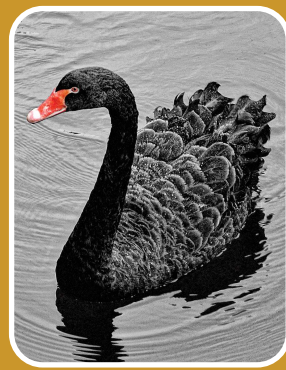




SWAN



SQUASH WA NEWSLETTER : JULY 2024

WA OPEN INTERNATIONAL



Champions

Congratulations: Alex Haydon & Joachim Chuah

Runners Up: Sarah Cardwell & Joseph White



WELCOME

© Squash WA - July 2024 - ISSUE 100

P2

Funny Fotos

*Got a funny foto?
Share it with us!
Each month I will
post the best one
here.*

**SQUASH
WA
WEBSITE**



A “festival of squash” has just concluded in WA and the SWAN gets to celebrate all those events in this 100th issue!

Thank you for reading the SWAN. If you are a contributor (or have been previously) thank you so much for your support ... together we have made 100 fabulous issues over 8.25 years!!!

Congratulations to the “Moose” Mike Corren on winning the South Australian Open.



Not a bad effort for a 50 year old!

He beat Jason Mudge in the final 11-9, 11-3, 12-10 (27m)

Each issue of the SWAN endeavours to:

**PROMOTE
RECOGNISE
THANK**



2024 JUNIOR TOURNAMENT TOUR

Only 10 places available per stop

Email engagement@squashwa.asn.au to register your junior's interest in one or more events



1 DONE! March: South West Open (Bunbury)



3 DONE! May: Geraldton Open

15-17 November: Great Southern Wheatbelt Teams (Narrogin)





BEHIND THE SCENES

with Leigh Kaye

P3

Western Australia became the Mecca of squash this month with three major events running back-to-back. On the first weekend of June the Golden Open took place in Kalgoorlie and attracted 135 players along with a full cast of Professional Squash Association (PSA) players.

The following weekend saw the biggest WA Open tournament in 30 years take place with just over a cool 200 players, including the PSA players following the convoy back to Perth from Kalgoorlie. ...and just when we were about to take a breath, the Australian National Championships were upon us which saw the top male and female players in Australia vying for glory and national team selection.

When we were finally able to take that breath, I couldn't help but beam with pride as I reflected on three weekends in a row of tremendous talent, invaluable volunteers, and a true resurgence of the sport that has given me so much.

*All those who came out of the woodwork to lend a hand at the WA Open International - **THANK YOU from the bottom of my heart.** With the added, professional touches such as the towels and bottled water provided to the PSA players for each match, the live-streaming, the welcome function and so much more, we have set the bar higher than ever.*

None of this would have even been possible without the generous support of so many. Heartfelt thanks and a HUGE shout out to the Department of Local Government, Sport and Cultural Industries, the City of Stirling, Mike at Warthog Workshop Washers, Mason at Hawthorn Civil and Mining Services, National Travel, Matthew Hanzel-Fuller and Greg MacPherson.

A special mention and shout out to my colleague Serena Richardson who put in an enormous amount of time, effort and voluntary hours to ensure these events ran smoothly.

The wonderful journalist Norman Burns came along with us for the ride. Norman managed to get numerous articles and results into both The West Australian and the Perth Now papers and online for us, and continues to do so. Norman has threatened to start playing squash so if you see him around, please say hello, and thank him for working tirelessly to boost the profile of squash through online and printed media channels.

We are edging closer and closer to Revo being our one-stop shop for all things squash. The competition module is looking fabulous, with the support crew refining a few minor things after feedback received from the states and territories. You would have received an email from Squash Australia regarding membership renewal. Please renew your membership on the 1 July, an email will be sent out to act upon.



BEHIND THE SCENES

with Leigh Kaye

P4

The WA State Junior Titles are currently underway which will be followed with the 2024 Junior State Team announcement. This year's Australian Junior Championships will take place in Thornleigh, NSW, and will see us taking a Div 2 team with us. Please consider helping to subsidise expenses for the families concerned by promoting the annual raffle, purchasing a ticket if you're in a position to, and attending a fantastic night of dinner and live music at the Carlton Hotel, organised by Lyn Chandler.

SQUASH WA

Dinner Fundraiser

You are cordially invited to an evening of three sumptuous courses, superb company, auctions, raffles and dancing, to help raise funds for Junior Talent Squad and State Team expenses.

When: 6.30pm until late, Saturday 27 July 2024
Where: Carlisle Hotel, 174 Rutland Ave, Carlisle
Dress: Smart casual
Price: \$80 (\$68 for juniors, inc. free bottomless beverages)

Book a table of 10 or individual tickets.
Live music, dancing, raffles and an auction.

Register via revo:

THE CARLISLE

The next major event on the Squash WA calendar is the 2024 WA State 35+ (Masters) Championships. With 50+ entries already received with three weeks still to go, we are hoping to crack the 100 mark which will ensure a terrific weekend of squash. Entry is only \$44 and includes dinner on Saturday night. 74 Islands Gin/Vodka tastings will also be available for a small fee. Orders for shirts have closed however there will be a small selection of collared and non-collared shirts available to purchase at the event. If you are 35 years of age or above, you are eligible to enter! Scroll down to view the flyer and information on how to sign up.

On a final note, HUGE thanks to Belmont Saints Squash Club for running the State Centre over the last couple of years Squash WA have resided in it. From 1 July onwards Squash WA will take over the reins. Club activities will continue as per usual such as the In-house on Tuesdays, Juniors on Wednesdays and group coaching sessions twice week. We are excited to see what this next chapter for us looks like.



2024 TOURNAMENT CALENDAR

JANUARY

23	U11s Novice Clinic**	Belmont
24-25	Junior Talent Clinic**	Belmont
26-27	Australia Day Open	NextGen, Kings Park

FEBRUARY

9-11	Red Hot Teams Challenge	Mirrabooka
16-18	West Coast Open**	Cambridge
16-18	New Years Bash S**	Cambridge

MARCH

1-3	Esperance Open PSA-Sat B	Esperance
9	Marmion Junior Classic	Squash Factory
15-17	South West Open S	Bunbury
20-24	Australian Open	(Various) NSW

APRIL

8-11	Australian Junior Open P	MSAC (VIC)
10	The Northern Knock Out	Mirrabooka
20-21	Mandurah Open B	Mandurah

MAY

3-5	Geraldton Open B	Geraldton
17-19	Broome Invitational	Broome
18	Marmion Junior Teams	Squash Factory
31-2/6	Golden Open PSA-3 B	Kalgoorlie

JUNE

7-9	WA Open Intl. PSA-C6**	Mirrabooka
7-9	HEAD Junior Classic**	Mirrabooka
13-16	Aust. National Champs IND	Belmont
21-23	South West Masters Teams	Busselton
26-27	Interschool Competition**	Mirrabooka
29-30	WA State Jnr Champs G**	Belmont

JULY

1-2	WA State Jnr Zone Team Champs**	Belmont
19-21	WA State 35+ Champs**	Belmont

AUGUST

2-4	FeNaClING Teams	Dampier
9-11	Club Champs Weekend	n/a
23-25	Leschenault Classic Teams	Leschenault

SEPTEMBER

6-7	Vic Park Open	Vic Park
14-15	Cambridge Junior Teams	Cambridge
20-22	Country Week Teams**	Mirrabooka
28-1/10	Aust. Junior Champs IND P	NSW

OCTOBER

2-4	Aust. Junior Champs TEAMS P	NSW
11-12	Cambridge Open	Cambridge
12	World Squash Day	n/a
25-27	Busselton Invitational	Busselton

NOVEMBER

1-2	WA Closed S	Belmont
2	Squash WA Awards Night	TBA
15-17	Great South. Wheatbelt Teams	Narrogin
30	Squashathon	Mirrabooka

DECEMBER

8	Belmont Junior Classic	Belmont
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COOPER FLUID SYSTEMS

★ GOLDEN OPEN ★

P6

Queenslander Joel Arscott and Norwegian Madeleine Hylland upset more fancied opponents to strike GOLD at the 2024 Cooper Fluid Systems Golden Open in Kalgoorlie.

[4] Joel ARSCOTT defeated [2] Ondrej VORLICEK 11-4, 11-4, 11-6 (31m)

[8] Madeleine HYLLAND defeated [5] Urwashi JOSHI 11-9, 5-11, 6-11, 8-11 (28m)



Golden Open : 31 May - 2 June 2024

EVENT	Winner	Runner Up	Third
Mens PSA	Joel Arscott	Ondrej Vorlicek	
Mens Open	Oscar Curtis	Aedan Martin	Heddwyn Brahma
Mens Div 1	William Gentsch	Mark Rukuata	Jason Mennell
Mens Div 2	Mark Lush	Travis Hosking	Brendan Scott
Mens Div 3	Paul Smith	Luke Missak	Craig Taggart
Mens Div 4	Connor Hogan	Abijeet Brahma	Dean Fraser
Mens Div 5	Emilio Chiarenza	Jarrold Ennis	Massimo Chiarenza
Mens Div 6	Dave Barrett	Liam Cunningham	Matt Davis
Masters Div 1	Brad Ginter	Jason Mennell	Steven Jones
Ladies PSA	Madeleine Hylland	Urwashi Joshi	
Ladies Open	Hannah Slyth	Clare Slyth	Michaela Pratt
Ladies Div 1	Katy Scott	Sydney Ennis	Jane Hunt
Ladies Div 2	Jessica Jellis	Carrie Hosking	Janelle Hanks
Ladies Div 3	Vera Bruce	Carolyn Temple	Laney Rawling
Ladies Div 4	Kirsten Mitchell	Allison Gibson	Renee Lloyd
Masters Div 1	Lisa Petersen	Therese Kenny	Paige Jones
Juniors Div 1	Andreas Christou	Alexander Marsh	Ashton Clement
Juniors Div 2	Massimo Chiarenza	Sterling Slyth	Teagan Scott
Juniors Div 3	Liam Cunningham	Leonard Bruce	Frederik De Bruin



COOPER FLUID SYSTEMS ★ GOLDEN OPEN ★

P7



Mens PSA



Mens Open



Mens Division 1



Mens Division 2



Mens Division 3



Mens Division 4



Mens Division 5



Mens Division 6



Ladies PSA



Ladies Open



Ladies Division 1



Ladies Division 2



Ladies Division 3



Ladies Division 4



COOPER FLUID SYSTEMS ★ GOLDEN OPEN ★

P8



Masters Ladies Division 1



Mens Masters Division 1



Junior Division 3



Junior Division 2





SPONSOR SPOTLIGHT

HAWTHORN CIVIL & MINING SERVICES

P9



A wonderful supporter of Squash in Western Australia
Major Sponsor: 2024 WA Open International



Projects

Our project management capabilities cover the full project lifecycle from concept to close-out



Civil

Delivering civil contracts and partnerships through experienced personnel and modern equipment



Mining

Partnering with clients and communities to provide cost-effective mining solutions with local benefits



Hire

Modern fleet and experienced, qualified personnel form the foundation of our business

Project Management

Civil Construction

Mining & Resources

Plant & Labour Hire



Founded in Perth in 2017, we've found rapid growth through providing solid project delivery to our clients, combining experienced personnel with modern systems and a flexible approach.

We deliver complex projects with an unwavering focus on value and the belief there is always a better way.





2024 WA OPEN

P 10

2024 WA Open International
Thanks **Josie Jones** (17),
Tournament Director

"This was the first time Lockie and I were on our own, running the desk with (nearly) zero parental supervision, and we certainly went big for our debut; really big. If 318 matches weren't enough to keep us busy there was plenty of questions to answer, courts to fill and Rubik's cubes to solve!"

"It took us a little while to sort out our system, and a few early hiccups - nothing better than having people hunt you down to fix something while in the middle of a match! - but by Saturday afternoon we had everything down to a fine art."

"This was definitely a great experience, stressful, but great. I've helped out on the desk a few times before but now being at the forefront of the operation, the pressure was on and I think the two of us crushed it!"

Thanks **Lockie Jamieson** (16), Tournament Director

"It was such a delight for me to run the WA Open squash tournament as it was so fulfilling and brought lots of excitement along with challenges. The competition united some of the most talented individuals globally as there were others who participated in the PSA who held top 80 positions globally, making for an air full of enthusiasm. A lot was contributed by Josie Jones together with me, hence making a large difference in this success."



Thank you to our awesome Referees





2024 WA OPEN

P11

PSA International Champions - Joachim Chuah & Alex Haydon



WA Open : 7-9 June 2024

EVENT	Winner	Runner Up	Third
Mens Open	<i>Joachim Chuah (MAL)</i>	<i>Joseph White</i>	12-10, 7-11, 11-8, 11-6
Mens Div 1	<i>Tim Cowell</i>	<i>Jason Patmore</i>	<i>Heddwyn Brahma</i>
Mens Div 2	<i>Scott Gledhill</i>	<i>Eric Marsh</i>	<i>Jonathan Groenewald</i>
Mens Div 3	<i>Jacob Curry</i>	<i>Edward Gatti</i>	<i>Ryan Callegari</i>
Mens Div 4	<i>Brandon Kitt</i>	<i>Jamie Dougal</i>	<i>Mike Clement</i>
Mens Div 5	<i>Jacob Templeton</i>	<i>Emilio Chiarenza</i>	<i>Mark Foo</i>
Masters Div 1	<i>Dan Jones</i>	<i>Sam Henderson</i>	<i>Kane Fasolo</i>
Masters Div 2	<i>Tom Everett</i>	<i>Jason Mennell</i>	<i>Rod Chatfield</i>
Masters Div 3	<i>Andy Jones</i>	<i>Jamie Dougal</i>	<i>Daniel Richardson</i>
Ladies Open	<i>Alex Haydon</i>	<i>Sarah Cardwell</i>	11-4, 5-11,, 6-11, 14-12, 11-6
Ladies Div 1	<i>Sarbani Maitra</i>	<i>Fiona Whooley</i>	<i>Emily Savic</i>
Ladies Div 2	<i>Jessica Jellis</i>	<i>Teagan Scott</i>	<i>Erin Zolnier</i>
Ladies Div 3	<i>Evie Clark</i>	<i>Kayla Clark</i>	<i>Holly Carver</i>
Masters Div 1	<i>Katy Scott</i>	<i>Khris Wiacek</i>	<i>Lisa Petersen</i>
Masters Div 2	<i>Marjenny Capati</i>	<i>Debbie Shahar</i>	<i>Tammy Mackenzie</i>
Boys Div 1	<i>Aiden Finlay-Mulligan</i>	<i>Andreas Christou</i>	<i>Eric Marsh</i>
Boys Div 2	<i>Domenic Christou</i>	<i>Jacob Curry</i>	<i>Jaden Huynh</i>
Boys Div 3	<i>Lucas Curry</i>	<i>Nicholas Whittaker</i>	<i>Leonard Bruce</i>
Girls Div 1	<i>Josie Jones</i>	<i>Sydney Ennis</i>	<i>Jessica Jellis</i>
Girls Div 2	<i>Vera Bruce</i>	<i>Kayla Clark</i>	<i>Holly Carver</i>
Girls Div 3	<i>Ella Clarke</i>	<i>Carmela Christou</i>	<i>Millie Rouse</i>
Novice	<i>William Mennell</i>	<i>Jasper Tapley</i>	<i>Michaela Sanyangore</i>



2024 WA OPEN

P 12



Ladies Masters Division 1



Ladies Masters Division 2



Mens Masters Division 1



Mens Masters Division 2



Mens Masters Division 3

Thank you to our wonderful sponsors:





2024 WA OPEN

P 13



Mens Division 1



Mens Division 2



Mens Division 3



Mens Division 4



Mens Division 5



Ladies Division 1



Ladies Division 2



Ladies Division 3



Boys Division 1



Boys Division 2



Boys Division 3



Girls Division 1



Girls Division 2



Girls Division 3



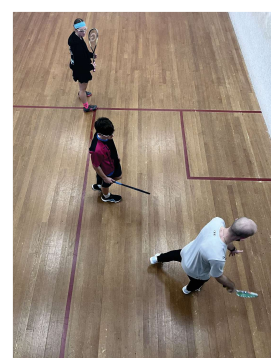
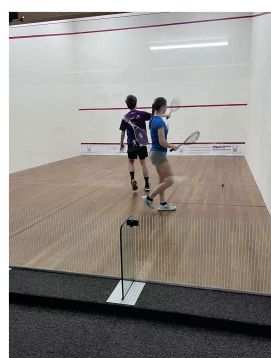
JUNIOR SUPER CLINIC

Thanks Joseph, Alex and Brendan

P 14

Watching Joe playing in a bright red wig and with elastic around his ankles was one of the highlights, along with all the smiling faces of the juniors who got to spend an hour with these three legends. *Please consider sparing a few dollars to help Alex and Joe get closer to their dream of Olympic glory. All donations are tax-deductible.*

https://asf.org.au/projects/alexandra-haydon/support-alexs-road-to-la2028-olympics?modalOpen=false&fbclid=IwZXh0bgNhZW0CMATAAR2AEuZ3OBwaSBGHP9WdOPmAteVF5Qpp2UKTWM1049BSgTkNIGNF3IM82Y_aem_TijHxd-LQUCZpp7uCCNPUA





AUSTRALIAN NATIONAL CHAMPIONSHIPS

P 15

Alongside the PSA Open event at the Australian National Championships in Perth, a number of Graded competitions were held over the weekend.



Congratulations to everyone who competed, especially those who took out their divisions:

Men's PSA Plate - Daniel Marsh

Men's A Grade - Jamie Herring

Men's B Grade - Brendan Marsh

Men's C Grade - Ashton Clement

Men's D Grade - Craig Taggart

Women's A Grade - Fiona Whooley

Women's B Grade - Katherine Tonkin

Women's C Grade - Teagan Scott

2024 Australian National Championship: PSA Men's Open

[1] Joseph White
def [8] Brendan MacDonald
11-3, 11-4, 11-4

[4] Dylan Molinaro
def [5] David Turner
11-7, 11-7, 11-4

[3] Nick Calvert def
[6] Benjamin Ratcliffe
11-5, 11-5, 11-4

[2] Rhys Dowling def
[7] Bradley Fullick
11-8, 11-3, 10-12, 11-5

[1] Joseph White def [4] Dylan Molinaro
12-10, 11-7, 11-7

[2] Rhys Dowling def [3] Nick Calvert
11-4, 10-12, 11-8, 11-4

[1] Joseph White def [2] Rhys Dowling 11-6, 11-6, 5-11, 6-11, 11-7

2024 Australian National Championship: PSA Ladies Open

[1] Jessica Turnbull
def Pascale Louka
11-5, 11-5, 11-6

[3] Sarah Cardwell def
Hannah Slyth
11-2, 11-7, 11-6

[4] Madison Lyon def
[6] Sophie Fadaely
11-4, 10-12, 11-8, 11-7

[2] Alex Haydon def
[7] Remashree Muniandy
11-3, 11-6, 11-7

[1] Jessica Turnbull def [3] Sarah Cardwell
11-4, 11-4, 11-7

[2] Alex Haydon def [4] Madison Lyon
11-7, 11-9, 11-3

[1] Jessica Turnbull def [2] Alex Haydon 8-11, 11-8, 11-7, 11-3



SOUTH WEST TEAMS

Thanks Warren Oliver

P16

A huge thank you to all players and spectators for supporting this event and making it such a wonderful weekend.

Amazing Busselton success with three divisions taken out over the weekend plus a local member in Div 1. 60 Players from the Southwest and Perth competed in the 38th SW Squash Masters, in Busselton at the Sebel Resort's 2 courts, which started Fri afternoon thru to Sunday.

It was wonderful to have 20 new players in the tournament plus many long serving players. The Tournament was played in 5 Divisions with ages from 35 to early 80s This is the biggest master's Squash event outside of Perth and one of the longest running. Busselton had 16 players over all 5 divisions all on a round robin basis. This competition started in Busselton in 1987 with only 25 players.

*The coveted **Division 1** shield went to a count back after 2 teams ended up with equal games and had to be separated by points, after no team went through the weekend undefeated. It was taken out by team, **"Top Guns"** which included a*

2024 South West Masters Teams : 21-23 June 2024		
	WINNERS	RUNNERS UP
DIV 1	Top Guns	Stacked
	David Beattie Dave Windsor Greg Laurence	Leon Holmes Sam Wendt Courtney Diggins
DIV 2	Busselton Badgers	Gys, Greg & Wes
	Warren Oliver Ryan Callegari Dave Nelson	Gys van Zyl Greg MacPherson Wesley Billows
DIV 3	Busso on the Hunt	The Price is Right
	Jane Hunt Christine Harris Emma Handreck	Bob Price Prue O'Neill Jim Hine
DIV 4	Busso Scroungers	3peat
	Rowan Anderson Kelly Ferguson Matt Suriani	Pat Barker Nikki McCollough Di Cook
DIV 5	LSD	No Time to be Reston
	Sally Perren Louise Jamieson Debbie Shahr	Linda McBrierty Chris Reston Kate Martin



SOUTH WEST TEAMS

Thanks Warren Oliver

P17

Busselton player Dave Windsor along with Perth top level players Greg Laurence and David Beattie with 2nd going to team **"Stacked"** made up of Courtney Diggins, Sam Wendt and Leon Holmes. Many of the Div 1 matches were of extremely high standards, long rallies, superb volleys, amazing power and incredible touch and at times what seemed impossible retrievals to keep the rallies going. When the 2 teams played each other in the last match of the weekend the result was a very close 5 games to 4 with Greg defeating Courtney 3/0 in the last match of the tournament, in a thoroughly entertaining match which had the huge crowd amazed at their magnificent racket skills.



Div 2 was taken out by the undefeated Busselton team **"Busso Badgers"** made up of Ryan Callegari, Warren Oliver, and Dave Nelson with both Ryan and Dave going thru the tournament undefeated, in fact Ryan only lost 1 game for the whole weekend. 2nd place went to Team **"Gys, Greg, Wes"** with Gys also from Busselton.



Div 3 was won by team **"Busso on the Hunt"** made up of local players Jane Hunt, Emma Handreck, and Christine Harris, and 2nd position going to team **"The Price is Right"** made up of Perth players Bob Price and Prue O'Neill along with Katanning's Jim Hine. Both Jane and Emma went through undefeated.



Div 4 was taken out by **"Busso Scroungers"** made up of locals Rowan Anderson, Matt Suriani and Kelly Ferguson with both the team and every player going thru the weekend undefeated and scored 8 points more than 2nd placed **"3peat"** the defending champs from Perth made up of Pat Barker, Nikki McCullough and Di Cook.

Div 5 was won by the Perth Team **"LSD"** with team members Louise Jamieson, Sally Perren and Deb Shahar who were undefeated during the tournament. 2nd place was taken by **"No Time to be Reston"** made up of Kate Martin, Christine Reston and Linda McBrierty.

Saturday night saw 53 people socialise at Tonic by the Bay in which we recognised 13 players who have entered the tournament 10 or more times, with Warren Oliver, Linda McBrierty, Chris Champ, George Reid, Bob Price, Prue O'Neil, Ed Jennings and Kelvin Carmichael all having played more than 20 times since the tournament started back in 1987. Over the past 35 years 610 players have played at least once in the tournament.

Thank you to our sponsors Tonic by the Bay, Sebel Resort, Hillzeez, Summer Star Tourist Parks, Retravisio, Sportspower, Busselton Discount Drug Store, Moon Haven, The Parlour Hair Company, and Vasse Lawns.



SOUTH WEST TEAMS

Thanks Warren Oliver

P 18

Michelle Jones - Little Brown Rabbit Photography



Division 5



Division 4



Division 3



Division 2



Division 1

SQUASHATHON 2024

#SAVETHEDATE #BIGGERANDBETTERTHANEVER

SQUASH WA

1pm Sat 30/11 - 1pm Sun 01/12

SQUASHWORLD MIRRABOOKA



SQUASH WA



MASSAGE
ON THE RUN

2024 WA STATE MASTERS CHAMPIONSHIPS

FRI 19 - SAT 20 JULY

**AT THE SQUASH WA STATE CENTRE,
BELMONT**



ENTRY FEE INCLUDES DINNER (\$30+ VALUE) AND
GIN/VODKA TASTINGS STRAIGHT AFTER PRESENTATIONS



**Be the BEST in the state in
your age division!**



Entry fee: \$44

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WE ARE HIRING



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How to Apply:

If you are passionate about sports, dedicated to
delivering exceptional service, and thrive in a
fast-paced environment, we want to hear from
you! Please submit your resume and a cover
letter outlining your suitability for the role to
centremanager@squashwa.asn.au

Applications close 22 July 2024

2024 Country Week



SQUASH WA



SAVE THE DATE!!!

Friday 20 to Sunday 22 Sept 2024

Squashworld Mirrabooka

Teams of 4, fee \$180

Men's and women's divisions

Sunday night function from 6.30pm

WE'RE TURNING 40!!



80'S RACQUET TOURNAMENT AND KARAOKE NIGHT

SATURDAY 6 JULY 2024

SQUASH FROM 2PM

DRESS UP AND KARAOKE FROM 6PM

FREE FOR MEMBERS / \$20 NON-MEMBERS

TEXT 0466 789 086 TO ENTER





This was my first time running the interschool competition and I was quite nervous about how it was all going to run, but as I found out, it was a lot of fun.

With a couple of late changes to the draws, we got underway on day 1 with the year 7-9 group and I personally saw some really good squash played, not only by the kids who were already familiar with squash but from the players who had only played squash a few times as well. The girls final between Ursula Frayne CC and Perth Modern was definitely a highlight for me.

We moved on to day 2 for the year 10-12 group, feeling slightly more confident in the way things would work. We had a few sudden death points in the first couple of rounds which was exciting for everyone playing and watching. The rain then started pelting down on the roof which made it hard to hear marker and referee calls but also sounded like a cheering crowd. We had another very good final today between Shenton college and Carine SHS, with Shenton winning by only 3 points in the last game!

All in all, I had an amazing time running this tournament with the help of Serena Richardson and I can't wait to do it all again next year.

3 Person Teams | Round Robin Competition | PAR Scoring | Timed Squash



Girls 7-8-9s
Winner - Ursula Frayne



Boys 7-8-9s
Winner - Shenton College



Boys 10-11-12s
Winner - Shenton College



Girls 7-8-9s
RU - Perth Modern



Boys 7-8-9s
RU - Aquinas College



Boys 10-11-12s
RU - Carine SHS



STATE JUNIOR CHAMPIONSHIPS

P 21

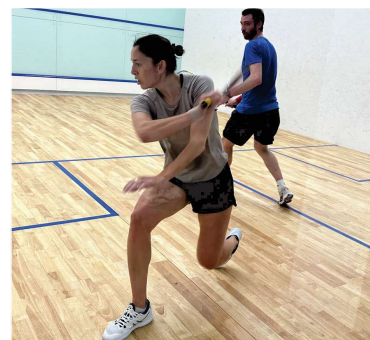
2024 WA State Junior Championships - Individuals

June wrapped up with another weekend of action at the Squash WA State Centre with the Gold-status State Junior Championships. With 72 entries it was the biggest event in more than 10 years!

Huge thanks to Tournament Directors Luke Jamieson and Alex Clark, Tournament Referee Chris Poke, Belmont Saints Squash Club for running the canteen, and all the parents and players who spent two full days with us.



Former World #3 Joelle King (NZ) popped in to have a hit with Tim, Hannah and to support the juniors, particularly her nephew playing in his first event!



2024 WA State Junior Championships		Belmont 29-30 June 2024
Event	Winner	Runner Up
U19B	Daniel Marsh	Aidan Mascaro
U17B	Andreas Christou	Eric Marsh
U15B	Alexander Marsh	Domenic Christou
U13B	Lucas Curry	Mark Black
U11B	Leonard Bruce	Abhin Behl
U19G	Hannah Slyth	Isla Harris
U17G	Sydney Ennis	Jessica Jellis
U15G	Teagan Scott	Joey Scott
U13G	Teagan Scott	Ella Clarke
U11G	Michaela Sanyangore	Miranda Clarke
Novice	Ashar Farooq	Saim Farooq



STATE JUNIOR CHAMPIONSHIPS

P 22



Under 19 Champions



Girls Under 19



Girls Under 17



Girls Under 15



Girls Under 13



Girls Under 11



Boys Under 19



Boys Under 17



Boys Under 15



Boys Under 13



Boys Under 11



Novice



JUNIOR RANKINGS

as at 30 June 2024

P 23

SQUASH
WA



SQUASH
AUS



U11 Boys

Oscar Callegari
Leonard Bruce
Ethan Shahar
Abhin Behl
Daniel Dunstan

U11 Girls

Michaela Sanyangore
Miranda Clarke
Lillian Gallemore
Eleanor Jones

U11 Boys

1 Aleister Loo
2 Nathan Lin
3 Bodhi Wratten
4 Hankins Leung
5 Ethan Kriebisch

U11 Girls

Abbey Boswell
Meriam Ibrahim
Preesha Dev
Samiya Sanghera
Aime Lacquiere

U13 Boys

Lucas Curry
Leo Van Straaten
Kye Armstrong
Charlie Tear
Noah Tan

U13 Girls

Teagan Scott
Olivia Hibbs
Ella Clarke
Carmela Christou
Ketki Suvarna

U13 Boys

1 Benjamin Boardman
2 Jackson Martin
3 Naveen Sanghera
4 Levi Moxey
5 Wesley Correa

U13 Girls

Cleo Poulava
Timonaliz Alarcos Kriebisch
Gizele Josifoski
Matilda Lynn
Teagan Scott

U15 Boys

Alexander Marsh
Jacob Curry
Domenic Christou
Charlie Richardson
Mathys Ederly

U15 Girls

Ruby Foo
Joey Scott
Vera Bruce
Kayla Clarke
Renee Tan

U15 Boys

1 Henry Kross
2 Joel Roshan Raj
3 Bryce Correa
4 Kaveen Kohombange
5 Josh Markham

U15 Girls

Tina Ma
Lilly Wilson
Emilia Scott
Olivia van Zon
Luka Cock

U17 Boys

Aiden Finlay-Mulligan
Andreas Christou
Eric Marsh
Luke Jamieson Jr
Ashton Clement

U17 Girls

Sydney Ennis
Jessica Jellis
Evie Clark
Holly Carver
Jamie Nunn

U17 Boys

1 Jarrod Atkins
2 Connor Haberecht
3 Stanley Chung
4 Kasper Cheung
5 Caleb Atkins

U17 Girls

Amelia Brigden
Joanne Joseph
Shenuki Silva
Sarbani Maitra
Lucy Keogh

U19 Boys

Daniel Marsh
Arthur Law
Alvaro Blackall
Waldo Vorster
Jonathan Groenewald

U19 Girls

Hannah Slyth
Isla Harris
Josie Jones
Isla McMullen
Laney Rawling

U19 Boys

1 Thomas Scott
2 Harry Burgess
3 Daniel Marsh
4 Jackson Wylie
5 Jack Hansen

U19 Girls

Madison Lyon
Courtney Scholtz
Lijana Sultana
Katlyn Hall
Hannah Slyth



SENIOR RANKINGS

as at 30 June 2024

P 24



BEL	Belmont
BG	Blue Gum
BRO	Broome
CAM	Cambridge
DAM	Dampier
EG	Eastern
	Goldfields
ESP	Esperance
HIL	Hilton
MG	Maddington-
	Gosnells
MAN	Mandurah
MAR	Marmion
MIR	Mirrabeeka
MOO	Moora
NAR	Narrogin
WIC	Wickham
VP	Vic Park

Open Men		Open Women			Open Men
Mike Corren	BG	Erin Classen	MIR	1	Rex Hedrick
Oscar Curtis	MIR	Pascale Louka	CAM	2	Aaron Frankcomb
Tim Cowell	CAM	Sue Hillier	VP	3	Joseph White
David Ilich	BG	Jo Hitch	VP	4	Bryan Lim
Daniel Marsh	CAM	Hannah Slyth	BG	5	Steve Finitsis
Arthur Law	MIR	Emily Savic	MAR	6	Rhys Dowling
Remi Young	MIR	Clare Slyth	BG	7	Connor Hayes
Jason Patmore	BG	Fiona Whooley	MIR	8	Bradley Fullick
Aedan Martin	CAM	Hayley Chiu	CAM	9	Nicholas Calvert
Mitchell van Heythuysen	BEL	Linda Towill	MIR	10	Dylan Molinaro
State U23 Men		State U23 Women			Open Women
Oscar Curtis	MIR	Erin Classen	MIR	1	Jess Turnbull
Daniel Marsh	CAM	Pascale Louka	CAM	2	Alex Haydon
Arthur Law	MIR	Hannah Slyth	BG	3	Tiffany Twomey
Remi Young	MIR	Michaela Pratt	BG	4	Colette Sultana
Aedan Martin	CAM	Isla Harris	MOO	5	Madison Lyon
Dylan Classen	MIR	Caitlin Pratt	NAR	6	Rachel Grinham
Eric Gray	HIL	Isabella van Emden	NAR	7	Urwashi Joshi
Cooper Kennedy	BRO	Josie Jones	BG	8	Sarah Cardwell
Preston Munro	DAM	Sydney Ennis	MAR	9	Erin Classen
Aiden Finlay-Mulligan	ESP	Isla McMullen	WIC	=10	Amelia Martin
				=10	Jennifer Condie

ACT
NSW
NT
QLD
SA
TAS
VIC
WA

1 July 2024



TM: This Month
HWR: Highest World Ranking

PSA PLAYER:	TM:	HWR:
Mike Corren	-	38
Remi Young	249	249
Daniel Marsh	462	462
David Ilich	778	210
Erin Classen	114	112
Pascale Louka	467	156



LET'S PLAY FAIR

with Neil Butler

P 25

Without Officials there would be no game!



The following was put out by the Department of Local Government, Sport and Cultural Industries some time ago. It still applies today.

- Respect the Role.
- Respect the Person.
- Most Officials are volunteers who do it for the love of the game.
- Officials deserve your respect and support.
- Abusing an official won't change the outcome of the game.
- Officials can see things you can't because they watch the game from a different angle.
- Officials aren't perfect; they do make mistakes, just like players.



**Victory
belongs to the
most tenacious**

Roland Garros



**For a self-inflicted injury
with no blood flow, how
much recovery time is
allowed by the Referee?**

- a) 3 minutes**
- b) 5 minutes**
- c) Up to 15 minutes. This
may be extended by a
further 15 minutes at
the discretion of the
Referee.**

Answer to Quiz is on P27





COACHES CORNER

with Tim Cowell

P 26

The Return back from Injury

I think a lot of us have been there in some way, shape or form. Be it a week, 2 or maybe months on the sideline, rehabbing an injury. From a coaching perspective, we certainly have a role to play in terms of easing players back into playing.

Squash is a chaotic game, some injuries don't need chaos when returning, they need controlled movements with sufficient repetitions to gain strength and confidence. As a coach though, it's not my place to diagnose, nor is it to my place to determine the rehab plan. That is up to the specialists looking after the player I'm working with.



From personal experience, each injury had a check list to reach. For my hip, it was certain degrees of internal and external rotation to make sure I had the range to start running. Before running, I was allowed to cycle, keeping the movements very steady. My knee was similar, getting the range back into the joint before progressing to the next step. A red flag did pop up in the mobility issue for my knee, which resulted in a follow up surgery, back to square 1!

In most cases, it's the lowest impact movements first, so pool, then bike, then running. For my knee, I was able to access an Alter G treadmill which meant I could start running sooner as I wasn't running at 100% body weight, rather I started about 60% and increased weekly depending on how I pulled up. Alongside this was the strength program to complete, once the mobility check boxes were ticked off, it was time to get on court finally!



So what's some of the things we can do with players returning from an injury? We keep it basic, especially if rehabbing a leg problem. A bouncier ball could be a great option - less demanding on the body. Solo hitting is probably the first step to consider, just get used to swinging a racquet again.

From there it is going to be rehearsing very simple movements to each corner. As much as I advocate for open skill drills, definitely keep the rehab work closed and predictable. Progress the moving from one corner to two, then keep working your way around the court.

The important thing is feedback from the player, how is it feeling and are other areas fatiguing? Compensating for an injury is a big problem which can result in other areas getting injured. If you used to train for an hour before the injury, maybe aim



COACHES CORNER

with Tim Cowell

P 27

for a solid 20-30 minutes of quality, see how you recover, then continue to build up as you go.

The other important thing here is that the player still keeps some regular medical attention with a physio to monitor the return to full play. Once the medico's give the tick to move to the next step, we can look to increase the intensity, before then opening up the drills for some change of direction elements.

Again, I'm not qualified to offer medical advice, I can only speak from experience. When it comes to pain, its knowing what is an ok pain and what isn't. Some pain can be worked through, once blood flow to joints, muscles and a tiny bit to go to the tendons gets going - which is why warming up and preparing is even more important when in your rehab phase. But if pain gets worse, you've reached your limit and need to ease off.

Do you need a coach to go through this process? No if you have a hitting partner who is patient enough to feed you some balls to help your movement. If you don't have a hitting partner like that, then reach out to a coach who can fill that role for you.

Lastly, your physio gave you a strength program for a reason, do it! It's not for decoration on the fridge, or just another app hiding away not getting used on your phone! That strength and rehab program is what saves you cash down the track by not having to visit your specialist weekly (could be cash to spend towards your coach instead ;)) That, coupled with building up your bodies tolerance to playing again is what keeps you on court for longer instead of breaking down again the minute things ramp up to 100% effort.



If going through a serious injury, hang in there. That first match back after extended time off is going to be fun for sure. The days after, not so much! But make sure you have a team around you.

It doesn't matter what level you play squash at, it's a sport to be enjoyed: fun, fitness, social ... the investment is worth it to get back.

Answer to Referee Quiz: a) 3 minutes (Rule 14.3.1)

Rich



Heddwyn



Lyn



Raelene



Pennant / League Committee

Chair:	Rich Grain	richard.grain@gmail.com	0404 302 976
State Grade:	Heddwyn Brahma	heddwynbrahma@gmail.com	0466 546 545
Member:	Lyn Chandler	lynchandler123@gmail.com	0400 766 521
Member:	Raelene Marriott	marriott_family@outlook.com	0407 422 639

Sub Committee: Monday Night League

Chair:	Lyn Chandler	lynchandler123@gmail.com	0400 766 521
Member:	Raelene Marriott	Member:	Quita Cass
Member:	Chantelle Garrett	Member:	Julie Scott
Member:	Jacque Cox		

Sub Committee: Wednesday Day League

Chair:	Lyn Chandler	lynchandler123@gmail.com	0400 766 521
Member:	Russell Chandler	Member:	Jacque Cox
Member:	Raelene Marriott	Member:	Chantelle Garrett
Member:	Quita Cass	Member:	Dave Lawford

Looking to play squash more often?

League & Pennant Competitions

7pm or 7:30pm start time, 3x 12-14 week seasons per year, home and away style, mixed or ladies competitions available, beginners welcome!

The current options are: **MONDAY Nights**; **TUESDAY Nights** and **WEDNESDAY Day**.

Can't play every week? Got holidays planned? A FIFO worker? No problem! Just let us know what dates you can't make and we'll work around it..

We are always in need of reserves, so you don't have to wait for the next season to start playing.

<https://squashwa.asn.au/pennants-leagues/>



Scan here to find out more



Thank you

MAJOR SPONSOR RECOGNITION

P 29

Our Vital Partners ... Thank You



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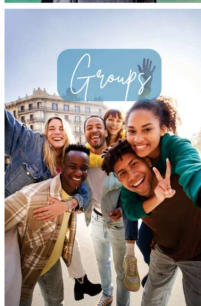
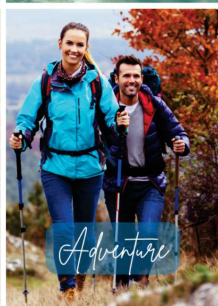
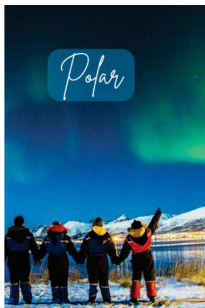
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THE BACK WALL

G = Good Governance

P 30



Squash WA Board

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Treasurer:	Ric Elkington	ricke@iinet.net.au	0417 985 300
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Board Member:	Kim Duffecy		
Board Member:	Michaela Pratt	michaela.r.pratt@gmail.com	0431 984 181
Board Member:	Rich Grain	richard.grain@gmail.com	0404 302 976

Squash WA Administration

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35+ Masters Committee

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Secretary:	Lincoln North		0448 141 006
Treasurer:	Andre Blignaut		0405 717 245
Member:	Michelle Hodge		0447 544 200
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