opportunity to be part of it and share it with others.

**Happy New Year.**