

SQUASH WA NEWSLETTER: MAY 2023



WELCOME

A Message from our new President

Dear all member clubs, life members and valued volunteers,

Thank you for my recent re-nomination to the board. I look forward to serving the association as your President for this coming year. A big thanks to Glenn Hitch for his valuable contribution over the last few years. Thankfully, Glenn won't be going anywhere though! We need everyone working together to carry squash into the future to not only survive but to THRIVE.



For those that don't know me, I live in Busselton with my wife Megan and two young junior squash players Evie & Oscar. I started playing squash after electing 'Squash/Golf' as an optional Physical Education class in Grade 9. I didn't really fit into team sports; I was the never the first kid picked to be in the team.

Upon joining the Busselton junior squash club, I came to realise I was definitely not alone! It was the most inclusive environment I had ever stepped foot in, and formed a really important part of my teenage years. Not just in my development as a player, but also my personal development under the tutelage of great squash people such as Ron Clayton, Sean Brockman, Brian Roby, Warren Oliver, Dave Windsor and so many more.

As the years passed on and I started to form relationships with other clubs, players and volunteers, I came to realise that this environment was not just exclusive to Busselton. It was a state-wide environment, ingrained into the culture of our clubs and association. I believe that this is why squash in WA is so special. It comes back to the clubs, and the people driving and participating in them each and every day. I truly believe there is nothing else out there quite like it.

With your help, the Board and I are very excited to progress our Strategic Plan into 2023 and beyond, to not only protect our sport but grow our participation and footprint across the state.

I look forward to catching up with everyone in the coming weeks!"

Ryan Callegari





TM: This Month
HWR: Highest World Ranking

PSA PLAYER:	TM:	HWR:
Mike Corren	239	38
Oscar Curtis	281	251
Remi Young	387	384
David Ilich	428	210
Dylan Classen	751	630
Erin Classen	160	130
Pascale Louka	232	232

BEHIND THE SCENES with Leigh Kaye

A very special welcome to Brad Hibbs, Yvette Clement and Michaela Pratt who are making their Board debut! New President Ryan Callegari has served as Vice President since 2021 and has taken over the reins from Glenn Hitch. For those of you who don't know Ryan, you will soon discover that he is a passionate and dedicated fellow with a sharp wit, who will no doubt do great things for our sport. We are grateful for Glenn's leadership, and that he will continue to serve on the Board as Vice-President. You can get to know Ryan a bit more in this edition.

Autumn State Grade came to a close with the grand final taking place at Belmont on Thursday 27 April 2023. It was a great night of squash and celebration of winning teams, clubs and MVPs. Thank you to those who played this season. We are looking forward to growing the State Grade competition and urge players to get their nominations for the Winter season in as soon as possible as it kicks off in a little over two weeks!



Thanks also to the Pennant Committee (Lyn Chandler, Raelene Marriot and Richard Grain) for the planning and coordination that goes on behind the scenes. It's no mean feat running a competition, and we're so very grateful for you all. Visit the Squash WA website for more info and/or to sign up: https://wasquash.com.au/state-grade/.

Plans for the next phase of the State Centre upgrades have been submitted to the City of Belmont for approval. This includes the installation of an elevator, a universal access toilet and more. You are always welcome to swing by and take a look at what's been achieved so far, and what's to come, via the plans and designs now displayed at the centre.

The squash community came together at the State Centre on the evening of 31 March 2023, to celebrate how much we all achieved throughout 2022, and the people that work so hard in the backgrounds to make out sport and community as amazing as it is. Well done to all those nominated and in particular the winners: Tim Cowell (Coach), Luke Jamieson (Referee), Josie Jones and Daniel Marsh (Joint Juniors), Oscar Curtis (Junior Player) and Raelene Marriot (Volunteer). If there are stars that shine brightly in your club, please don't wait to nominate them. Nominations for all awards can be submitted at any time via the Squash WA website: https://wasquash.com.au/wa-squash-annual-awards/.

Well done to our representatives who recently competed at the Australian Junior Open: Oscar Curtis, Hannah Slyth, Daniel Marsh, Eric Marsh and Alexander Marsh, Trigg Barrett-Lennard and Caitlin Pratt. We're so very proud of you, and how hard you work to be such incredible athletes. It's fantastic that you're getting this exposure and likewise keeping WA on the map!

This year's WA Open is, as promised, bigger and better than ever! Not only have we secured sponsorship to upgrade it to a PSA-Satellite event, we are introducing a tournament shirt (also the first shirt to feature the new Squash WA logo), and hosting an event on the Saturday night at the Odin Tavern, Balcatta from 6pm. If you haven't signed up for the tournament yet, make sure you do so before this Friday 5 May as the entry fee will increase.

You can also sign up for the Odin Tavern event for \$25 when you register via SportyHQ: https://www.sportyhq.com/tournament/view/2023-WA-Open-PSA-Sat-and-HEAD-Junior-Classic-S. While the deadline has passed for pre-ordering a shirt in time for the tournament, there will be a small quantity available for purchase but these are sure to sell out fast, so to make sure you don't miss out, order yours via the website shop: https://wasquash.com.au/shop/. These will arrive before the end of June.

Speaking of massive tournaments, Country Week 2023 planning is well underway so country clubs: start getting your teams together and registered. Book your accommodation as soon as possible as well! A Save the Date flyer has been developed and included towards the end of this newsletter.

We're on the lookout for an administrator (preferably with bookkeeping skills) to join the team in the office, on a paid, part time basis. If you're interested in picking up some extra hours during the week, please shout out.

In line with feedback from Member Clubs indicating a preference for Masters to be part of the Pathway within clubs, and WAMS having Incorporated to become a private, unaffiliated separate entity, Squash WA are currently seeking interested persons to fill a Masters Sub-Committee to work with the Squash WA office. Please contact me if you are interested or if you would like to suggest someone. Please note that events run by WAMS Incorporated do not carry insurance for players, regardless of whether they are Squash WA registered or a member of a Squash WA Member Club. As this is an issue, we ask that all Member Clubs make their players aware of this.

BEHIND THE SCENES with Leigh Kaye

Information regarding coverage for Member Clubs and players can be found here: https://vinsurancegroup.com/squashaustralia/what-is-covered/.

Player insurance in a nutshell:

- Non-registered players are not covered by the insurance scheme under any circumstance.
- Registered players, playing in a non-sanctioned event, are not covered under the National Squash insurance.
- Registered players are covered for training, club championships, so long as the club is affiliated to the State body.

If there are any queries about any of this, please contact me directly.



On a final note, the Australian Junior Championships are just around the corner! Our Talent Squad are well into their training and have been working very hard in the hope they are selected for the State Team after the State Champs in July, for which we are looking for a State Team sponsor. We have set up a project in the Australian Sport Foundation portal which enables any sponsorship to be claimed as a tax deduction. If you or your business are in a position to be able to sponsor our State Team, I would be delighted to hear from you, so please reach out.



Looking to play squash more often?

Pennant and League Competitions

7.00pm or 7.30pm start time, 3x 12-14 week seasons per year, home and away style, mixed or ladies competitions available, beginners welcome!

Current options are:

- Monday nights
- Tuesday nights
- Wednesday day
- Thursday nights

Can't play every week? Got holidays planned? A FIFO worker? No problem! Just let us know what dates you can't make and we'll work around it.

We are always in need of reserves, so you don't have to wait for the next season to start playing!

https://wasquash.com.au/pennants-leagues/

Scan here to find out more:







JUNIOR SQUASH DEVELOPMENT PATHWAY

National/International



WA Squash State Team

Events

- Tournament Tours
- School holiday clinics
- Squash-a-thon

Competition

- Pennants
- Tournaments
- National
- International

..or just for fun!



WA Squash Talent Squad

WA Squash Academy,



Club Development Squad



Junior Club Programs















Referee of the Year: Luke Jamieson

Luke not only puts in many hours for Mirrabooka Squash Club, but also for WA Squash which in turn helps other Clubs and our sport to grow. Luke is asked to referee at various tournaments and competitions throughout the year, always says yes, and does so in a voluntary capacity. Luke is always positive, friendly and approachable, helps out in any way he can, and nothing is ever too much to ask. Luke also demonstrates excellent leadership qualities. He willingly shares his knowledge with anyone who wants to learn and is even running a workshop soon for anyone who wants to learn how to coordinate a tournament behind the scenes. Luke is truly an asset to Mirrabooka Squash Club, and the sport of squash in general.

Coach of the Year: Tim Cowell

Throughout 2022 Tim was head coach at Mirrabooka, Blue Gum and Cambridge. The latter of which he was also the Junior Coordinator as the club did not have anyone to fill the role. Tim makes sure every child he crosses paths with has an enjoyable, positive experience. Tim is passionate about growing squash, and advocates for the True Sport values at the junior programs he is involved in. Tim gives many hours each week, above and beyond what he is paid by Squashworld, to ensure programs are well advertised and attended (particularly through running the Inflatable Courts at local primary schools and handing out flyers to every single child). Tim is a respected member of the squash community as both a highly skilled sportsman, and possibly the biggest driver of junior participation in the state, ensuring the longevity of our sport into the future.

Junior of the Year: Daniel Marsh (Joint Winner)

Daniel has taken on a coaching and mentoring role within Belmont Saints Squash Club, and across WA. He coaches juniors weekly at Belmont, shares his knowledge and makes himself available to have a hit or provide advice to other juniors. When interstate, he watches fellow WA players and provides coaching and support if they don't have anyone. As a Club which did not run juniors for over 20 years, Belmont were very short of 'graduated' juniors to give back as mentors to the junior program. Daniel has provided us with a significant amount of expertise and enabled us to be more impactful with our program. Daniel also travels extensively to tournaments in order to compete, allowing regional players access to a higher level of competition. As a high performing athlete, he

has also provided both a footprint for excellence in dedication to training and become a target for other players to aspire to.

Junior of the Year: Josie Jones (Joint Winner)

Josie was the recipient of the Blue Gum Squash Club's Bernice Gryguc Award for Outstanding Contribution to the club during 2022, effectively their volunteer award, and as such is being nominated for the state equivalent. Josie has also recently supported WA Squash junior initiatives as a volunteer coach. Josie's support and volunteer work around the club, as a 15-year-old junior is inspiring to other members. Her commitment to squash and the junior program has strengthened the club in this regard. Josie is a valued club member, she role models the desire to improve, to play better, but to be fair, and enjoy the game of squash. She is well regarded by other club members, and her attitude towards the game is exactly what we want from our juniors.

Junior Player of the Year: Oscar Curtis

- Represented Australia at the 2022 World Junior Championships in Nancy, France.
- U19 Boys Winner and U19 Boys Doubles Winner at the 2022 Australian Junior Open.
- U19 Boys Winner at the 2022 Australian Junior Championships (didn't drop a single game in both the individuals and team events).
- U19 Boys Winner at the Oceania Junior Championships.
- Mens Open RU at the 2022 WA Open.
- All WA Boys #1
- All WA Men #2
- Male Junior of the Year and M.C. Hazel Award (Australian Junior Age Championships) at the 2022 Squash Australia Awards.
- Nominated for the 2022 Sportwest Rebel Sport Junior of the Year.

Volunteer of the Year: Raelene Marriot

Raelene is a magnificent club member and advocate for squash in Western Australia. She goes to extraordinary lengths each day and week to ensure that all participants are having their best possible squash experience. She is also behind the pioneering of the League format, which has been an outstanding success to combat the increased range of ability within club teams in the pennant format. Raelene is always available to suggest reserves and provide advice and support. Sponsored a number of WA Squash and Club events financially and through in-kind donations in order to make them viable.

- WA Squash Pennant & Competitions Sub-Committee Member.
- Committee Member of Day League, Thursday Night League, Monday Night League.
- Key contributor to developing draws, finding reserves, liaising with venues, and collating results.
- Tournament Director 2023 Australian Masters Games.
- Tournament Director 2023 UniSport Games (at short notice, and by herself)



Your quick guide to squash events being held in WA in coming months:

2023: May to August

MAY	5 - 7	Geraldton Open	Senior & Junior	Bronze	Geraldton
MAY	19 - 21	Broome Invitational			Broome
MAY	20	Marmion Junior Team Challenge	Junior		Squash Factory
MAY	26 - 28	WA Open	Senior & PSA		Mirrabooka
MAY	27 - 28	HEAD Junior Classic (Ability)	Junior	Silver	Mirrabooka
JUN	2 - 4	Golden Open	Senior & PSA		Kalgoorlie
JUN	19 - 21	SouthWest Masters <i>Teams</i> Tournament	Masters		Busselton
JUN	27 - 28	Interschool Squash Competition	Junior		Mirrabooka
JUL	1-2	State Junior Championships (Aged Based)	Junior	Gold	TBC
JUL	3 - 4	State Junior Championships <i>Teams</i> Event	Junior	Gold	TBC
JUL	14 - 15	Cambridge Open	Senior		Cambridge
JUL	21 - 23	State Masters Championships	Masters		Mirrabooka
AUG	5 - 7	FeNaCING Championships	Senior		Dampier
AUG	25 - 27	Leschenault Classic <i>Teams</i> Tournament			Leschenault



Don't forget to **ENTER** the 2023 WA Open to be played @ Squashworld Mirrabooka.

Lets make this event the best ever! You will see professional squash players and some of the best juniors in WA but most importantly, you will be able to compete at your level and win bragging rights!

Check out the link below for more information:

https://www.sportyhq.com/tournament/view/20 23-WA-Open-PSA-Sat-and-HEAD-Junior-Classic-S

Entries close on Friday 12th May 2023 @10:00pm ... so you need to get moving!

Seriously, don't miss this event ... it promises to be lots of fun for everyone!









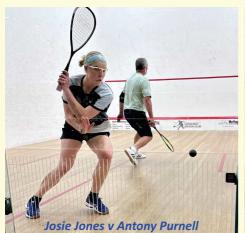
MANDURAH OPEN

Thanks Brad Hibbs and the Mandurah crew!

What a great weekend we had! Thank you to those who came along to compete or spectate/support. There were some injured among us that pushed on through and played anyway, and some who achieved their own personal wins!

Thank you to those who supported our club even further by sponsoring the event – without 'you' there is no 'us'. Massive thank you to our boss man / Prez / Brad Hibbs. Your ideas, organisation and hard work all came together beautifully for an awesome event!

Lastly, another massive thanks to the 'behind the scenes' team that handled fees, catering, and all the other bits and pieces that pull a tournament together. You all know who you are!!













Mandurah (Open Championships		Mandurah 21-22 April 2023
Event	Winner	Runner Up	Third
Open	Jason Patmore	Remi Young	Lewis Christie
Division 1	Brad Hibbs	Waldo Vorster	Matthew Hanzel-Fuller
Division 2	Sam Turner	Paul Griffith	Tom Grieve
Division 3	Andreas Christou	Jacob Curry	Tracy Marshall
Division 4	Mason Craig	Brandon Kitt	Cindy Parsley
Division 5	Charlie Richardson	Sydney Ennis	Mathys Edery
Division 6	Andy Fell	Teagan Scott	Jasmine Legge
Division 7	Lucas Curry	Kayla Clarke	Serena Richardson















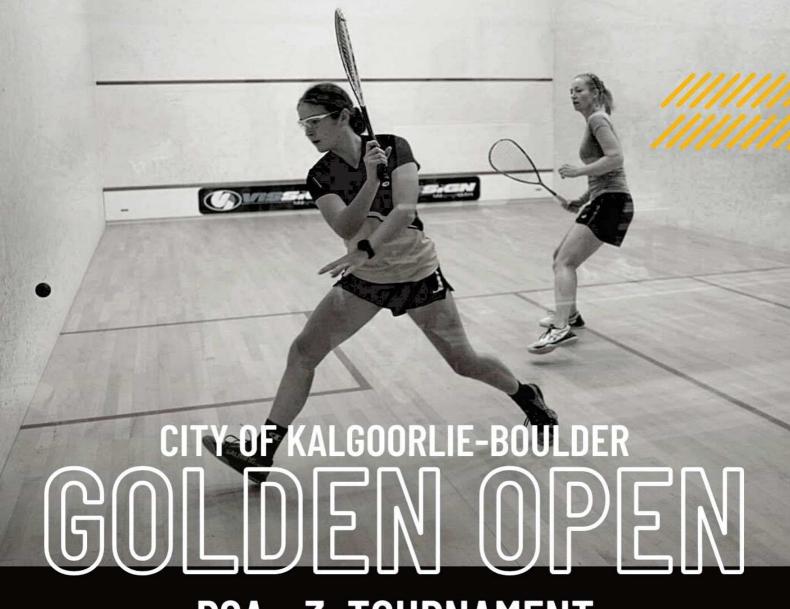






MAJOR SPONSOR
THANK YOU





PSA - 3 TOURNAMENT

2ND - 4TH JUNE 2023

Registrations open soon

FRIDAY NIGHT SPONSOR EVENT / GAMES TBC

SATURDAY GAMES

SUNDAY FINALS



SUNDAY DINNER AND PRESENTATIONS

FOOD - DRINK
AND "THE BOX GAME"



















COLLES OPEN

After a memorable 50th Golden Open Tournament, we are super excited for what the 2023 City of Kalgoorlie-Boulder Golden Open Tournament will bring!

This is Kalgoorlie-Boulder's annual tournament which is open to everyone! It is a great weekend of squash as we aim to host a variety of Womens, Mens, Masters and Junior divisions and also the PSA-3 draw.

- Friday Night: Depending on numbers, there may be matches to play.
 Please give notice if this will be an issue for you.
- Saturday: Competitive matches, yummy food from the canteen and icecold drinks from the bar will be happening all day Saturday.
- Sunday: Finals fever followed by the Sunday Night Dinner which will be catered by the amazing Debernales team. This will be a full buffet meal by one of the best chef's in town! Make sure you grab your ticket with your registration so that you don't miss out.
- Monday: Safe travels home :)

Thanks to some of our incredible sponsors we are going to host a Silent Auction this year, with the winners announced at our Sunday Night Dinner. The items we have are in the camping and 4WD accessories categories. Keep your eyes peeled on our facebook page for more information!

We hope to see as many of you as possible this year! Don't let the distance keep you away, The Golden Open is worth the drive (or the flight or the train).

See you in June!

Eastern Goldfields Squash Racquets Association:)









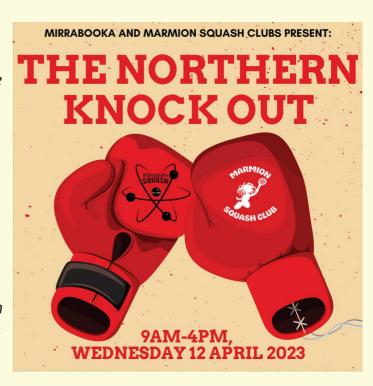


THE NORTHERN KNOCK OUT

Thanks Mirrabooka Squash Club! Mirrabooka and Marmion are 'sister' clubs that make up the Northern Nicks, one of the zone teams that compete in the state junior championships each year in July.

Not only do we have a great relationship, but we both also LOVE giving juniors as many opportunities as possible to get together in the name of squash. ...and so, **The Northern Knock Out** was born!

The inaugural event took place at Mirrabooka on Wednesday 12 April 2023 and attracted 20 juniors from the two clubs. The kids played A LOT of squash with four matches each – two of them even more as fill-ins. Amongst all the squash action there was even a table tennis tournament in the club room.



The juniors only stopped for a healthy morning tea of fresh fruit, crackers, dip and popcorn at 10.30am, then again at 12.30pm for a MYO ham/chicken/salad roll lunch and some juice.

Club points were awarded on games won, so whether it was 11-9 or 11-0, it made no difference. The focus for the event was FUN!

We let the kids name their own teams, based on 'Animals'. The first cab out of the rank was 'Blob Fish', but not to be laughed at, this Marmion team comprising Jono Groenewald, Mathys Edery and Laney Rawling delivered a solid performance, winning division 1. The 'Red Pandas', comprising Indigo Stapledon, Ethan Wallace and Ryan Liang, again from Marmion, took out division 2.



The runner up team in division 2 was from, yep, you guessed it — Marmion! The Eagles comprised Evie Clark, Ruby Foo and Abhin Behl. We even had a doubles round, the winning pair being Jono (Marmion) and Millard (Mirrabooka).

Sportsmanship awards were plentiful, in that five were given out! Congratulations to Evie Clark, Abhin Behl and Ethan Wallace from Marmion, and Antonin Cerny and Hayden Lockhart from Mirrabooka.

THE NORTHERN KNOCK OUT

What lovely juniors you are, both on and off the court!

In the end, Marmion proved too strong for Mirrabooka, finishing up with 36 points over 16. Jono, as the strongest player, was gently encouraged (haha) to give a speech at presentations, which he did with the beautiful manner he is renowned for.

Next year The Northern Knock Out will take place at Marmion and will include some badminton fun! For full results visit SportyHQ here: https://www.sportyhq.com/tournament/view/The-Northern-Knock-Out-Junior













STATE GRADE FINALS

Autumn State Grade - That's a Wrap!

The Autumn State Grade grand final took place on the evening of Thursday 27 April 2023. It was Team 4 (Francois Vorster, Antoine Cicco, Kiran Byles and Michael Mani) V Team 5 (Remi Young, Eric Gray, David Beattie and Christiaan Haseldonckx). Both number 4s were away so the 1s, 2s and 3s held down the fort.

From the flip of the coin toss, Remi's team was there for one reason and one reason only... to win. The number 1s stepped on court first. Francois certainly held his own, but in the end, Remi proved too strong, winning in a very close five-setter (11-2, 6-11, 11-7, 5-11, 11-5).

The telling tale was in the second match. Antoine needed to beat Eric to keep his team alive, however Eric won the match 3-1 and gave his team the victory (4-11, 11-9, 11-6, 11-2).

The dead rubber between David Beattie and Kiran Byles was more like an exhibition match with Kiran showing just how well he could run down a tight shot. Beatles did come away with the win 3-1, but what a show Kiran put on (6-11, 11-8, 11-6, 13-11).

The MVP (most valuable player) was awarded to Michael Mani, who was unfortunately not there to accept. Michael and his partner are currently seeing the sights in Europe!

The Club trophy went to Belmont (Daniel Marsh, Gavin Sutherland, Heddwyn Brahma and David Beattie). David accepted the award on behalf of the Club.

Thanks also to the players who took part in the Autumn State Grade Season. We thank you for what you're doing for squash and hope that the Winter season is bigger and better than ever! Nominations are open for the Winter season which commences on 18 May 2023. Get your nominations in now!! https://wasquash.com.au/state-grade/

Finally, a HUGE thank you to the Squash WA Pennant Committee who work tirelessly behind the scenes — **Lyn Chandler, Raelene Marriot, and Richard Grain** — you're all worth your weight in gold!!













2023 WA OPEN PSA SATELLITE

AND HEAD JUNIOR CLASSIC (SILVER)





26-28 MAY 2023

SQUASHWORLD MIRRABOOKA

SIGN UP NOW VIA SPORTYHQ







Thanks Neil Butler and Luke Jamieson ... The 2023 World Transplant Games took place in Perth this year. Some 2,000 athletes competed in more than one of the 17 sports on offer, which also included Athletics, Badminton, Basketball, Cycling, Darts, Golf, Lawn Bowls, Petanque, Running, Six-a-side Football, Sprint Triathlon, Swimming, Table Tennis, Ten Pin Bowling, Tennis and Volleyball.

The squash event attracted over 30 players and was hosted at Squashworld Mirrabooka, with training on Saturday 15 April and matches on Monday 17 April. The Games are open to solid organ recipients and bone marrow recipients, while donor family members and living donors can also participate in selected events.

The singles competition was split up into age groups which saw a total of 33 players vying for a gold medal on the Mirrabooka courts. After the squash was completed, most of the players were off to complete in other sports over the next four days. Players competing in squash were from Australia, Great Britain, France, South Africa, Iran, India, Hungary, Switzerland, New Zealand and the USA.

Neil shared, "Players competed with fierce competitiveness and complete fairness. Off the court the enthusiasm and camaraderie had to be seen to be believed. On the Saturday I managed to interview three players Laurence Smith (61) from New Zealand, Helen Tasker (68) from Great Britain and Winston Baatjies (57) from South Africa. I asked a series of questions from which I learned that just because you



have an organ replaced, life does not stop, it in fact makes you more determined to get on with life."

Laurence has had two kidney transplants, the first in 2000, then the second in 2012. Helen and Winston have both had liver transplants, in 2017 and 2018 respectively. While it was Winston's first time competing in the World Transplant Games, Helen has competed twice before, and Laurence five times, winning two gold, one silver and one bronze medals!

In preparation for the games, Laurence plays squash all year round, up to five times per week, as well as a bit of tennis here and there. Winston plays squash 3-4 times per week and cycles, and Helen fills her week with squash, badminton and table tennis.

Neil asked each of them what it meant to have the opportunity to compete in the Transplant Games, and represent other transplant recipients who may not be able to play the sport they love. Their responses were nothing short of inspirational.

Laurence shared, "After the transplants, I was determined to remain fit and well, and felt extremely lucky that I could continue my sporting life. Life was for living."

WORLD TRANSPLANT GAMES

Winston shared, "After the transplant I was given a second chance at life and was determined to remain fit and well and able to celebrate and appreciate life."

Helen was grateful for the "opportunity to continue on with life and thank the donor who gave their life for this opportunity to do so".



While Laurence was focussing solely on squash this time around, Winston was also competing in cycling, and Helen, Badminton and Table Tennis. Helen finished up with gold in the 60-69 years category, Laurence silver in the 60-69, and Winston bronze in the 50-59. A simply outstanding effort.

Our own Aussies did us proud with Brent Barton picking up silver in the 40-49 men's age group and Joshua Caten picking up bronze in the 18-29s. At the medal ceremony the chants of 'Aussie Aussie Aussie' rang loud and clear for everyone in the centre to hear! Glorious national pride!

Luke shared, "My match of the Tournament was between Gijvijay Gujral of India and Razaei Hossein of Iran. Battle cries filled the centre with every hard earned point, gasps from the crowd with every thrilling shot, and despair on their faces from every missed opportunity. While the language barrier was real, nobody else in the centre spoke Persian, and my hands worked overtime to display the score. The spirit of fair play and national pride shone through, however. Gijvijay eventually won in five (11-5, 11-13, 9-11, 11-4, 11-4) taking out the bronze medal in the 30-39 men's age group, although it had the true intensity of a gold medal play-off!"

Luke went on, "Refereeing this squash tournament was a unique experience, with participants sharing stories of their lung and kidney transplants, and the challenges they had overcome to get to this point. Every one of them was a medallist in my eyes. Never have I ever seen bigger smiles from a group of players. Bravo!"









Thanks Charlie Richardson. Term 1 pennants was lots of fun. The theme was Metal Mania so all the teams were named after a heavy metal band. I especially enjoyed the doubles matches. The chance to play doubles is pretty rare so we really appreciated the opportunity to give it a go.

Luke (Jamieson) had some metal cups engraved to give to the doubles winners who were Ashton and Dom ("DOMASH"). The Div 1 and Div 2 winning teams also got trophies but they were tiny little plastic ones which was funny. They also got squash centre vouchers.

The Div 1 winners were Van Halen who had **Ashton Clement, Andreas Christou** and **Varshan Ray**. The Div 2 winners were AC/DC who had **Jerome Tan, Indigo Stapledon** and **Olivia Hibbs**.

There were also three sportsmanship awards. They went to **Ruby Foo, Mathys Edery** and **Tristan Thomson**.

I think everything ran smoothly. It was lots of fun but one thing I didn't like was that it was on Sunday mornings.

Sportsmanship

Winning Doubles Team

Division 2 Winners

Division 1 Winners





SAVE. THE. DATE.

Country Neek 2023

Squashworld Mirrabooka
PAR scoring
Teams of 4, fee \$TBA
Men's and women's divisions
All players to be available for 1st round matches

Friday 22nd to Sunday 24th September 2023

(7pm Friday or 8.30am Saturday)

ENTRIES CLOSE 1st AUGUST 2023

Book your accommodation ASAP!!

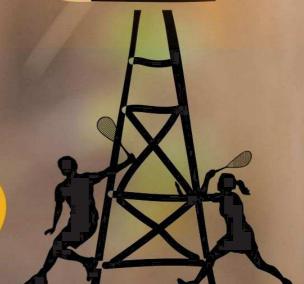
Sunday night function from 6.30pm

Cocktail attire



WA





AUSTRALIAN JUNIOR OPEN







Players travelled from overseas and all states and territories to compete in the U11 to U19 male and female events comprising the **2023 Australian Junior Open** at the Melbourne Sports and Aquatic Centre, from 22 to 24 April.

The WA representatives were Hannah Slyth from Blue Gum (GU19), Caitlin Pratt from Narrogin (GU19), Oscar Curtis (BU19) from Mirrabooka, Daniel Marsh (BU19), Eric Marsh (BU17) and Alexander Marsh (BU13) from Belmont and Trigg Barrett-Lennard from Broome (BU17).

Hannah and Caitlin both had a bye in the first round, and then won their second round matches in straight sets. Caitlin then faced top seed Madison Lyon who proved too strong for one of only two of our country WA representatives (11-4, 11-4, 16-14), but Caitlin put on a fight until the very last second. Hannah was triumphant in her third round match against Shona Coxsedge which lasted for 40 minutes (12-10, 9-11, 11-5, 11-9) before also facing Madison in the final. Madison kept hold of her winning streak in the end and Hannah, at the age of only 16 years, walked away with the Runner Up title in the girls under 19 race. A truly phenomenal achievement.

In the under 19 boys race, Oscar remained undefeated, dropping only one game throughout the tournament, taking out the title by defeating Kenneth Lamb in the final (11-1, 11-8, 11-1). After a first round bye, Daniel took out Queensland's (originally from the US) William Krizek in four (11-8, 3-11, 11-4, 12-10), before sustaining an injury in his next match meaning he was out for the

AUSTRALIAN JUNIOR OPEN

Australian Junior Open Squash Championships Melbourne Sports & Aquatic Centre (MSAC): 22-24 April 2023				
Event	Winner	Runner Up	3rd Place	
U11G	Elizabeth Wang	Timonaliz Alarcos	Riyo Kawabata	
U11B	Kovin Surendran	Shayan Samtani	Muhammed Harmas	
U13G	Emily Senior	Olivia Van Zon	Nadia Van Zon	
U13B	Kieran Willathgamuwa	Alexander Marsh	Thomas Wang	
U15G	Sarbani Maitra	Grace Spencer	Nuraisya Mohd Zaimi	
U15B	Erwin Christopher	Flynn Bartlett	Kasper Cheung	
U17G	Maiden-Lee Coe	Lijana Sultana	Emmy Lamb	
U17B	Joshua Rahul Raj	Darcy Hayes	Haider Naqvi	
U19G	Madison Lyon	Hannah Slyth	Courtney Scholtz	
U19B	Oscar Curtis	Kenneth Lamb	Harvey Allan	

remainder of the tournament. Another 17 year old competing against the best in the country in the under 19s category and making us all proud beyond words.

In the boys under 17 event, both Trigg and Eric's opponents proved too strong, despite them fighting hard for each and every point (9-11, 6-11, 3-11 and 11-13, 8-11, 5-11 respectively). Eric finished up 17th and Trigg 23rd; a fantastic achievement with 30 boys in that draw!

After a first round bye, Alexander Marsh very comfortably took down Queensland's Levi Moxey in straight sets (11-1, 11-1, 11-3), before a 38-minute five-setter with top seed James Boswell (11-9, 4-11, 11-8, 5-11, 11-9). This impressive win took Alexander into the final against #2 seed, New South Wales' Kieran Willathgamuwa. Kieran proved the stronger player on the day winning 11-5, 11-7, 11-8 so Alexander walked away with the runner up title in the boys under 13 race.

What our WA kids achieved over the weekend was nothing short of spectacular. We are so very proud of you all for the grit and determination you demonstrated, and can't wait to see what you do next!!

Full results are available on SportyHQ here:

https://www.sportyhq.com/tou rnament/view/2023-Australian-Junior-Open

Photo credits: Squash Australia



CLUB OF THE MONTH

Cambridge Squash Club



We are thrilled to introduce you to Miss May – the wonderful Cambridge Squash Club, who are based out of Squashworld Cambridge, 292 Cambridge Street, Wembley!

The Cambridge Open is their major annual event which draws quality players from all over the state. The Club runs a canteen to provide food for players and spectators throughout the tournament, and wrap things up with one of their famously enjoyable after parties.

The annual Club Championships event is open for all members to enter, and some years they have opened it up to regular visitors to the courts as well. Club members from all grades and membership types are encouraged to play.

They also proudly host a Junior teams event each year, at which the Club again runs a canteen to keep all the hungry juniors and their families well-fed.

We first asked the team what makes their Club the best in Western Australia.

"Firstly our great location in the leafy suburb (and top Christmas lights street) of Wembley, and right next door to <u>'Alberts</u> which is a handy watering hole after a tough match with a mate. <u>The Racquet Shop</u> inside caters for squash, tennis, badminton and more. We have a dedicated club room for committee meetings and weekly pennant competition suppers.

Secondly, the great people of our club are gold. They are always smiling, friendly, supportive and all there for the right reasons. We also have the best curry nights for events such as last year's 60th anniversary celebrations; co-owner Simmo (Adam Simmons) is our go-to curry God!



Lastly, our inclusiveness – not only is everyone welcomed for all in-house and social weekly events, but also when there are tournaments throughout the year where travel is involved; our members band together to coordinate travel and accommodation, and share expenses and experiences.

It's such great fun to go to tournaments as a group, as far as Esperance or Katanning or even the FeNaCING Squash Tournament hosted by Dampier Squash Club. Inclusivity is the practice of creating great squash opportunities for a broad range of users and their varied squash abilities – which is demonstrated in all aspects of how we invite in and retain our club members."

What does a week in the life of Cambridge Squash Club look like?

Well, there are all levels of involvement for Cambridge members, from social hits to pennants to juniors!

"Every Monday and Tuesday we have Cambridge members that play in the Squash WA Pennant competition, with 32 members currently playing this month. Pennant players are issued with the must-have signature blue club shirt. Every Wednesday night and Saturday morning we conduct a social squash hit. This is very inclusive for players of all levels and to whoever shows up, whether a club member or a visitor.

There is a popular Thursday night in-house social competition, based on 20 minutes of continuous play. Participants play in teams of four. It's all not too serious, but we always see good competitive games here. The bonus is to have Dean Williams running this competition! Friday nights is our junior training night which is run by Audrey, James, and Amos. We have usually 25 to 30 children and youths, and are always looking to encourage more to join in on the fun and coaching."

We asked who the MVPs are at Cambridge Squash Club?.



James Barr



Dave Lawford & Audrey Smith



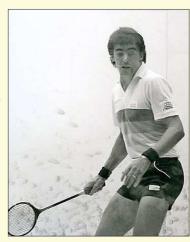
Barb Wood



Sue Loader

"Our committee includes Life Members Dave (Secretary) and Audrey, as well as Michelle, Sue, Jamie, Barb (Club Captain), James (President) and Mason (Treasurer). Audrey, Dave and James have been nominated for the Squash WA Volunteer of the Year award. Tim Cowell also does a wonderful job running the Friday afternoon junior program, assisted by Audrey, James and Amos Bruce.

But our biggest star member is **Dean Williams.** Dean was one of the leading players in the game in the late-1970s and 1980s, reaching a career—high world ranking of World No. 3 in 1984. He has been a long standing member of Cambridge Squash Club for more than 20 years. Dean brings his experience, welcoming smile and sense of humour to our Thursday night in-house competition. We feel very honoured to have him



Dean Williams

at the courts with us each week."

Finally, we asked the crew what they wanted people to know about their Club?

"Our committee is so awesome! All roles are full, however we could do with some young blood, and so encourage our 20 to 35 year olds to not be shy and put their hand up at our next AGM which is at 12:30pm on Saturday 13 May. We are especially looking for helpers on Friday night afternoons to help out with junior coaching, where there is always room for more mentors to bring our rising stars up the ranks."

Thanks so much for chatting with us crew, and keep up all the amazing work you do!!

Special shoutout to the sponsors of Cambridge Squash Club ...

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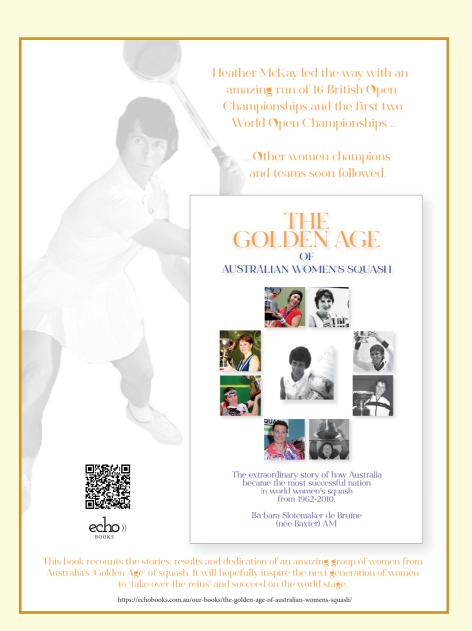
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2023 MARMION JUNIOR TEAMS

3 player teams (reserve optional)
Teams graded by combined SPORTY HQ points of the 3 players
Event is mixed grade ... no separate girls or boys event
\$75 per team

Saturday 20th MAY 2023

Entry is via your Club Junior Coordinator

ENTRIES CLOSE 8:00pm TUESDAY 16th MAY 2023

No late entries will be accepted

Tournament Director: Sue Cowell
Enquiries: Sue Cowell on 0416 082 778 or sicowell@hotmail.com

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COACHES CORNER with Tim Cowell

Serving and Returning ... As a coach, I find the serve to be a fascinating topic when it comes to trying to practice. The trickiest thing with the serve is it can be quite static, more on that later.

In training drills and routines, targets can be used on the walls or floors to aid players in where to try and aim to hit the ball. Hitting the target would often result in a very rewarding shot in a match. Targets can vary though based on a number of factors including weather conditions, court conditions and the player's own ability. We do this quite a bit with the serve, the bucket in the corner or targets on the side wall, it certainly is one way of spicing up a not so exciting shot.



The tricky thing is though that sometimes we could hit a shot that is nowhere near our target area or minimum standard, but it could still end up being a winner in a match, depending on the circumstances.

The following has happened countless times in training sessions. Players have spent a portion of time practicing their serves and returning serve with a straight drive. Then they get into some open match play and at 0-0, the player returns the serve with a loose cross court for a winner. The reason? The server was clearly in autopilot, so used to their opponent hitting straight, that they wandered across waiting for the straight drive, which didn't come! Their over-commitment and lack of perception just turned an ordinary cross court drive into a winning shot!

On the flip side to this is observing players setting up for the 'ideal target area' serve only for their opponent to hit a loose, loopy serve right on top of them. Some poor footwork and reaction times later and this ordinary looking serve just aced their opponent! A couple of SWAN editions ago I spoke about closed skill vs open skill routines and the serve can fit into that category as well. The point I'm trying to make is that especially for the serve, we can potentially be too fixated on the 'perfect target' to hit, when we need to consider a few other things. Having the ability to change our serve up deliberately to catch our opponent off guard or target a weak spot is a better approach instead of the same target for every opponent.

Here are a few tips to hopefully make a difference to your serve and return.

Serving ... Is your ball toss/release consistent? Can you throw the ball up and catch it 5-10 times in a row with a straight arm, away from your body? If no, practice trying to get your throw into the same spot. Whilst your ball toss might not be in this position, being able to consistently put it in your impact spot will help improve your consistency.

Is your position balanced? Can you comfortably get to the T in time for your opponent's shot? If you are stepping away from the T with your service action, do you have enough time to get to the T to prepare for your opponent's shot.

Where is your opponent standing? Are you aiming your serve to land in an awkward spot for them to hit?

When receiving serve ... are you watching your opponent and their action? Are you judging that ball to know where it is going to end up? Do you need to volley it or should you let it bounce?

The last point I will leave you with is that the return of serve is a situation and not a specific shot. A straight drive is a good response, if you are in the position to do so. If not, pick the shot you think you can play which will move your opponent off the T.

Something to Try ... 4 Shot Rally

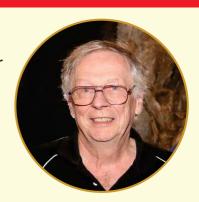
After the serve and return of serve, the server is trying to win the rally with the next shot. If the receiver retrieves the ball, they win the rally.

LET'S PLAY FAIR with Neil Butler

Communications between Referee, Marker and Players

Frequently, I'm asked about how communications between Referee, Marker and the players works.

Let's start with the players. A player is able to request a Let ("Let Please") for interference or an appeal ("Appeal Please") against a Marker's decision or lack of decision.



The request for a let must be made without undue delay and the Referee must be satisfied that the player is actually requesting a let.

The appeal against Marker's decision or lack of decision can be either made at the time of the occurrence by stopping play and asking for a decision or by continuing on until the rally ends and then appealing only if the player has lost the rally.

A player cannot appeal against the Referee's decision in either case of a "Let Please" or "Appeal Please".

In certain circumstances the asking for a Let can be non-verbal if the position of the Referee and Marker is such that it would be difficult to hear the player's appeal.

Now the Marker. All requests or appeals are directed to the Referee and not the Marker. The Marker does not answer any LET or APPEAL requests.

The Marker only introduces the match, call the play (Out, Not-Up, Down, Fault, Han-Out), calls the score (Ove -all, 1-Love, 10-8 Game Ball, 13-12 Match Ball etc.) and concludes by saying who won the match together with the game scores.

The Marker can communicate with the referee during the rally if not sure about a particular so at least the Referee has an idea when an appeal may come at the end of the rally. This not an excuse to "Pass the Buck".

Finally, the Referee. If the Referee is uncertain about the reason for a request, must ask the player for an explanation.

The Referee does not consult with the Marker as to what the decision should be.

Neither should the Referee listen to the surrounding spectators before making a decision. The Referee makes all decisions on No-Lets, Lets and Strokes.

If the Marker has made an error in calling the score or not making a call, then the Referee can step in and correct the situation.

As a Referee if I have good Marker my job is much easier as I only have to really concentrate on the

LET'S PLAY FAIR with Neil Butler

play and less on the Markers calls etc.

This is only a brief overview of the roles of each person involved in a squash game. For further explanations go to WSF Singles Rules for:

Rule 3 - OFFICIALS - Clauses 3.6 and 3.7 ● Rule 8 - INTERFERENCE
 Clauses 8.2, 8.3, 8.4 and 8. ● Rule 10 - APPEALS ● APPENDIX 2 OFFICIAL'S CALLS Clauses 2.1 and 2.2



Questions of the Month ...

- 1. If the score reaches 10-all, when is the game won?
- a) When one player leads by 2 points
- b) When one player leads by 3 points
- c) When either player wins the next rally



Answers are on page: 30

- 2. When must the Marker call "10-all, a player must win by two points"?
- a) Every time the score reaches 10-all in a match.
- b) When the score reaches 10-all for the first time in a match
- c) Only if the score reaches 10-all in the final game.

Quote for the month ...

"Progress is like a wheelbarrow. If you don't keep pushing it, it stops." - WGP



Belmont Saints Squash Club

50th Anniversary Sundowner



SATURDAY 20TH MAY 2023 4:30PM - 7:00PM

> 144 Robinson Avenue BELMONT, WA 6104

Exhibition Squash Game at 4:45pm
Finger food provided & drinks to be purchased at bar
RSVP through Eventbrite

STATE



Top 5 JUNIOR RANKINGS

NATIONAL



30 April **2023**

U11 Boys	U11 Girls		U11 Boys	U11 Girls
Lucas Curry		1	Benjamin Boardman	Elizabeth Wang
Leonard Bruce		2	Kai Dumbleton	Riyo Kawabata
		3	James Sanders	Yashica Jiwa Mohan
		4	Grayson Coleman	Abbey Boswell
		5	Wesley Correa	Shara Sumanth
U13 Boys	U13 Girls		U13 Boys	U13 Girls
Alexander Marsh	Teagan Scott	1	Kieran Willathgamuwa	Olivia van Zon
Domenic Christou	Vera Bruce	2	James Boswell	Jaida Wigley
Charlie Richardson	Joey Scott	3	Kaveen Kohombange	Nadia van Zon
Leo Van Straaten	Ruby Foo	4	Thomas Wang	Teagan Scott
	Olivia Hibbs	5	Alexander Marsh	Matilda Lynn
U15 Boys	U15 Girls		U15 Boys	U15 Girls
Aiden Finlay-Mulligan	Jessica Jellis	1	Kasper Cheung	Sarbani Maitra
Andreas Christou	Kayla Clarke	2	Marcus Wang	Tina Ma
Luke Jamieson Jr		3	Henry Kross	Madison Nargar
Jacob Curry		4	Connor Haberecht	Lilly Wilson
Ashton Clement		5	Flynn Bartlett	Maeghan Wang
U17 Boys	U17 Girls		U17 Boys	U17 Girls
Waldo Vorster	Hannah Slyth	1	Darcy Hayes	Hannah Slyth
Alvaro Blackall	Isla Harris	2	Joshua Rahul Raj	Amelie Guziak
Eric Marsh	Josie Jones	3	Jarrod Atkins	Emmy Lamb
Jonathan Groenewald	Sydney Ennis	4	Haider Naqvi	Lijana Sultana
Trigg Barrett-Lennard	Jasmin Legge	5	Thomas Scott	Joanne Joseph
U19 Boys	U19 Girls		U19 Boys	U19 Girls
Oscar Curtis	Erin Classen	1	Oscar Curtis	Madison Lyon
Daniel Marsh	Caitlin Pratt	2	Kenneth Lamb	Courtney Scholtz
Preston Munro		3	Harvey Allan	Shona Coxsedge
Hamish Melvin		4	Daniel Marsh	Caitlin Pratt
Ben Robins		5	Andre Lynn	Dakshyani Muniandy



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