

SWAN

SQUASH WA NEWSLETTER : JANUARY 2024





25 December 2023

WORLD
RANKINGSTM: This Month
HWR: Highest World Ranking

PSA PLAYER:

Mike Corren

Oscar Curtis

Remi Young

David Ilich

Dylan Classen

Erin Classen

Pascale Louka

TM:

226

310

328

595

846

150

179

HWR:

38

250

308

210

630

130

177

Well I hope everyone had a safe and Happy Christmas / New Year break. It is now time to get ready for all the tournaments and squash competitions on offer in 2024!

Your first target should be the Australia Day Open to be played at Next Generation's King's Park from 26th to 27th January 2024.

Congratulations to WA Squash on a wonderful initiative to get juniors into competition much earlier. An Under 11 Novice event has been added-on to most of the big events so the kids not only get to play but can see the better players in action and aspire to becoming tomorrow's champions!

The Junior Tournament Tour is another great initiative. It gives kids another competition opportunity, bolsters local events, builds friendships and gets juniors ready for the riggers of travel and playing.

2024 JUNIOR TOURNAMENT TOUR

Only 8 places available per stop

Email engagement@squashwa.asn.au to register your junior's interest in one or more events



22-24 March: South West Open (Bunbury)



20-21 April: Mandurah Open



3-5 May: Geraldton Open

23-25 August: Leschenault Classic Teams

15-17 November: Great Southern Wheatbelt Teams (Narrogin)



Words can't describe how excited I am for 2024.

The blood, sweat and tears we have all put in leading up to, and during, 2023, has paid off in spades. While we will start to see and feel the benefits in 2024, there's just no room to sit back; we MUST keep the momentum going!

The WA Open has been upgraded to International status, the Australian National Championships will take place less than a week later, and the 2025 Australia Masters Championships have been awarded to WA!



We are looking for volunteers of any age, ability, or background, to help us continue the important work we've collectively achieved so far. We are extremely lucky to have fantastic Pennant, League and Masters Committees, and a Country Steering Group, but need YOUR help to fill a few more spots.

Our Junior, Facilities and Tournament Committees/Working Groups are yet to get off the ground. There are already some superstars on these three, so a foundation already exists - we just need more manpower to continue to deliver the goods!

Please contact the office if you can spare some time, whether an hour per week or per month, and be part of the solution.

I'd like to extend a huge congratulations to **Tim Cowell**, for taking over the reigns at Squashworld Cambridge. Given this new appointment, Tim will have to step down from some of his coaching work for Squash WA.



We therefore have significant opportunities for paid coaching moving into 2024, and are inviting any accredited (or working towards becoming accredited) coaches to contact us.

The hourly rates of pay are pretty good, and even better the more qualified/experienced you are.

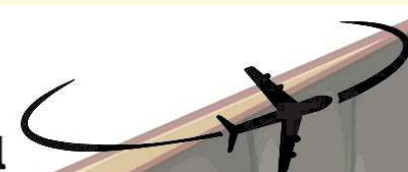
Give me a shout if you would like some more information about what is involved.

Lastly, I am ALWAYS keen to hear about your thoughts, ideas, and/or ability to assist with any part of our operations. Please don't hesitate to contact me if you feel you can contribute in some way.

Thanks everyone, and here's to a MASSIVE 2024!

JUNIOR SQUASH DEVELOPMENT PATHWAY

Squash WA Academy
National/International



**Squash WA
State Team**

Events

- Tournament Tours
- School holiday clinics
- Squashathon



**Squash WA
Talent Squad**

Competition

- Junior Pennants
- Senior Pennants/League
- Tournaments
- National
- International

**Squash WA
Zone Squads**



..or just for fun!



**Club
Development
Squads**



**Club Junior
Programs**



Open Days



School Programs

**SQUASH
WA**



Department of
Local Government, Sport
and Cultural Industries





2024 TOURNAMENT CALENDAR

JANUARY

23	U11s Novice Clinic**	Belmont
24-25	Junior Talent Clinic**	Belmont
26-27	Australia Day Open	NextGen, Kings Park

FEBRUARY

9-11	Red Hot Teams Challenge	Mirrabooka
16-18	West Coast Open**	Cambridge
16-18	New Years Bash S**	Cambridge
24	Mandurah 1000	Mandurah

MARCH

1-3	Esperance Open PSA-Sat B	Esperance
9	Marmion Junior Classic	Squash Factory
20-24	Australian Open	(Various) NSW
22-24	South West Open PSA-Sat S	Bunbury

APRIL

4	Easter School Holiday Clinic**	Belmont
8-11	Australian Junior Open P	MSAC (VIC)
10	The Northern Knock Out	Mirrabooka
20-21	Mandurah Open B	Mandurah

MAY

3-5	Geraldton Open B	Geraldton
17-19	Broome Invitational	Broome
18	Marmion Junior Teams	Squash Factory
31-2/6	Golden Open PSA-3 B	Kalgoorlie

JUNE

7-9	WA Open Intl. PSA-C6**	Mirrabooka
7-9	HEAD Junior Classic**	Mirrabooka
13-16	Australian National Champs	Belmont
21-23	South West Masters Teams	Busselton
26-27	Interschool Competition**	Mirrabooka
29-30	WA State Jnr Champs G**	Belmont

JULY

1-2	WA State Jnr Zone Team Champs**	Belmont
19-21	WA State 35+ Champs**	Belmont

AUGUST

2-4	FeNaCLING Teams	Dampier
9-11	Club Champs Weekend	n/a
23-25	Leschenault Classic Teams	Leschenault

SEPTEMBER

6-7	Vic Park Open	Vic Park
14-15	Cambridge Junior Teams	Cambridge
20-22	Country Week Teams**	Mirrabooka
28-4/10	Aust. Junior Champs P	Thornleigh (NSW)

OCTOBER

5-6	Junior Squash-a-thon**	Mirrabooka
11-12	Cambridge Open	Cambridge
12	World Squash Day	n/a
25-27	Busselton Invitational	Busselton

NOVEMBER

1-2	WA Closed S	Belmont
2	Squash WA Awards Night	TBA
15-17	Great South. Wheatbelt Teams	Narrogin

DECEMBER

8	Belmont Junior Classic	Belmont
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FOR JUST \$40, PLAY IN THE 2024 'AUSTRALIA DAY SQUASH OPEN'

Subiaco Kings Squash Club, 'host venue sponsor', Next Generation Kings Park, and Tournament Referees, Neil Butler and Luke Jamieson, invite you to participate in this inaugural, annual tournament, which is sanctioned by Squash WA.

PREPARE FOR TWO DAYS OF GREAT COMPETITION, FUN AND RELAXATION.

FRIDAY AND SATURDAY, JANUARY 26 & 27, IN SPECTACULAR KINGS PARK.

Next Generation is undoubtedly Western Australia's most prestigious, luxurious and best resourced, multi-sport facility. It offers tennis courts, indoor and rooftop pools, a world-class gymnasium and a superb cafe/restaurant/bar.

As impressively, it also has five, fully rejuvenated, air-conditioned squash courts, five-star change rooms, and the magnificent sauna/spa/steam-room area.

EVERYONE'S WELCOME TO ENTER THE STATE'S NEWEST SQUASH TOURNAMENT.

All player standards will be catered for, from elite 'national standard' to 'low-grade pennant level', in Open and Adults/Masters (35+) Divisions. Juniors wishing to enter are required to have a SportyHQ ranking of at least 500.

To register, simply text your name and phone number to Paul Stephan on 0414 755 335.

Or register online at <https://sportyhq.com/xxcr6>

THERE'S OVER \$2,000 IN PRIZE MONEY PLUS TROPHIES AND OTHER GREAT PRIZES.

In addition to the impressive cash rewards for the winners, there will be prizes and valuable discounts from our sponsors. And the amazing offer of free Next Generation 'Resort Lifestyle Access' to all those who enter the tournament.

AND STAY FOR \$60 WORTH OF SWIMMING, TENNIS, SPA, SAUNA AND GYM FUN. AND MORE. FREE.

Your remarkably reasonable \$40 entry fee covers your matches, court use, and welcome session.

Please note that as this is a Squash WA-sanctioned event, all players must be registered with Squash WA, as the registration cost includes insurance cover for players.

The entry fee also provides you with access to all the Next Generation facilities, excluding classes, for two days of the event (naturally, certain other terms and conditions apply-see the Entry Form for full details).

The standard Next Generation cost for this is \$30 per day.

So it's an astonishingly generous Australia Day Holiday Bonus for Adults, Masters and Junior registered entrants.

What's more, there'll be a rooftop, poolside-bar Welcome Session on the Friday and a celebration Formal Presentation by former world-ranked player, Dean Williams, on the Saturday.

ENTER NOW TO ENSURE YOU AND YOUR FRIENDS AND FAMILY DON'T MISS OUT.

TO REGISTER, VISIT <https://sportyhq.com/xxcr6> OR CALL PAUL STEPHAN ON 0414 755 335.





A Stellar Night at the 2023 Stars Gala ... **Thanks Michaela Pratt**

The 2023 Stars Gala was a cluster of squash excellence and stellar moments, with the evening kicking off at 7pm sharp. The venue was a hub of activity, much like a bustling beehive, as guests gathered to celebrate a year of achievements in the squash community.

Barbara Wall, the first Australian woman to turn pro, set the stage aglow with her opening speech. Among many achievements, Barbara is the first Western Australian player to win the British Open Women's Squash Championship, setting a foundation for squash success for Australia on the global stage.

Barbara shared some highlights of her time playing pro. During her British Open final, her racquet's strings broke during the fifth game, and she decided to continue to play with broken strings, and eventually won the title. Barbara donated this prized racquet and her Australian Blazer to Squash WA. The WA Closed trophy is named after her, and this was the first time ever she awarded the trophy, which for 2023 was presented to Hannah Slyth.



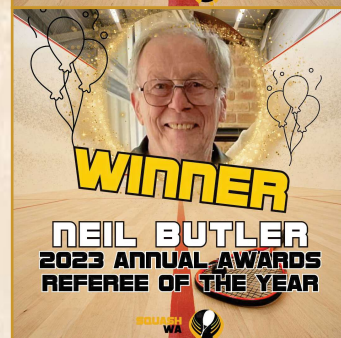
2024 WA Closed Champion
Hannah Slyth with squash
legend Barbara Wall

The squash community's shining stars were then celebrated during dinner, highlighting the recent triumphs at the Squash Australia awards event. **Leigh Kaye**, the recipient of the Paul Vear Administrator of the Year award, emerged as a pivotal force, guiding Squash WA to new heights. **Sue Hillier**, the Masters Player of the Year, displayed cosmic prowess both on and off the court.

The Coach of the Year award was bestowed upon stormtrooper **Tim Cowell**, a force in junior participation, while the Junior Male Player of the Year, **Oscar Curtis**, illuminated the squash scene and pushed the edges of the galaxy with his unprecedented success - three Australian Junior Open Titles and three Australia Junior Championship Titles, all in the U19 event.

Mirraboooka Squash Club, named Club of the Year, showcased their commitment to the sport's growth and were light years ahead on their player base, social committee, and pathways for junior players. The crowning moment came as **Squash WA** was honoured with the Ted Barlow State/Territory of the Year award, a recognition that acknowledges every squash player in the State, and testament to the hard work of Squash WA and their supernova volunteer army.

Now to the Squash WA annual awards, that recognised the often unsung heroes. **Neil Butler**, the Referee of the Year, maintaining a steady orbit as a fair guiding beacon on the courts. The Coach of the Year, **Sue Hillier**, continues to radiate passion for coaching and nurturing young talent.



Oscar Curtis, not content with one accolade, claimed the title of Junior Player of the Year, proving that his star continues to rise in the squash firmament. **Caitlin Pratt** being named Junior of the Year, emerged as a guiding star on and off the court to complete her junior odyssey.

The Volunteer of the Year award was a galaxy of appreciation for the selfless providers. **Alyce Smith** and **Lisa Christou** shared the spotlight, their dedication illuminating the squash community with their astronomical contributions.

Paul Stephan's speech, practically a stand-up comedy skit, kept the audience in stitches, as he brought attention to his humble and selfless persona and introduced a brand new tournament to add to our constellation, the Australia Day Open. Details can be found on the Squash WA website.

As the night wrapped up, the call for dessert was a sweet conclusion to a night of achievements. The dance floor beckoned, the DJ appeased the generations present, and the atmosphere was electric - it was truly a night where squash stars and planets aligned, and laughter echoed through the Milky Way of the Stars Gala.

A special thanks to **Ryan Callegari** for steering the ship through the cosmic journey as the MC of the night. The setup/pack up heroes, including Pascale, Jane, Alyce, Katy, Yvette, Caitlin, Andrew, Thea, Colleen and Narrogin Squash Club, deserve a celestial round of applause for their efforts.

The Stars Gala and Squash WA Annual Awards will become a permanent fixture at the end of every year, so keep your telescopes polished for another stellar gathering!

*Congratulations
& Thank You*



Junior of the Year : Caitlin Pratt



Referee of the Year : Neil Butler



**Volunteer of the Year :
Alyce Smith & Lisa Christou**

Are you thinking about taking your squash to the next level? Why not try some one-on-one training with a qualified, experienced coach!

Find YOUR PERFECT FIT on the Squash WA website here:

Image links to:

<https://squashwa.asn.au/current-wa-coaches/>



**SQUASH
WA**



LEVEL I COACHES COURSE

Saturday 6 and Sunday 7 April 2024

Participants of this course will learn how to prepare a player to compete successfully in a club or tournament environment, along with completing all the necessary administrative requirements.

Participants must be available on both days to attend the Squash WA State Centre in Belmont, and be aged 16 years or above on 7 April 2024.

Online modules form part of this qualification, and must be completed before a coach can be certified. Visit the Squash Australia website to get started!

✉ engagement@wasquash.asn.au

🏠 Squash WA State Centre, 144 Robinson Avenue, Belmont 6104

🌐 <https://learning.squash.org.au/login/index.php>

Foundation level also available online

Thanks Luke Jamieson. The 2023 WA Closed AJST-Silver unfolded at Squashworld Mirrabooka on Friday 1 and Saturday 2 December 2023. An impressive 106 players came to the party, including 40 of them competing in more than one division.

Remi Young found himself up against U19 WA #1 and national #4 Daniel Marsh, in a Mens Open final what most predicted to be a straight three-sets, however Daniel came out guns blazing and took the first game off Remi 11-9. Rattled, Remi pulled everything out and took back control, winning the next two games 11-3, 11-6, and then the third 11-9 with Daniel inching ever closer.

Likewise, U19 WA #1 Hannah Slyth breezed through the competition, winning every match in straight sets, including her final against Fiona Whooley which was a great one to watch (11-9, 11-7, 11-5). Both Remi and Hannah made their Dean Williams and Barbara Wall trophy debuts respectively.

The match of the tournament was the intense duel in men's division 6, where Ben Briggs faced Mitchell Wells, culminating in a nail-biting five-game marathon ending with a tight 13-11.

The weekend was a blast, and a fantastic way to finish off the 2023 tournament calendar.

2023 WA Closed - U11 Novice Event

As of 2023, Squash WA ran a three-hour under 11s novice event alongside almost all major tournaments including the WA Open, State Junior Champs, WA Closed, and West Coast Open. So far we've delivered this entry-level competition at the WA Open, State Junior Champs, and just a couple of weeks ago, the 2023 WA Closed!

With 11 keen young players signed up, we decided to run a 14-person swiss draw which included three byes. Although we moved the T and service boxes forward, the majority of players chose not to take advantage of this, and instead use the 'proper' court markings. Likewise, although Karakal Big Balls were offered up, not one of them took one, instead opting for blue dot and single yellow dot balls. Matches were best of 3 games using the PAR 11 system, to help keep things on track timewise.

After the very first match of the event, Oscar and Omar posed for a photo for the one and only Barbara Wall, who was not only a squash superstar, but also a trailblazer in the development of eyewear, now a compulsory, vital piece of safety equipment for all juniors.

This event saw several new faces from Vic Park in Saim, Ashar and Omar who were absolutely delightful young gentlemen, and a credit to Vic Park Squash Club!

Young Joel from country town Moora also made his debut, with big things expected after hearing about his training regime with older sister and junior superstar Isla Harris.

Oscar and Leo again travelled up from Busselton to compete and represented their home club well. Ted and Tim from Cambridge are fairly new on the scene, having recently made their debut at junior pennants, and both played their hearts out. As did our two gorgeous young ladies in Blue Gum's Miranda, and Mirrabooka's Lillian.

Blue Gum's Jasper put on an extremely solid show, fulfilling his top seed placement, coming out on top undefeated! Jasper defeated Saim (11-3, 11-4), with third place going to Ted.



WA Closed Championships : Mirrabooka 1-2 December 2023

Event	Winner	Runner Up	Third
Mens Open	Remi Young	Daniel Marsh	Francois Vorster
Mens Div 1	Aiden Finlay-Mulligan	Sam Cooke	Brendan Marsh
Mens Div 2	James Fletcher	Sam Brookes	Luke Jamieson Jnr
Mens Div 3	Andreas Christou	Ryan Callegari	Jonathan Groenewald
Mens Div 4	Edward Gatti	Tom Everett	Dwayne Franks
Mens Div 5	Brendan Scott	Daniel Richardson	Brandon Kitt
Mens Div 6	Abijeet Brahma	Mark Foo	Ben Briggs
Mens 35+ Div 1	Kane Fasolo	Steven Jones	Jamie Lyon
Mens 35+ Div 2	Jacob Schneider	Roger Schmidlin	Daniel Richardson
Mixed 35+ Div 1	Michelle Hodge	Leigh Barnes	Katy Scott
Ladies Open	Hannah Slyth	Fiona Whooley	Isla Harris
Ladies Div 1	Josie Jones	Michelle Hodge	Roisin Brennan
Ladies Div 2	Ruby Foo	Joey Scott	Carolyn Temple

HEAD Junior Classic : Mirrabooka 1-2 December 2023

Event	Winner	Runner Up	Third
Boys Div 1	Daniel Marsh	Aiden Finlay-Mulligan	Alvaro Blackall
Boys Div 2	Andreas Christou	Alexander Marsh	Trigg Barrett-Lennard
Girls Div 1	Isla Harris	Josie Jones	Sydney Ennis
Mixed Div 3	Millard Chong	John Lewins Jnr	Lucas Curry
Mixed Div 4	Ella Clarke	Amalie Jacobs	Amindi Elvadura





Mens Div1



Mens Div2



Mens Div3



Mens Div4



Mens Div5



Mens Div6



Mens 35+ Div1



Mens 35+ Div2



Mixed 35+ Div3



Ladies Div1



Ladies Div2



Boys Div2



Girls Div1



Mixed Juniors Div3



Mixed Juniors Div4

**SQUASH
WA**



— 2024 —

WEST COAST OPEN

AND

NEW YEAR'S BASH
(JUNIOR-SILVER)



FRI 16 - SUN 18 FEBRUARY
AT SQUASHWORLD CAMBRIDGE

SCAN TO ENTER:



Department of
Local Government, Sport
and Cultural Industries



While we are totally **THRILLED** to highlight the one and only EGSRA this month, next year we are changing things up a bit and focussing on all of our wonderful volunteers. We will profile some of the 2023 nominees as well as the various Committees and Working Groups that help SO MUCH behind the scenes.

#notallheroeswearcapes



Eastern Goldfields Squash Racquets Association (EGSRA for short)

EGSRA is based out of the spectacularly beautiful and modern Ray Finlayson Sporting Complex, at the bottom of Marshall Street, West Lamington, a suburb within the City of Kalgoorlie-Boulder.

Across the state, EGSRA are renowned for putting one of the biggest and best tournaments of the year - the Golden Open over the early June long weekend. Players travel from far and wide, including from overseas, to come and compete for glory and a much-coveted gold nugget! EGSRA's

phenomenal sponsors are the reason they're able to host such a big event, and they proudly raved about them at every opportunity - and so a club should!

We spoke to the gorgeously passionate Kylie Siebert, Club President, who beamed,

“last year we hosted numerous events that we hope to build on in the coming year. Some of the highlights include Summer Social Hits, a Paint and Sip night, Afternoon at the Races, end of season windups and even a quiz night.

We also had the opportunity to partner with the City of Kalgoorlie-Boulder to promote squash at the Summer and Winter Sports Carnivals. These events were a great success, introducing new players to the sport and even attracting a few juniors to join our junior program. We're excited to see what the future holds and plan to continue bringing the community together through fun and exciting events.

What does a week in the life of EGSRA look like?

Well, there is truly something for everyone!

Mondays are their social night where all six courts are booked out for players (and newbies) to join in for a casual hit.

Tuesdays see the junior program being run from 6pm by Lisa Peterson, Di Watts, and Will Gentsch. 18 juniors attend regularly, participating in various skill development activities and fun games.



Peter, Lisa, Anne and Janelle



This program is a testament to the growth of our juniors and the dedication of our amazing volunteers.” The B and C Grade Pennant competition follows juniors in the evening. “We have 6 B grade teams and 5 C grade teams, with 4 players per team. C grade began during our Spring Season in 2023, and it's great to see players grow and strengthen their friendships. Each week, two teams are on supper, and we enjoy an atmosphere of competition, team bonding, and delicious food.

Each Wednesday from 9am, a group of lovely ladies (and Bill) gather on the courts for a social hit, which is always followed by a cup of tea, and sometimes leftover snacks from the previous night. The A Grade Pennant competition happens on Thursday evenings where 8 battle it out each week. The players have a wealth of experience, which results in some exciting matches to watch!

For nearly 40 years, a Saturday afternoon training session has been running which has been instrumental in developing their players. “Nowadays, the ladies share their skills, and show that even those over 60 can still hit a clean ball. It's a fun but intense training session that ends with baked goods and tea.” We then asked who the mighty MVPs are at EGSRA!

We consider ourselves fortunate to have exceptional life members who have played an instrumental role in shaping the club into the thriving community it is today. While we are grateful for all of our life members, we want to recognise those who are still actively serving and playing a vital part in the club's growth: Peter Siebert, Janelle Hanks, Dianne Watts, Anne Truman, Sally Kelly and Jenny Hosking; each of these life members go above and beyond their roles on the committee. We appreciate their tireless contributions and behind-the-scenes work, and want to express our sincere gratitude to them. Their years of service do not go unacknowledged, and it is a great privilege for us to learn from them and continue their passion and love for the club.



Sally and Anne



Peter and Di

But why is EGSRA the BEST club in Western Australia? Well, we have a few ideas, but Kylie was eager to share that,



Kalgoorlie-Boulder is a transient town where families and FIFO workers come and go frequently. This makes building a sports club a challenge, but EGSRA has been a fixture in the community for over five decades. Our secret? We prioritise community above all else.

While we are passionate about the sport and competition, we value every individual who walks through our doors. Since we understand they may not be in town for long, we make it a point to connect with them by inviting them to events outside of the court, listening to their stories and engaging with them beyond social gatherings. At EGSRA, we cultivate a sense of belonging among our members by fostering an inclusive and welcoming environment.

I'm sure anyone reading this would agree that we have certainly picked a sensational club to finish off the year with. The way they work and the value they place on community is nothing short of inspirational, and something we can all aspire to replicate in our own clubs.

Lastly, we asked about who the wonderfully generous sponsors are at EGSRA. Without sponsors, our clubs couldn't do what they do and put on all the events and activities that the local and wider squash community enjoy so much!

Kylie shared,



Our pennant seasons would be lost without the backing of a number of local companies. Your support is simply priceless, and we're grateful that our club can keep on thriving thanks to you.



Thank You



Thank you for your wonderful support!

National Travel



National Travel is a premium travel agency based in Brisbane, Australia and operating since 2016. We specialise in bespoke holiday and business & event travel. Our 'customer first' service is backed by leading-edge technology, digital platforms and the best people in the industry.

Discover your next wanderlust

National Travel (<https://www.national-travel.com.au/>).

Thanks Lyn Chandler

That's a wrap for 2023 with all pennant and league competitions finalised. Congratulations to all those that made it to the grand finals and a special congratulations to the winners for Spring 2023.

Thank you to all players that have supported the Squash WA pennant competition. We hope you have enjoyed it and the friendships fostered.

Just a reminder of some important dates for next year:

- **Pennant registrations close on 15 January 2024.**
- **Teams must be submitted to the office by 22 January 2024.**
- **The Club Captains meeting has been scheduled for 31 January 2024.**
- **The season commences on 12 February 2024.**

A squashing good year to all for 2024!



Looking to play squash more often?

Pennant and League Competitions

7.00pm or 7.30pm start time, 3x 12-14 week seasons per year, home and away style, mixed or ladies competitions available, beginners welcome!

Current options are:

- Monday nights
- Tuesday nights
- Wednesday day
- Thursday nights

Can't play every week? Got holidays planned? A FIFO worker? No problem! Just let us know what dates you can't make and we'll work around it.

We are always in need of reserves, so you don't have to wait for the next season to start playing!

<https://wasquash.com.au/pennants-leagues/>

Scan here to find out more:



Pennant Competitions

Monday Night

Titans have Mid Court Crisis

Linda Towill
Jono Bourdillon
Jason Mani
Craig Ellingson
Mark Giggins
Kim Lloyd

Tuesday Night Ladies

Kensington

Heather Manifold
Judith Althorpe
Melanie Price
Sharon Gilgallon

Tuesday Night

Belmont Bandits

Daniel Marsh
Bas Kuckelkorn
Christiaan Haseldonckx

Division 1

Tuesday Night

Division 2

Blue Gum Battle Axes

David Bayens
Philip McLeod
Steven Jones

Division 3

Next Generators

Paul Stephan
Saad Qamar
Greg Blycha
Darren Slater

Division 4

Subi Kings Parkers

Bruce Vega
Fawer Ocampo
Greg Macpherson

Tuesday Night

Division 5

Cambridge Drives

Chris Chiappazzo
Tom Daly
Jamie Dougal
Samuel Jobson

Division 6

Mirrabooka Chargers

Craig Taggart
Jason Pawelec
Marc Kaye

Division 7

Blue Gum Uphill Skiers

Damian Millen
Connor Curtis
Tim Howe

League Competitions

Monday Night Ladies

Bruiser

Terry Brookes
Chantelle Garrett
Di Cook
Jacqueline Cox

Thursday Night

The Blue Mullets

Nick Scata
Boby Markovic
Jared Mattys
Cassandra Willsher

Div 2 Team 3

Christine Elkington
Calvin Green
Denis Vincent
Linda McBrierty

Division 1

Division 2

Wednesday Day

Division 1

Brut

Ray Bell
Greg Mills
Mick Bruno

Division 2

J'Adore

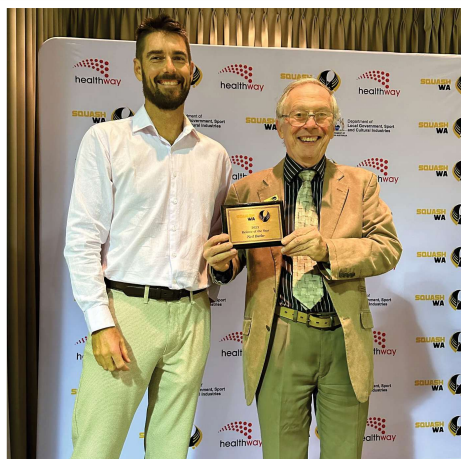
Rhonda Hitchins
Terry Brookes
Catherine Wilson
Nikki McCullough

Division 3

Giorgio

Liana Gunzberg
Christine Reston
Andrea Williams
Lauren Hogan





Neil was recently awarded the Squash WA Referee of the Year Award.

Neil won't "blow his own trumpet" so I will acknowledge his significant and valuable contribution to our sport. The man has dedicated so much of his free-time to squash and deserves every accolade he gets. **Thank you Neil and congratulations.**

Thanks Neil Butler.

Recently whilst looking for some papers on squash I came across an edition of the Squash Player December/January 98.

It included an interview with a PSA player and was basically talking about stoppages in play.

It probably was related around the British Open Final in which there were 132 decisions!

A couple of the Q&A's from the article are below.

Q. Is stroke hunting a major cause of these stoppages?

A. Yes, the biggest problem is when a referee gives an easy stroke for a backswing early on. It gives no encouragement for a player to hit the ball thereafter. The player thinks "it is not in my interest to hit the ball from now on".

The referees need to read the situation and crack down on the tendency to look for strokes on the backswing.

Q. Referees are rewarding stroke hunting. What can be done about it?

A. There are too many easy strokes for players. Players are quite capable of playing the ball in many situations. In practice games players don't have a problem playing the ball. The difference between some players in practice and in matches is extraordinary. It is almost like playing a different player. In matches they will frequently stop in the hope of getting an easy stroke. This only encourages more stoppages.

Q. What can be done about the problem?

A. I don't like to put the ball back into the referees' court but they are the ones that can encourage the players to play the ball. They need to read how the game is being played. If for example they see a player deliberately trying to trap an opponent and not play the ball they are the ones who can deal with it. A player who is found out won't do it again.

25 years on. Has it improved? Yes, but still room for improvement.



”

I need to listen well so that I can hear what is not said.

Thuli Madonsela



The answer is on Page

John serves the ball wide onto the side wall. Mary, in attempting to return it, turns and finds that John has moved towards her, and her swing is prevented. Mary requests a let. Is it?

- a) Yes let
- b) No let
- c) Stroke to Mary

Thanks Tim Cowell. As we approach the Christmas and new year period, people's commitment to squash varies with holidays, work functions and it's ok to take a break from it to come back nice and fresh.

The beauty about our sport is that you don't need a hitting partner in order to practice. Solo practice is an important part of training as it's a great way to improve your skills and ball control. Solo offers different challenges compared to what you can do with a hitting partner.



Some solo exercises can target movement, whilst others it is more about the racquet preparation given we have to hit every shot in solo practice, compared to every second shot in a match. A few years back, we gave our junior state team members a solo card of exercises for them to do during the week. Those who completed it multiple times per week saw huge improvements in their ball control over that period of time compared to those who didn't.

In most of my coaching lessons, I try to give my players a couple of solo exercises to practice during the week, they could be done in a stand alone session, or by arriving 15 minutes earlier before their next hit and doing some as a warm up pre match. So here are some different ones I like to give people.

>>> SIDIES

Sides is a forehand and backhand exercise, using the side walls. It's a good one to work on a balanced position, as well as controlling your back-swing starting positions and your follow through. Your forehand follow through then becomes the starting position for your backhand back-swing. Sidies have a few different ways of progressing for more challenge. Hit a forehand shot that hits both side walls, then send it back the other way with your backhand, repeating as many times as possible.

Hints: If you can hit it lower and maybe a bit softer, it will allow you to step into your shot, rather than having to back-step when hitting it. **Progress by:** Hitting lower and firmer to increase temp / stay as close to the short line as possible. Can also be done volleying.

>>> WALKING SHOTS / VOLLEYS

Starting close to the front wall, every time you hit a shot, take a step back, trying to get to the short line (or back wall for more challenge) then step forward on each shot as you aim to get back to the front wall. This one is about ball control and where you need to try and place it so that you can take a step back or forward and not lose rhythm.

Hints: Get your racquet ready for the next shot as soon as you have finished this one.

>>> STRAIGHT & STATIONERY

There are a couple of shots which fit into this one; Drop shots, short tap volleys, short-line volleys and service box/back wall drives. Each of these are done hitting the ball straight into your target areas and are a great way to work on your balance, body position, racquet prep and ball control.

Drop shots - Lower your body to the ground (Saves your back and burns the legs instead!) smaller swing as you hit continuous drop shots. Make sure you aren't swinging from the wrist (Racquet face always changes) and that your forearm is moving through the ball. Rotating your forearm back and keeping it there will naturally open the racquet face up for you.

Short taps - Make sure to stand side on (Toes pointing towards side wall) so that the wrist doesn't take over on these, especially on the backhand side. Stand about 1 metre from the front wall and try to tap the ball onto the service line.

Shortline Volleys - A progression of short taps, same position, but punching the volley much harder to make it to half way.

Service Box drives - Challenges you to hit more of a half volley so swing preparation is key here.

Backwall Drives - Aim higher on the front wall as you learn to take the ball off the back wall. Wait as long as possible to give you more space off the back wall, it will then be easier to hit up on the ball and get more height to keep this continuous. This can be regressed by allowing the ball to bounce twice to build the rhythm to begin with.

>>> BOAST & DROP

There are two versions to this. The more 'static' version requires you to 'feed a boast' to yourself to play a drop shot. Start roughly in the service box area, hit a generous 3 wall boast, move into position and play a drop shot into your target area. A higher but slower boast will land closer to the front wall, giving you more run up to the shot. This routine fits more into the 'match simulation' mind set where you are practicing a specific situation in your match to play the shot.

The second version is done close to the front wall and is a continuous routine. Hit a high boast which lands on the other side of the court, follow it up quickly with a drop shot, and then try to hit another high boast to the other side of the court without it bouncing twice. You could change it slightly by hitting a smaller boast, followed by a cross court drop shot and then a straight drop shot so could read something like this
FH trickle boast, FH cross drop, BH straight drop, BH trickle boast, BH cross drop, FH straight drop.

This gets the feet moving and it gives you a great chance to practice some soft hands at the front of the court with the various short ball shots.

If you allow 3 minutes per routine here (include doing the other side on the stationary ones) you have about a 45 minute session - add a warm up, 1 or 2 drink breaks and you have a 1 hour solo session. You could trim a couple of these as well if you wanted. For extra motivation, record your best consecutive attempt at each and see if you can improve it each week.

And that's all for 2023. Thank you to everyone for reading my articles and especially those who came up for a chat post article.

Have a great holiday period and I'm looking forward to seeing everyone back on court again in 2024!



sidies: your follow through becomes your new backswing



prepare early and send it the other way!



toes pointing towards side wall. Use opposite arm for balance.



standing front on. wrist has to compensate



Dont do it like this either!



knees bent, wrist firm. Use arm, not wrist to hit the ball



what not to do standing too upright and flicking wrist



STATE

SQUASH
WA



Top 5

JUNIOR RANKINGS

21 December 2023

NATIONAL

SQUASH
AUS



U11 Boys

Lucas Curry
Leonard Bruce
Abhin Behl
Theodore White
William Mennell

U11 Girls

Michaela Sanyangore
Meetra Gunalan
Miranda Clarke
Lillian Gallemore
Eleanor Jones

1
2
3
4
5

U11 Boys

Benjamin Boardman
Grayson Coleman
Wesley Correa
Jenson Ooi
Bodhi Wratten

U11 Girls

Abbey Boswell
Preesha Dev
Meriam Ibrahim
Norah Fox
Millie Goldsmith

U13 Boys

Charlie Richardson
Leo Van Straaten
Kaelan Penn
Kye Armstrong
Charlie Tear

U13 Girls

Teagan Scott
Olivia Hibbs
Ella Clarke
Poppy Biswas
Carmela Christou

1
2
3
4
5

U13 Boys

Thomas Wang
Charlie Richardson
James Sanders
Nathaniel Middleton
Jet Lacquiere

U13 Girls

Timonaliz Alarcos Kriebisch
Jaida Wigley
Elizabeth Wang
Gizele Josifoski
Isabella Wilcox

U15 Boys

Luke Jamieson Jr
Alexander Marsh
Andreas Christou
Jacob Curry
Domenic Christou

U15 Girls

Joey Scott
Ruby Foo
Kayla Clarke
Holly Carver
Renee Tan

1
2
3
4
5

U15 Boys

Marcus Wang
Henry Kross
Flynn Bartlett
Ethan Middleton
Connor Haberecht

U15 Girls

Tina Ma
Luka Cock
Madison Nargar
Lilly Wilson
Emilia Scott

U17 Boys

Aiden Finlay-Mulligan
Alvaro Blackall
Waldo Vorster
Eric Marsh
Jonathan Groenewald

U17 Girls

Isla Harris
Josie Jones
Sydney Ennis
Jessica Jellis
Jasmin Legge

1
2
3
4
5

U17 Boys

Darcy Hayes
Haider Naqvi
Jackson Wylie
Jarrod Atkins
Joshua Rahul Raj

U17 Girls

Amelie Guziak
Joanne Joseph
Amelia Brigden
Emmy Lamb
Sarbani Maitra

U19 Boys

Daniel Marsh
Preston Munro
Finlay Galt
Hamish Melvin
Declan Munro

U19 Girls

Hannah Slyth
Caitlin Pratt
Cassandra Willsher
Ella Hann

1
2
3
4
5

U19 Boys

William Slade
Connor Hayes
Josh Porter
Daniel Marsh
Kenneth Lamb

U19 Girls

Madison Lyon
Courtney Scholtz
Hannah Slyth
Caitlin Pratt
Shona Coxsedg

Answer to Quiz

C) Stroke to Mary (Rule 8.6.5, 8.13.1)

ACT

NSW

NT

QLD

SA

TAS

VIC

WA

ANNUAL TALENT CLINIC



LEVEL UP YOUR GAME!

9AM - 3PM, WED 24TH & THU 25TH JANUARY 2024

RUN BY SQUASH WA STATE TEAM COACH TIM COWELL

MORNING TEA AND LUNCH PROVIDED

\$88 PER PLAYER

REGISTRATIONS CLOSE ON 19 JANUARY 2024

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for the 2024 Squash WA Talent Squad.*



**SCAN THE QR
CODE TO
REGISTER:**



**NOVICE CLINIC ON TUESDAY
23RD JANUARY FOR JUNIORS
AGED BETWEEN 8 AND 12
YEARS. SCAN FOR MORE INFO:**



SQUASH WA STATE CENTRE, 144 ROBINSON AVENUE, BELMONT



Department of
Local Government, Sport
and Cultural Industries





STATE

MEN	WOMEN
Mike Corren <i>Blue Gum</i>	Zoe Petrovansky <i>Vic Park</i>
Oscar Curtis <i>Mirrabooka</i>	Erin Classen <i>Mirrabooka</i>
David Ilich <i>Blue Gum</i>	Sue Hillier <i>Vic Park</i>
Remi Young <i>Mirrabooka</i>	Pascale Louka <i>Cambridge</i>
Jason Patmore <i>Blue Gum</i>	Jo Hitch <i>Vic Park</i>
Daniel Marsh <i>Cambridge</i>	Hannah Slyth <i>Blue Gum</i>
Dylan Tasker <i>Vic Park</i>	Emily Savic <i>Marmion</i>
Aedan Martin <i>Cambridge</i>	Fiona Whooley <i>Mirrabooka</i>
Francois Vorster <i>Mandurah</i>	Hayley Chiu <i>Cambridge</i>
Greg Laurence <i>Vic Park</i>	Linda Towill <i>Mirrabooka</i>



NATIONAL

MEN	WOMEN
Rex Hedrick <i>Victoria</i>	Jess Turnbull <i>Queensland</i>
Aaron Frankcomb <i>New South Wales</i>	Alex Haydon <i>Queensland</i>
Bryan Lim <i>Queensland</i>	Tanvi Khanna <i>Queensland</i>
Joseph White <i>Queensland</i>	Colette Sultana <i>Queensland</i>
Steve Finitis <i>Queensland</i>	Sarah Cardwell <i>Queensland</i>
Jean-Pierre Brits <i>Queensland</i>	Madison Lyon <i>Queensland</i>
Mike Corren <i>Western Australia</i>	Adele On Ying Fung <i>New South Wales</i>
Rhys Dowling <i>Queensland</i>	Jennifer Condie <i>New South Wales</i>
Solayaman Nowrozi <i>Queensland</i>	Karen Blom <i>New South Wales</i>
Anthony Ricketts <i>Australian Capital Territory</i>	Sophie Fadaely <i>Queensland</i>

STATE U23 MEN

Oscar Curtis <i>Mirrabooka</i>
Remi Young <i>Mirrabooka</i>
Daniel Marsh <i>Cambridge</i>
Aedan Martin <i>Cambridge</i>
Eric Gray <i>Hilton</i>
Cooper Kennedy <i>Broome</i>
Preston Munro <i>Dampier</i>
Aiden Finlay-Mulligan <i>Esperance</i>
Jackson Kiely <i>Maddington-Gosnells</i>
Dewald Vorster <i>Mandurah</i>

STATE U23 WOMEN

Erin Classen <i>Mirrabooka</i>
Pascale Louka <i>Cambridge</i>
Hannah Slyth <i>Blue Gum</i>
Isla Harris <i>Moora</i>
Michaela Pratt <i>Blue Gum</i>
Caitlin Pratt <i>Narrogin</i>
Josie Jones <i>Blue Gum</i>
Isabella van Emden <i>Bunbury</i>
Sydney Ennis <i>Marmion</i>
Georgia Gould <i>Cambridge</i>



Fuel to Go & Play™



Thanks Katy Scott. Belmont Saints' Junior BASH & BARBIE Tournament was held on 10 December, attracting a field of juniors from across Perth, Mandurah and Narrogin! Players were paired into competition over 3 divisions and either played 4 matches to the best of 3 games, or 3 matches to the best of 5 games over 5 hours!

We had a number of squashies play their very first tournament, which was fantastic to see. The T was shortened a little for the new players to give them a better chance at serving, and they had the option of playing one of the 3 games in each match as 'floor hockey!' They were AMAZING to watch and showed such brilliant sportsmanship!!

The fabulous Cassie Rowe MLA for Belmont and Samantha Rowe MLC provided a lunch for players and supporters, plus an after-party by the pool! Raelene and Michael Marriott of DMB Fluid Technologies again generously donated our major prizes.

	Division 1	Division 2	Division 3
Winners:	Luke Jamieson Domenic Christou	Jessica Jellis Jasmin Legge	Luca Hubbard Ari Sinclair
Runners Up:	Alex Marsh Brendan Scott	Lockie Jamieson Lucas Curry	Carmela Christou Ryder Hill
Third:		Cassie Willsher Leonard Bruce	Ethan Skidmore Omar Mahmoud
Best Manners:	Poppy Biswas		

Despite the exhaustion of a lot of squash, the kids went onto have a sausage sizzle, salads, fruit, jelly, icecream, waterfights and giant inflatables in the pool!

HUGE thanks to **Lisa Christou** for doing a FANTASTIC job of being Tournament HQ and compiling results. Thanks also to **Donna Willsher and Yvette Clement** for keeping the kids well-fed throughout the day. Thanks also to **Boby Markovic and Eric Marsh** for helping out on-court with our littlest squashies. Sincere thanks also to the BSSC crew of **Michelle, Lyn and Russell** making the players feel so welcome. Lastly, thanks to the **parents** for bringing their kids, and to the players for being so supportive of each other. See you all again next year







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- ✓ Teach kids the healthiest sport in the world!

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- ✓ Current Level 1 Coach (or willingness to obtain certification).
- ✓ Reliable vehicle with tow-ball.
- ✓ Some heavy lifting required.
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- ✓ Don't need to be a squash player.
- ✓ Ideal for Uni/TAFE students and retirees.

KEEN?

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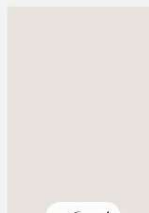
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Michelle Classen
BOARD MEMBER



Yvette Clement
BOARD MEMBER



Michaela Pratt
BOARD MEMBER

VACANCY

A vacancy exists on the Squash WA Board. A person with financial skills and experience would be most welcome. However, if you have other skills and experiences that you feel would make a valuable contribution please step forward.

If you have a genuine desire to contribute positively to the strategic plan and future direction of Squash WA please contact Leigh on 0411 883 320.

Squash WA Administration

Website:	https://squashwa.asn.au/		
Office:	144 Robinson Ave, Belmont WA 6061		
General Manager:	Leigh Kaye	gm@squashwa.asn.au	0411 883 320
Engagement Officer:	Serena Richardson	engagement@squashwa.asn.au	0434 785 555
Admin Support:	Roxy Edery	adminsUPPORT@squashwa.asn.au	

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Website:	https://squashwa.asn.au/board/		
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Country Steering Committee

Member:	Glenn Bridgeman	bridgy68@hotmail.com	0408 935 851
Member:	Jeremy Church	jeremy.church711@gmail.com	0429 968 934
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Our Vital Partners ... Thank You



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