

SQUASH WA NEWSLETTER: AUGUST 2023



WELCOME





PSA PLAYER:	TM:	HWR:
Mike Corren	264	38
Oscar Curtis	334	251
Remi Young	394	361
David Ilich	524	210
Dylan Classen	755	630
Erin Classen	166	130
Pascale Louka	201	200

Congratulations to Oscar Curtis and Caitlin Pratt on winning the coveted U19 titles at the 2023 WA State Junior Individual Championships. Congratulations to Laney Rawling and Alvaro Blackall for being selected as the Joyce Barnett and Chas Renner Fairest and Best Award winners. Finally, congratulations to the Southern Stars/Eastern Energy team for winning the Zone Championship.









BEHIND THE SCENES with Leigh Kaye

After the incredible efforts of all the juniors who competed in the State Junior Championships on 1-2 July (individuals event) and 3-4 July (zone teams event), State Team selectors came to the difficult decision of who would be travelling to Queensland in September to represent Western Australia in the Australian Junior Championships.

The State Team was announced at the end of the zone teams event and information packs were handed out to families. Since then, we have held two State Team training sessions at the Squash WA State Centre in Belmont on Saturdays 22 and 29 July.



The team have shown fantastic commitment to date, so we are excited to bring these young athletes to the national stage and show the rest of the country what WA kids are made of. Any current or budding coaches are always welcome to attend the sessions, as well as the junior Talent Squad sessions that are run directly after. State Team training starts at 11.30am and Talent Squad at 1.00pm.



MySquashAUS (previously introduced to you as revolutioniseSPORT) is to go live on Monday 14 August 2023. While we held a couple of information sessions for Club administrators during July, and have another planned for Tuesday 15 August, our door is always open for anyone who needs support during the transition. If you haven't already attended an information session and are a person who handles membership or accounts at your Club, we strongly urge you to attend this next session. Keep an eye on your emails and social media for the Zoom link.

After a short stint in the office, Chris has left the team. We've had a staff shuffle to overcome this where Serena has taken on much of the Development Officer role (eg. junior clinics, pennants and events, open days, tournaments and schools) and henceforth will be our Engagement Officer as her role will continue to encompass marketing, engagement, and growth. We've also welcomed Roxy Edery to the Squash WA team as our new Admin Support Officer. Roxy has hit the ground running and is already going above and beyond and will be a huge asset to our team.

BEHIND THE SCENES with Leigh Kaye



Country Week 2023 is fast approaching and an information pack for this year's event has been circulated to all participants from the last five years, as well as all country Club members. We have also published the information pack on Facebook and our website. Click on the link https://tinyurl.com/2xa5dw5j to read through it, and get your teams in ASAP as registrations close at the end of this month.



A custom-designed tournament shirt has also been

selling very well. Pre-orders for the shirts are now closed however we are still taking orders online, to be ordered in bulk after the event has taken place. The above link also provides information about the shirts, as well as the Sunday night function which, for 2023, we are trying something new and spectacular – a cocktail function complete with marquees and festoon lighting! We are working hard to grow Country Week and are excited to have you all along for the ride. Metro players are welcome to purchase tickets via the link to attend the Country week evening.

The City of Belmont has approved our plans for the next stage of the State Centre renovations! Works now on our radar include the installation of an elevator and UAT (Universal Access Toilet). This will bring the building up to disabled access standards as per local government requirements. Along with these accessibility improvements, we will also be renovating the bathrooms and change rooms. There are architectural drawings and designs displayed on the pin up boards at Belmont, so next time you're in, make sure you take a look.





We need your help ...

Please contribute to our fund raising efforts to help send our WA junior representatives to Queensland for the Australian Junior Championships

How can you help Squash WA and its Juniors?

Back on the topic of the State Team, our juniors need YOUR HELP to send them to Queensland in late September. Please consider donating - whether it's \$10 or \$10,000, it ALL adds up. Furthermore, if you would like to become a team sponsor then we would LOVE to hear from you.

Please visit our GoFundMe page for more details on how your contribution will make a difference: https://gofund.me/084247c3.

If you would like to make a <u>tax-deductible</u> donation, please visit our Australian Sports Foundation page: <u>https://asf.org.au/donate/squash-wa/2023-state-team.</u>

Your quick guide to squash events being held in WA in coming months:

	2023: August to December						
AUG	5 - 7	5 - 7 FeNaCING Championships Senior Dampier					
AUG	25 - 27	Leschenault Classic <i>Teams</i> Tournament			Leschenault		
SEP	8 - 9	Vic Park Open	Senior		Vic Park		
SEP	16 - 17	Cambridge Junior <i>Teams</i> Event	Junior		Cambridge		
SEP	23 - 25	WA Country <i>Teams</i> Championship	Seniors & Juniors		Mirrabooka		
OCT	7-8	Junior Squashathon: 24 hours: 2pm to 2pm	Junior		Mirrabooka		
OCT	13 - 14	Cambridge Open	Senior		Cambridge		
OCT	27 - 29	Busselton Invitational			Busselton		
NOV	11 - 11	Code v Code <i>Teams</i> Event			Belmont		
NOV	NOV 17 - 19 Great Southern Wheatbelt <i>Teams</i> Event				Katanning		
DEC	1-3 WA Closed		Senior		TBC		
DEC	1-3	WA Closed	Junior	Silver	TBC		
DEC	2 - 2	WA Annual Awards Night			TBC		
DEC	10 - 10	Belmont Junior Tournament	Junior		Belmont		













Thanks Sue Hillier ... The WA Junior State Championships were held at Belmont Squash on 1 and 2 July with the Teams event on 3 and 4 July. Juniors competed in nine age divisions as well as a new ability-based 'Novice' division.

It was also good to see two favourite players playing their last State Junior Championships, Oscar Curtis and Caitlin Pratt, who both took out the U19 titles for the first time.

WA State Junior Championships Belmont 1-2 July 2023					
Event	Winner	Runner Up	Third		
U11B	Lucas Curry	Leonard Bruce	Ethan Skidmore		
U13B	Domenic Christou	Charlie Richardson	Lucas Curry		
U15B	Alexander Marsh	Andreas Christou	Jacob Curry		
U17B	Aiden Finlay-Mulligan	Waldo Vorster	Alvaro Blackall		
U19B	Oscar Curtis	Daniel Marsh	Aiden Finlay-Mulligan		
U13G	Teagan Scott	Ruby Foo	Joey Scott		
U15G	Jessica Jellis	Teagan Scott	Joey Scott		
U17G	Isla Harris	Josie Jones	Sydney Ennis		
U19G	Caitlin Pratt	Isla Harris	Sydney Ennis		
Novice	Abhin Behl	Holly Bourn	Miranda Clarke		

The individual championships were followed by the Zone Team Championships. This year the zones were a little different with:

- Central Champs: Cambridge and Vic Park Junior Clubs
- Northern Nicks: Marmion and Mirrabooka Junior Clubs
- Southern Smashers/Eastern Energy: Belmont, Bluegum and Maddington-Gosnells Junior Clubs
- Country Chameleons: Representatives from Broome, Esperance, Geraldton, Kalgoorlie, Mandurah, Moora and Narrogin.

The winners were:

- U11 Combined Team was tie between Central Champs and Country Chameleons
- U13 Combined Team was tie between Central Champs and Country Chameleons
- U15 Combined Team Southern Smashers/Eastern Energy
- U17/19 Combined Team was a tie between Country Chameleons and Northern Nicks
- Overall Team Winner: Southern Smashers/Eastern Energy
- Overall Team Runner Up: Northern Nicks

The Joyce Barnett Fairest and Best award winner was Laney Rawling, and Chas Renner Fairest and Best award winner Alvaro Blackall.

There was also a division 2 draw for those who did not get selected for their zone. Ashton Clement from Blue Gum was first with Luke Scott from Belmont coming second.

The 2023 Junior State Team travelling to the Gold Coast in September was announced at the end of the Championships. Well done to everyone who competed and congratulations to all winners and those selected for the State Team.

A special thank you to **Luke Jamieson** who completed the draws, was Tournament Director and gave up his time across the four days to run the event. Your time and effort is greatly appreciated. Thank you to the Squash WA staff who assisted with the event, and to Healthways' Fuel to Go & Play campaign for their sponsorship and healthy messages.

WA STATE JUNIOR CHAMPIONSHIPS



























Thanks Serena Richardson. It's been recognised that in recent years, little focus has been placed on getting children into squash from an early age. Other sports have introductory programs such as Netta (netball) and Auskick (AFL) but children under the age of about 8 or so are unable to join most junior squash programs.

Fast forward to a few years ago when Club junior programs slowly started introducing modified activities for children as young as 5 years of age, and forward again to 2023 when we introduced an U9/U11 minitournament on the Saturday morning of the WA State Junior Championships!

13 children from Belmont, Blue Gum, Cambridge, Marmion and even Busselton, entered the event which ran from 9.30am to 12.30pm. The children played around 6 matches each. To begin with, a match was one PAR11 game, however we found the matches went to quickly, so changed after the first couple of rounds to a match being PAR11 but best of three games, which flowed much better.

Using floor tape, we moved the T (and therefore the service boxes) to the front wall, allowed two chances to serve if a first attempt didn't quite make it, and used Karakal Big Balls instead of the smaller blue or single yellow dot balls. These modifications allowed the children to get into some really great rallies that attracted loud applause from parents and other spectators who wandered down to see what was happening.









It was so beautiful to see the participants spinning their racquets for the serve, eager to snatch a clipboard and pen so they could do the all-important task of marking, and offering to mark or ref when they saw a gap. Every single one of them displayed excellent sportsmanship and demonstrated perfect manners.

They cheered for each other and patiently waited for their next match.

Between rounds they flocked around the draw sheet trying to work out who they were playing next, and how they were fairing in the competition.

They were thrilled to be involved in such an event, and enjoyed the exciting atmosphere of a full-scale tournament!



In the end it was Jasper from Blue Gum who won the under 9s event, with James from Cambridge runner up. James' older brother Peter won the under 11s event, and Mirrabooka's Lillian came runner up. Oliver from Belmont and Freya from Mirrabooka also won sportsmanship and effort awards.

Moving forward we will be adding this element to future Squash WA-run tournaments that has junior divisions in the hope to continue to support the development and drive of these eager little darlings!

Looking to play squash more often?

Pennant and League Competitions

7.00pm or 7.30pm start time, 3x 12-14 week seasons per year, home and away style, mixed or ladies competitions available, beginners welcome!

Current options are:

- Monday nights
- Tuesday nights
- Wednesday day
- Thursday nights

Can't play every week? Got holidays planned? A FIFO worker? No problem! Just let us know what dates you can't make and we'll work around it.

We are always in need of reserves, so you don't have to wait for the next season to start playing!

https://wasquash.com.au/pennants-leagues/

Scan here to find out more:









WA STATE JUNIOR CHAMPIONSHIPS

This year, we asked a few of the Team Coaches and Managers to collaborate on the write up for the SWAN. Not only did they nail the task, they also did a FANTASTIC job of getting their teams together in the months leading up to the event, coordinating uniforms, coaching/mentoring during the event and just being all-round superstars!



Thanks Amos, Megan and Lisa!

Every year at the Zone Championships Event, the Central Champs teams makes an impression with their "fluoro yellow highlighter" shirts!

Like the colour of our shirts our team was a group of "bright" and enthusiastic team members. Everyone in the team found the time to support each other while they were on court, offering words of encouragement between games.

The structure of the event allows the older kids to guide and lead the younger ones and two boys who stood out for us this year were **Andreas Christou** and **Peter Kuo**. Andreas was notable for combining an intense competitive spirit with great on court attitude while Peter took his first Zone Champs in his stride, playing well and enjoying being part of the team.

In the girls we were impressed with **Jasmin Legge** and how she took the lead to help the younger players feel part of the team. We also loved **Freya Shah's** "never give up" attitude in her first Zone Champs.

We loved the new format which saw two players in each age division. This gave more children an opportunity to play in the teams event. We were all very impressed with the attitude of our team, and we all had a great two days of competition.





The 2023 Zone Championships saw our traditional partnership of Belmont and Maddington/Gosnells combining with Blue Gum and a twist of Leeming to form the Dream Team of Southern Smashers/Eastern Energy Team. Whilst we struggled a little with committing to a name, we had a very solid team of players and parents who were great fun and extremely supportive of each other.

The boys had their work cut out for them with U11 Nathan Thomson, and U13s Tristan Thomson and Kobe Haseldonckx showing great resilience during their matches and improving greatly from their first to their last matches. U11 Lucas Curry played consistently well to be a very strong player for the zone, as did U15 Jacob Curry, U17 Eric Marsh and U17/19 Daniel Marsh. U15 Alex played consistently well for the zone, winning 2 of his 3 matches.

On the girls side, we were challenged to be missing the very valuable Hannah Slyth and Josie Jones; further worsened when Teagan Scott (U13) and Renee Tan (U13) both fell sick with no notice on day 1, leaving U11 Miranda Clarke to fill some very big U13 shoes, and Joey Scott to play 4 matches on day 1 for both the U13 and U15 age groups. U11 Meetra Gunalan played in her first tournament, chalking up her first ever match win. Thankfully, U13 Renee Tan recovered for day 2 with strong wins in both U13 positions, and we again relied upon Joey to play twice for the U15 and U17/19 age groups after hard-hitting Cassie Willsher had to go to work! U15 Kayla Clarke put in some excellent squash to win both of her matches, and got physically stronger each match! Stella Peake put in admirable performances against very experienced opponents, but her greatest achievements were definitely with her spectacular enthusiasm, support and encouragement of her fellow teammates.

Without a doubt, our best Zone ambassador for the event was **Stella Peake** from Blue Gum. She did an absolutely awesome job of motivating her fellow teammates and getting to know and support them through their journeys, despite not having ever met any of them prior to the event. Most valuable support was also won by the fabulous **Yvette Clement** who was amazing in being able to organise kids, voting, results, refs, scorers and generally keeping the kids in line whilst remaining completely calm.

Congratulations to the kids for winning the Event, and thanks also to the parents for hanging in there for what was the third and fourth day in a row for many of them!



Thanks Derek! The Country Chameleons comprised of juniors from all over the state; from Broome, Bunbury, Esperance, Geraldton, Kalgoorlie, Moora, Mandurah and Narrogin.

Even though they were from different parts of the state they came together as a team. The Chameleons were supportive of each other and played some great squash. Caitlin Pratt stood out as the leader of the Chameleons, taking the younger children under her wing, and playing some great squash herself. It was great to see a number of the juniors stepping up for their first Zone Teams experience.

In the boys, Waldo Vorster showed great leadership and was always volunteering to referee or help the younger boys.

Great sportsmanship was shown throughout the tournament and a great time was had by all.

Thanks Caitlin! The country chameleons would like to thank Squash WA for another successful tournament!

This year the Country Chameleons team were lucky enough to have team shirts! We would like to thank Serena for organising these for us.

All the participants should be congratulated on their efforts and sportsmanship which was shown both on and off the court. We would also like to thank the parents of the players for bringing their children along and supporting them and the rest of the team.

A special mention to the U13 and U17/19 age groups for equally winning their age groups. Overall, the tournament was enjoyable, and we look forward to seeing you next year!





Thanks Eilleen and Josh!

It was great to see the camaraderie develop between the Northern Nicks (Mirrabooka and Marmion juniors) as the teams event progressed. Everyone got involved with supporting each others' games and our U11s were also involved.

Highlight of the event was seeing Northern Nicks players Laney Rawling and Alvaro Blackall being rewarded for their great sportsmanship and overall team leadership in winning the Joyce Barnett and Chas Renner trophies respectively.

We also enjoyed watching the U11 girls play, especially Eleanor Jones who was playing her very first competition. She was so excited to be there, she would run and pick up the ball after each point then run fast back to the serving box with a huge smile on her face. She would shake hands with her player after every game even after she had been told the match wasn't over. She was having a great time.

Match of the event would have been between Ruby and Kayla. It was a close one with Kayla winning 11-9 in the fifth! It was definitely some of the great squash seen throughout the event.

A happy time for the team was embarrassing poor Ruby when they all sang Happy Birthday to her in their loudest voice.

Northern Nick's training has already started as we look to regain our titles in 2024!!



WA STATE JUNIOR CHAMPIONSHIPS





Junior Zone Championships			
Central Champs	Country Chameleons	Northern Nicks	Southern Smashers
Andreas Christou	Caitlin Pratt	Sydney Ennis	Alexander Marsh
Carmela Christou	Aiden Finlay-Mulligan	Abhin Behl	Cassandra Willsher
Charlie Tear	Darien Khambatta	Alvaro Blackall	Daniel Marsh
Domenic Christou	Holly Carver	Arye BernSousa	Eric Marsh
Ella Clarke	Indigo Stapledon	Brendan Scott	Jacob Curry
Evie Clark	Isla Harris	Charlie Richardson	Joey Scott
Freya Shah	Jamie Nunn	Eleanor Jones	Kayla Clarke
Jasmin Legge	John Bourne	Emmy Dunstan	Kobe Haseldonckx
Justin Heyward	Joyce Tsao	Erezaav Khambatta	Lucas Curry
Kyle Mascaro	Kaelan Penn	Gregory Provendier	Meetra Gunalan
Leonard Bruce	Leo Van Straaten	Ivanka Lu	Miranda Clarke
Matthew Black	Michaela Sanyangore	Jessica Jellis	Nathan Thomson
Miles Sealey	Olivia Hibbs	Laney Rawling	Renee Tan
Peter Kuo	Trigg Barrett-Lennard	Mathys Edery	Stella Peake
Shaun Congrene	Waldo Vorster	Ruby Foo	Teagan Scott
			Tristan Thomson







Dylan & Erin Classen, Oscar Curtis and Hannah Slyth represented Australia and WA at the 2023 WSF World Junior Championships. Both our girls experienced close 5 game matches. Erin gave up a 2 games to 1 lead to Canada's Ocean Ma tough losing narrowly 6-11, 11-8, 11-7, 17-19, 10-12. Hannah had a tight Round 1 victory over Louisa Kaven (SCO) 9-11, 11-4, 12-10, 10-12, 12-10 to earn a match up against the #2 seed Fayrouz Aboelkheir (EGY). Hannah gave it her all but found the Egyptian (who bowed out in the semi 0-3) too strong going down 3-11, 1-11, 2-11.

2023 WSF World Junior Championships: Melbourne 18-23 July

Men's medallists, Individual Championships

- 1 Hamza Khan (Pakistan): 10-12, 14-12, 11-3, 11-6 (70m)
- 2 Mohamed Zakaria (Egypt)
- 3 = Melvil Scianimanico (France)
- 3 = Salman Khalil (Egypt)

Oscar Curtis: 18th

Dylan Classen: 40th

Women's medallists, Individual Championships

- 1 Amina Orfi (Egypt): 11-8, 11-5, 11-1 (31m)
- 2 Aira Azman (Malaysia)
- 3 = Malak Khafagy (Egypt)
- 3 = Fayrouz Aboelkheir (Egypt)

Erin Classen: Round 2 of the Plate draw

Hannah Slyth: Round 1 of the Special Plate draw

Women's Team Championship Final Standings

- 1 [1] Egypt
- 2 [2] Malaysia
- 3 = [3] USA and [5] England
- 5 [4] Hong Kong, China
- 6 [7] Canada

7 - [8] Australia

- 8 [6] India
- 9 [9] New Zealand
- 10 [10] Scotland
- 11 [12] Singapore
- 12 [11] South Africa
- 13 [13] Ireland
- 14 [14] Chinese Taipei

WORLD JUNIOR CHAMPIONSHIPS



















Leschengult Classic



SATURDAY NIGHT FUNCTION

26TH AUGUST





AMERICAN BEG WITH AN AUSSIE TWIST



BEERFARM Leschennult Tenus Classic



25-27TH AUGUST







SATURDAY NIGHT FUNCTION

Smokin' Bull BBQ The Platinum Project





REGISTRATIONS OPEN ON SPORTY











JULY SCHOOL HOLIDAY CLINIC

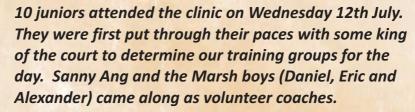








Thanks Tim Cowell. Due to a slight scheduling conflict, the July school holiday clinic was shifted to Mirrabooka which provided us with an opportunity to bust out the squash cannon and blaze pods!





The squash cannon was set up to allow the players to practice their drop shots, whilst the coaches could also look at their movement to the front. Daniel had them working hard with the agility ladders, reaction balls and blaze pods; testing them out with plenty of different movements.

Meanwhile 'Challenge Alex' saw the kids taking it in turns of trying to win enough points each game to eventually beat our under 15s state champ Alexander Marsh.

The day was wrapped up with a mini round robin tournament with the winners being Charlie Richardson in division 1, Peter Kuo in division 2, and Portia Ferguson in division 3. Owen Wilson and John Bourne were also awarded prizes for effort and improvement.

Thanks to Squash WA, Squashworld Mirrabooka, Healthways' Fuel to Go & Play campaign for their sponsorship and healthy messages, Serena's efforts behind the scenes and our assistant coaches for the day, Daniel, Eric, Alexander and Sanny.









SAVE. THE. DATE.

Country Neek 2023

Friday 22nd to Sunday 24th September 2023
Squashworld Mirrabooka
PAR scoring
Teams of 4, fee \$TBA
Men's and women's divisions
All players to be available for 1st round matches

(7pm Friday or 8.30am Saturday)

ENTRIES CLOSE 1st AUGUST 2023

Book your accommodation ASAP!!

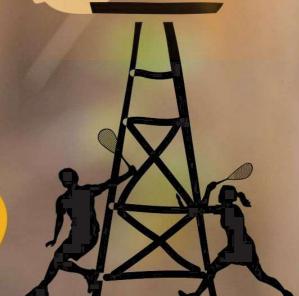
Sunday night function from 6.30pm

Cocktail attire



WA









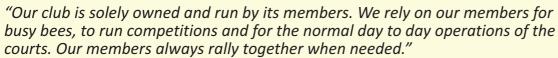




Home of the famous **Yellow Dot Ball**, the exceptionally excellent Esperance Squash Club is our August Club of the Month!

Esperance Squash Club is located on the corner of Harbour Road and Black Street, Esperance, which is 700km southeast of Perth in the Goldfields-Esperance region of Western Australia. This equates to a 7.5 hour drive or 80 minute plane ride from the state's capital.

The club was established in 1967 and celebrates their uniqueness in being one of the biggest in WA with over 100 members and eight courts accessible to members 24 hours a day! Court hire is also possibly the cheapest in WA and an absolute steal at \$6 per hour.





What does a week in the life look like for Esperance Squash Club? The club runs a Summer and Winter pennant competition with women playing on Tuesday nights, and men on Wednesdays. Their school term junior program also runs on Thursday afternoons. Preliminary and grand final evenings are a combined mens and womens event. Finals night is a large social event open to the public and is usually held on a Friday or Saturday night at the end of each season. They provide free food (catered for by their members) and cheap dinks from their licenced bar. Friday nights and Sunday afternoons are often very busy with people coming down for a social hit.

"Occasionally in the off-season, we run a mixed doubles competition. Our last doubles competition saw players dress up for the finals."

"Every year on the March long weekend we hold the Esperance Open. Last year we had around 130 competitors. We provide a fantastic, well catered for weekend for all competitors and spectators alike. The club members work tirelessly to provide food and free flowing drinks over the whole weekend, volunteering their time behind the bar and in the kitchen.

Every 2 years we organise the Yellow Dot Ball. This ball has been running for over 30 years. A committee is formed to organise this event. It requires a lot of tireless work. This is one of the most popular events in Esperance. Tickets sell out every year and it's one of our biggest fundraisers for the club."

Apart from all the squash fun that happens throughout the week, Esperance Squash Club are great at connecting with their local community!







"During COVID, our member numbers dropped quite significantly. To reboot, we held an open day in January 2023 for everyone that wanted to attend. At the open day we had well over 80 people turn up.

We had courts and racquets available for those who wanted to try squash, live music, sausage sizzle, bar and an exhibition match played by two of our top players. It was a well-received afternoon that promoted squash to a wide variety of people and brought back a lot of members to the game."

They hire their facility out to businesses and the

general public as a venue for events which provides an addition income stream, further strengthened through bar sales. School groups also hire the facility and use squash as part of their physical education curriculum. The Club owns an inflatable squash court that is hired out for community events to raise awareness for the sport, and for kids and adults alike to come and have some fun and try a new sport!

We asked who the MVPs at the club are, to which they responded, "we have an amazing committee who work







tirelessly to keep the club running so well. But our REAL MVP's would have to be our 16 life members. We vote on life members every couple of years. The criteria for which, to start with, is membership for at least 15 years. On top of this they have to have contributed to the club in other ways such as as Club President, Secretary, Treasurer, Pennants captain, committee member tournament organiser, participate in busy bees, etc. The fact we have so many life members, is testament to our amazing club which beams with committed, long standing, members".

Clarke and Stokes
Dunc's Liquor Barons
Esperance Mobile Ag Repairs
Esperance Toyota
Florissons Autos
Heasman & Associates Accounting

LJS Mobile Engineering
Mackenzies Electrical
Professionals Esperance Real Estate
Settlement Hub
Shark Lake Piggery
South Coast Foodservice

South East Fire & Safety
Southern 4 x 4
Sports Power
Thorp Realty
Top Signs

LET'S PLAY FAIR with Neil Butler

Rule 5 - The Serve

How often am I asked, "Don't you call foot-faults anymore?" My answer is "If I clearly see a foot-fault, I will call it."

The requirement is "at the time the sever strikes the ball, one foot

must be in contact with the floor inside the service box with no part

of that foot touching the boundary of the service box".

Sounds relatively simple rule but causes so may problems. The service box is 1600mm x 1600mm internal dimensions so how hard should it be to have one foot inside the box at the time of striking the ball. It only has to be the big toe in contact with the floor.

A quick calculation indicates that you can fit approximately 70 feet into the service box and yet we have trouble with getting one touching the floor.

Is there a solution?

If we look at tennis the server has to commence with both feet behind the line and is then able to jump into the air and forwards into the court in the action of hitting the ball.

Another alternative could be to make the service box smaller say $1.0m \times 1.0m$ and the player must commence the service action with one foot clearly inside the service box and if they drag their foot or lift their foot play continues.

Or perhaps we could all concentrate on playing to the current rules.

Finally, I'm also asked "Do I give a warning to the player who is foot-faulting?"

Response: "Do I give a warning the first time the player hits the tin? Do that again and you will lose the stroke!"

Rule 5.7.2 but you can read the whole Rule 5 for all the obligations of the Serve.



Questions of the Month

- 1. Mary's ball hit the front wall in the corner between the front and side walls, above the tin and below the out line. The ball became wedged in the corner. What should the Referees decision be?
- a) Yes let.
- b) No let.
- c) Stroke to Mary.
- 2. Mary is on court ready for the warm-up. John arrives after the time allowed by the competition rules. What may the Referee do?
- a) Allow the warm-up to continue.
- b) Award match to Mary.
- c) Apply a Conduct Penalty against John.

Answers on next page >>>



Quote for the Month

"There is nothing which we receive with so much reluctance as advice"

COACHING COURSE







Thanks Tim Cowell. After a postponement of courses nationwide, we ran our first coaching course for nearly 18 months on Saturday and Sunday 8-9 July at the Squash WA State Centre in Belmont.

Assisting me in running the course over the weekend was **Paul Kershaw** and **Sue Hillier**, as we worked with seven candidates looking to achieve World Squash Federation (WSF) Level 1 status.

The postponement of courses gave Squash Australia time to get all the states on the same page with the new content being adopted from WSF, aimed to simplify a couple of things, for our new coaches to jump in and start working with new players to the sport.

Saturday was full on as we progressed through the WSF coaching tools and shot production, whilst Sunday was dedicated towards seeing the coaches in action delivering lesson plans.

Overall, it was a great learning experience for all, with even the presenters learning a thing or two about different ideas being used at grass roots level.

It was great to see Shaun and Theresa down from Geraldton with the intentions of getting programs started back up at their club.

Clubs need volunteers for grass roots programs to function and these coaching courses are a great way to up-skill your coaching knowledge so that you can help new players out.

If you are keen to lend a hand, register your interest with Squash WA and we can keep you updated with upcoming courses.



Answers to Referee Questions:

- 1 a) Yes let (Rules 13.3 & 12.2.1)
- 2 b) Award match to Mary (3.7.3) Don't be late!

COACHES CORNER with Tim Cowell

It's time to rethink our choice of squash ball.

If my sources and memory serve correctly, the Dunlop Pro double dot ball was introduced into the market in the late 90s. The reason? The standard of professional players was getting to the point where a slower alternative of ball was required. Part of it could also have been the technology starting to be used in racquets, allowing players to generate far greater power in their shots.



Hitting the ball hard enough to keep it warm will rely on several factors: good technique, a certain degree of physical strength, and to a slightly lesser extent, the equipment is also a contributing factor. Juniors in a program will no doubt receive more coaching than most casual adults would, so might have a

technical advantage to generate power, but some adults will get away with average technique but compensate with brute force.

I'm going to come out swinging here with an opinion that might ruffle a few feathers out there. There are way too many players currently trying to play with a double yellow dot ball, that would be better suited using a single yellow dot instead. The double yellow dot ball was never designed for club level and casual players, yet seems to be adopted as the norm. The lower grades in pennants, in-house comps and tournaments, should seriously consider using a single yellow dot instead of the double yellow dot. This is especially the case at junior tournaments.

The curious thing for me is why the single yellow dot balls get such a bad wrap from club level players. After all, when you read the packaging, it is branded as a competition ball. The box doesn't say beginner ball. That's what the red and blue dots are for!

Years ago I was in that category of pro double dot for all. But then I found myself as a coach on the Trans-Tasman Tour in 2015 with the tournament taking place in Invercargill, NZ. The tournament conditions were that under 13s had to use a single dot ball. When you saw the difference in play you could perfectly understand why. The ball bounced. They had rallies lasting more than 3 shots. They could get their serves to the back wall.

From that moment I was convinced that even in the warmer climate of Perth, our younger juniors should be using single dots for much longer. The moment term 2 hits, my programs at Cambridge and Mirrabooka (and previously Brentwood), lock away the double dots and basically everyone plays with a single dot or below, bar a couple of the older juniors who can keep the ball sufficiently warm. It's also pleasing to hear a few other programs have followed suit and are seeing the positive difference.

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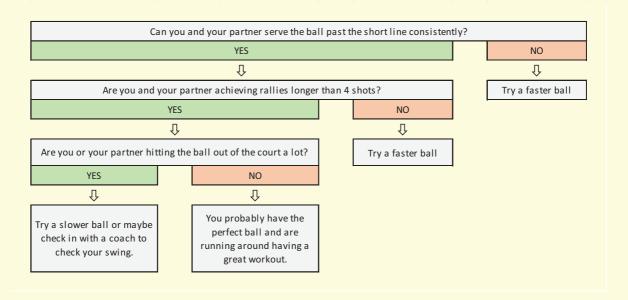
Squash prides itself on being the healthiest sport in the world for the potential workout achieved. But are we potentially short-changing ourselves by using a ball which doesn't bounce, ending the rallies prematurely? Just as your heart rate is beginning to rise, the rally is over, and you start to recover before the next ball is served. Imagine if each of those rallies lasted an extra 3 or 4 shots!

II SALMING.

One of the arguments is that a single yellow is an advantage for those who can hit the ball hard and a disadvantage for those who like to play a touch style of game. With a bit of practice and adaptation, you will still be able to hit a mean lob serve and drop shot. Yes, the hard hitter can hit the ball harder, but if they hit it too hard then it will come off the back wall higher and further, so it is a potential disadvantage for them and advantage for you. Instead, they might be able to hit it a bit softer, therefore conserve some energy, and use it to chase your drop shots instead! Maybe this might encourage new players into competition as they will feel they are more competitive if they have longer rallies as opposed to being beaten by numerous winners with a ball as cold as ice.

Even now in coaching lessons, I will be using single dots more often in the coming months for some experienced players for several reasons. Some closed routines can be a bit static, so it can be harder to keep the ball warm – especially drop or lob sessions. Stopping to chat for 30 seconds to demonstrate something would then require another few hits to warm the ball back up before continuing. Even the standard drinks break would result in another minute getting the ball ready. Plus, if you want to practice getting the ball out of the back corners, it helps if it bounces to begin with. So, what is the correct ball for you?

My recommendations fall between the following... (somewhat like the refereeing flow chart!)



One last final thought. Racquetball. Once again, for some reason Racquetball seems to cop a bit of a poor wrap here in WA, yet its growing in popularity on the east coast with older players transitioning to it from squash. Why? The ball bounces more! As players get older the bouncier ball is a bit more forgiving on the lower body joints so that they can still enjoy their trip to the squash centre and feel like they have worked up a decent sweat!

So, if you are sceptical about this, why not give it a go in your next training hit first. See if you notice the difference in quality and effort required.





SI	Α	Γ	E

MEN	WOMEN
Mike Corren	Pascale Louka
Blue Gum	VIC Park
Oscar Curtis	Sue Hillier
Mirrabooka	VIC Park
David Ilich	Zoe Petrovansky
Blue Gum	VIC Park
Tim Cowell	Erin Classen
Cambridge	Mirrabooka
Remi Young	Jo Hitch
Mirrabooka	Mirrabooka
Dylan Classen	Hannah Slyth
Mirrabooka	Blue Gum
Jason Patmore	Clare Slyth
Blue Gum	Blue Gum
Daniel Marsh	Emily Savic
Belmont	Marmion
Mitchell Van Heythuysen	Fiona Whooley
Belmont	Mirrabooka
Francois Vorster	Leigh-Anne Kaye
Mandurah	Mirrabooka

STATE U23 MEN			
Oscar Curtis	Mirrabooka		
Remi Young	Mirrabooka		
Dylan Classen	Mirrabooka		
Daniel Marsh	Belmont		
Mitchell van Heythuysen	Belmont		
Aedan Martin	Cambridge		
Eric Gray	Hilton		
Cooper Kennedy	Broome		
Kiran Byles	Marmion		
Jackson Kielv	Maddinaton-Gosnells		

NATIONAL

MEN	WOMEN
Rex Hedrick	Jess Turnbull
Victoria	Queensland
Rod Evans	Alex Haydon
Queensland	Queensland
Ryan Cuskelly	Donna Lobban
New South Wales	Queensland
Aaron Frankcomb	Colette Sultana
New South Wales	Queensland
Joseph White	Madison Lyon
Queensland	Queensland
Jean-Pierre Brits	Sarah Cardwell
Queensland	Queensland
Bryan Lim	Jennifer Condie
Queensland	New South Wales
Steve Finitsis	Vanessa Pickerd
Queensland	Victoria
Rhys Dowling	Samantha Foyle
Queensland	Queensland
Mike Corren	Pascale Louka
Western Australia	Western Australia

STATE U23 WOMEN			
Pascale Louka	VIC Park		
Erin Classen	Mirrabooka		
Hannah Slyth	Blue Gum		
Michaela Pratt	Blue Gum		
Caitlin Pratt	Narrogin		
Jade Woods	Eastern Goldfields		
Isla Harris	Moora		
Olivia Lindsey	Mirrabooka		
Isabella van Emden	Bunbury		
Josie Jones	Blue Gum		







JUNIOR RANKINGS

STATE



Top 5 JUNIOR RANKINGS

NATIONAL



31 July 2023

U11 Boys	U11 Girls		U11 Boys	U11 Girls
Lucas Curry	Jemi Martin	1	Benjamin Boardman	Elizabeth Wang
Leonard Bruce	Meetra Gunalan	2	Kai Dumbleton	Riyo Kawabata
Abhin Behl	Miranda Clarke	3	Jethro Llewellyn	Yashica Jiwa Mohan
Aneek Metkar		4	Grayson Coleman	Abbey Boswell
Ethan Skidmore		5	Wesley Correa	Annette Chow
U13 Boys	U13 Girls		U13 Boys	U13 Girls
Domenic Christou	Teagan Scott	1	Kaveen Kohombange	Olivia van Zon
Charlie Richardson	Olivia Hibbs	2	Thomas Wang	Nadia van Zon
Kaelan Penn	Renee Tan	3	Max Jones	Jaida Wigley
Leo Van Straaten	Ella Clarke	4	James Sanders	Timonaliz Alarcos Kriebisch
Arye BernSousa	Ivanka Lu	5	Charlie Richardson	Teagan Scott
U15 Boys	U15 Girls		U15 Boys	U15 Girls
Alexander Marsh	Joey Scott	1	Kasper Cheung	Sarbani Maitra
Luke Jamieson Jr	Jessica Jellis	2	Flynn Bartlett	Tina Ma
Andreas Christou	Kayla Clarke	3	Marcus Wang	Madison Nargar
Jacob Curry	Ruby Foo	4	Henry Kross	Lilly Wilson
Jayden Huynh	Holly Carver	5	Connor Haberecht	Maeghan Wang
U17 Boys	U17 Girls		U17 Boys	U17 Girls
Waldo Vorster	Hannah Slyth	1	Darcy Hayes	Amelie Guziak
Aiden Finlay-Mulligan	Isla Harris	2	Joshua Rahul Raj	Hannah Slyth
Eric Marsh	Josie Jones	3	Jarrod Atkins	Lijana Sultana
Alvaro Blackall	Sydney Ennis	4	Haider Naqvi	Emmy Lamb
Jonathan Groenewald	Jasmin Legge	5	Jackson Wylie	Joanne Joseph
U19 Boys	U19 Girls		U19 Boys	U19 Girls
Oscar Curtis	Erin Classen	1	Oscar Curtis	Madison Lyon
Dylan Classen	Caitlin Pratt	2	Kenneth Lamb	Courtney Scholtz
Daniel Marsh	Cassandra Willsher	3	Daniel Marsh	Shona Coxsedge
Preston Munro		4	Connor Hayes	Caitlin Pratt
Hamish Melvin		5	Harvey Allan	Dakshyani Muniandy
			ACT NSW NT QLD	SA TAS VIC WA

HANNAH SLYTH IMPRESSES IN EUROPE

While the Interschool Competition and State Junior Champs have been taking place, 16 year old Hannah Slyth has been representing Aussie grit at the European Junior Open (EJO) in Cologne, Germany, as well as the Dutch Junior Open (DJO) in Amsterdam, Netherlands.

At the EJO, Hannah won her first two matches in straight sets, before a loss in 3 to the #1 seed and overall winner, finishing 5th place in a draw of 24 players. At the DJO, Hannah finished in 16th place in a draw of 64 players.

WHAT an achievement from Western Australia's #1 U17 girl, and #2 U17 girl nationally! Blue Gum Squash Club and Hannah's family - you must all be beaming with pride right about now - we certainly are!!



European Junior Open GU17 Results:

https://www.europeansquash.com/sport/tournament/draw?id=62131E8E-AF9C-4AA3-918A-680E35841D3C&draw=4

Dutch Junior Open GU17 Results:

https://esf.tournamentsoftware.com/sport/tournament/player?id=63A51B32-B580-43AE-A52C-3CFE5801EEAF&player=37





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