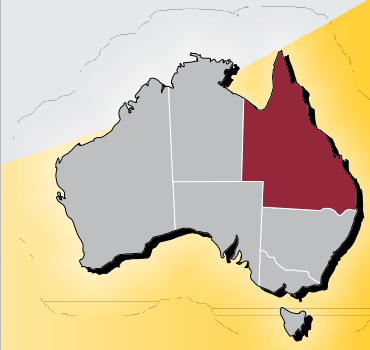




QUEENSLAND
SQUASH
NEWSLETTER



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**RACHAEL GRINHAM WINS
AUSTRALIAN OPEN**

EDITORIAL

November was a relatively quiet month in Queensland.

All eyes were on the Australian Open being played in Darwin.

Queenslander **Rachael Grinham** turned back time to demolish the field and win the PSA W10 event without dropping a game!

It was her first PSA title since December 2014.

Congratulations Rachael. You are such an inspiration to so many.

Meanwhile, **Zac Alexander** was in France as part of the Australian team. Seeded #4 the Aussie team finished equal 3rd.

Ouch !!! Check out all the action from the Men's World Team Championships.



Zac performed well winning 2 of his 3 matches including a vital one against New Zealand.

Rachael and Zac will be looking forward to playing in front of their home crowd when the 2018 CG gets underway in April.

Merry Xmas and Happy New Year to all our readers. May you have a very safe and enjoyable break.



What a character !!!

Photos courtesy of **MWT 2017**
Thank you

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<https://www.flickr.com/photos/145552786@N08/albums/72157689872821074>

THE CLOCK IS TICKING DOWN FAST

124 days to go as at 1/12/17



Christmas will be over before we know it and on New Year's Day there will be exactly 93 days left before the 2018 Games begin.

Our stars are building toward the Games with **Cameron Pilley** reaching the 3rd Round (the last 16) of the recent World Championships and **Rachael Grinham** winning the Australian Open.

Australia also performed well at the recent World Team Championships where Ryan Cuskelly, Cameron Pilley, Zac Alexander and Rex Hedrick performed well to finish equal 3rd.

Personally, I'm looking forward to watching our World Doubles Champions (Ryan Cuskelly and Cameron Pilley) hopefully win GOLD!

I'm also hopeful Rachael Grinham and Donna Urquhart can turn their World Championship result from Bronze into GOLD!



Australia's **Rachael Grinham** and England's **Jenny Duncalf** are preparing for the 2018CGs.



OUR AUSSIE TOP 10 PSA PLAYERS

Tom Calvert #8

Joshua Larkin	L	QF	Australian Open	4-11, 8-11, 6-11 (45m)
Rohan Toole	W	R2	Australian Open	11-1, 11-3, 11-2 (16m)

Alex Eustace #10

Rhys Dowling	L	R2	Australian Open	3-11, 9-11, 12-14 (35m)
Ryan Pasqual	W	R1	Australian Open	10-12, 12-10, 11-6, 6-11, 11-2

Rachael Grinham #2

Sivasangari Subramaniam	W	F	Australian Open	11-5, 11-9, 11-7 (28m)
Christine Nunn	W	SF	Australian Open	11-7, 11-5, 11-9 (29m)
Taylor Flavell	W	QF	Australian Open	11-1, 11-8, 11-6 (17m)

Jessica Turnbull #6

Sivasangari Subramaniam	L	QF	Australian Open	13-11, 15-17, 13-15, 11-5, 9-11 (54m)
Kaitlyn Watts	W	R1	Australian Open	9-11, 13-11, 11-6, 11-1 (31m)

PSA WORLD RANKINGS AS AT 1 DECEMBER 2017

	TM	LM	HR		TM	LM	HR
Zac Alexander	126	108	36	Rachael Grinham	32	36	1
Matthew Hopkin	129	126	89	Jessica Turnbull	78	77	73
Thomas Calvert	155	162	155	Samantha Foyle	84	82	73
Alex Eustace	206	214	206	Lisa Camilleri	90	86	28
Joel Luca	212	209	209	Samantha Calvert	127	127	111
Solayman Nowrozi	230	214	189	Taylor Jones	188	171	145
Courtney West	258	239	218	Courtney Mather	210	207	207
Lachlan Coxsedg	303	346	303				
Nicholas Calvert	351	347	316				
Ethan Eyles	522	500	475				
Ben Courtice	551	538	333				



AUSTRALIAN OPEN

Installed as the #1 seed **Rachael Grinham** hit a purple patch of form and beat all her opponents into submission in straight. She even avenged a loss she suffered at the Q Open beating Christine Nunn in the semi final.

In October Grinham lost to Nunn 8-11, 11-6, 11-13, 8-11 (52m) but in Darwin it was a clinical display by the former World #1 destroying Nunn 11-7, 11-5, 11-9 in a brisk 29 minutes.

The 2007 World Champion returned to the winner's podium for the first time since winning the Australian Closed in December 2014. Today at 40 years of age, Grinham is still ranked #32 in the World.

PSA W10 Australian Open

Final

[1] **Rachael Grinham** (AUS) bt [2] Sivasangari Subramaniam (MAS) 11-5, 11-9, 11-7 (28m)

Semi Finals

[1] **Rachael Grinham** (AUS) bt [6] Christine Nunn (AUS) 11-7, 11-5, 11-9 (29m)

[2] Sivasangari Subramaniam (MAS) bt [4] Nouran El Torky (EGY) 11-5, 11-4, 11-6 (22m)

Quarter Finals

[1] **Rachael Grinham** (AUS) bt [8] Taylor Flavell (AUS) 11-1, 11-8, 11-6 (17m)

[6] Christine Nunn (AUS) bt [3] Tamika Saxby (AUS) 9-11, 12-10, 11-5, 11-5 (42m)

[4] Nouran El Torky (EGY) bt [7] Abbie Palmer (NZL) 8-11, 11-6, 10-12, 11-8, 11-6 (46m)

[2] Sivasangari Subramaniam (MAS) bt [5] Jessica Turnbull (AUS) 11-13, 17-15, 15-13, 5-11, 11-9 (54m)

Round 1

[1] **Rachael Grinham** (AUS) bye

[8] Taylor Flavell (AUS) bt Jessica Osborne (AUS) 11-9, 11-2, 11-1 (19m)

[6] Christine Nunn (AUS) bt Shehana Vithana (AUS) 11-3, 11-1, 11-5 (19m)

[3] Tamika Saxby (AUS) bt Selena Shaikh (AUS) 11-7, 11-5, 12-10 (21m)

[4] Nouran El Torky (EGY) bt Noorena Shams (PAK) 11-1, 11-4, 11-1 (8m)

[7] Abbie Palmer (NZL) bt Lauren Aspinall (AUS) 11-4, 11-4, 11-5 (16m)

[5] Jessica Turnbull (AUS) bt Kaitlyn Watts (NZL) 9-11, 13-11, 11-6, 11-1 (31m)

[2] Sivasangari Subramaniam (MAS) bye

CONGRATULATIONS

2017 Australian Open Champion

RACHAEL

GRINHAM



2018 AFFILIATION



If everyone supports, everyone gains!

Full Registration \$73 per year

Seasonal Registration \$44 per season (Season maximum of 6 Months)

Monthly Registration \$15 per month

Remote Member Registration - See Note 1 \$33 per year

Associate / Social Registration \$33 per year (Non-playing members)

Q Squash Club Registration - See Note 2 - \$250 per year

Note: 1. Remote Member definition is for players whose primary club is greater than 300km from a major squash centre (Brisbane, Gold Coast, Townsville, Cairns, Rockhampton, Mackay) and entitles players to Player Insurance.

Note 2. Q Squash Club Registration is for Clubs who wish to be Q Squash Affiliated and entitled to Public Liability Insurance and the other club entitlements including Government Grants, Sanctioned Events, etc. but do not have 80% of members registered.

Personal Squash Affiliation Covers

- Q Squash affiliation
- Squash Australia affiliation
- Squash Personal Accident Insurance – Info: <http://goo.gl/5yctXZ>
- Free access to Squash Matrix / Sport HQ Portal
- Member Benefits Portal – Info: <http://Goo.gl/ZtmzPF>

Your affiliation to Q Squash is invited and would be very much appreciated.

To pay simply use the following link:

<https://www.sportyhq.com/payment/enroll/organization/73>

If you already have a SportyHQ account you just need to login.

Otherwise you will need to sign up for a **FREE** SportyHQ account.

Having problems? Email membership@squash.org.au

ZAC ALEXANDER AT THE WORLD TEAM CHAMPIONSHIPS



MARSEILLE 2017
SQUASH
25th MEN'S WORLD TEAM CHAMPIONSHIP WSF

Queenslander Zac Alexander has just represented Australia at the Men's WSF World Team Championship 2017 in Salle Vallier, Marseille, France.

Alexander performed well winning two of his three matches. His only loss was in the semi final where he played and lost to WN#15 Daryl Selby.

Alexander played a crucial role in the quarter final win against New Zealand. After Ryan Cuskelly lost an epic match against Paul Coll in five Alexander righted the ship before Cameron Pilley cemented victory.

The full Australian performance can be seen in this month's Australian Squash Player.

Semi-finals:

[2] ENGLAND bt [4] AUSTRALIA 3/0
Daryl Selby bt Zac Alexander 10-12, 11-7, 11-5, 11-7 (62m)

Quarter-finals:

[4] AUSTRALIA bt [6] NEW ZEALAND 2/1
Zac Alexander bt Evan Williams 11-4, 11-6, 12-10 (35m)

Pool D:

[4] AUSTRALIA bt [19] CZECH REPUBLIC 3/0
Zac Alexander bt Jakub Solnický 11-7, 11-7, 11-5 (35m)





ZAC ALEXANDER

Photos courtesy of MWT 2017

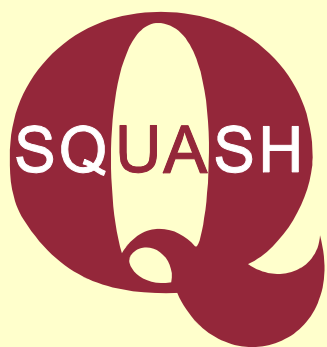


QJG 18



SCOTTVALE PARK

VENUE ADDRESS: 271 Richardson Road, North Rockhampton QLD 4701



Individual Championship

Sunday 1st July to
Wednesday 4th July

Team Championship

Friday 6th July to
Sunday 8th July

This poster is an early event notice to help you plan.
Further dates, costs, sponsors and other information
will be added in due course.

For more information contact:

ROS PRESTON ON 0409 270 419

CHASE YOUR DREAM

Hi, my name is **Lisa Camilleri** and I'm a squash player, coach, entrepreneur and business owner.

Today, I'm going to briefly explain what I have achieved through squash: I'm a 2 time Commonwealth Games representative, 5 times Australian representative, a former world #28 and I've won 21 professional titles.

I would now like to tell you a little about how my squash career unfolded and what sport has given back to me.

From the age of 8, I had a dream to one day get an Australian Institute of Sport Scholarship and to represent Australia. And so, from that choice my journey began.

But to have a dream is not enough. You must search for the right people that will have maximum impact on your improvement. And you must have an **unshakable desire** to achieve your dream.

My team today, consists of people that surround me with love, positive energy, confidence and they work with me to turn my dreams into reality.

I grew up on a farm in Murray Upper, so I lived 25 minutes from a squash court. At that time, there were no squash academies, coaches or institutes in Tully!

But I didn't let that get in my way. I loved squash and I wanted to become an elite athlete who would one day represent Australia.

How it all began

I played my first Queensland junior state title when I was 9 and I won it. I then went on to win every Queensland state title from the age of 9 to 18. When I turned 18 I was scouted by the Australian Institute of sport and moved to Brisbane to train under the AIS coaches.

I turned Pro at the age of 19 and I have played on the Pro Squash Tour for the past 16 years. In those 16 years I travelled the world, experienced different cultures, lived in Malaysia (Kuala Lumpur), America (Baltimore and New York), New Zealand and most importantly I earned the opportunity to represent Australia on 5 different occasions

I believe what I have really achieved through squash is:



DREAM BIG

(1) Opportunity

Having the opportunity to **chase my dream**, compete at the highest level and the ability to do what I love and what I'm passionate about for the past 16 years. There were lots of struggles, blood, sweat and tears lost along the way but when you are doing something you love it's all worth it.

(2) Resilience

Resilience comes a lot easier as you get older. When you're in your late teens and twenties you seem to want everything NOW! But, no one becomes a champion at anything in life unless you fail, fail, fail and try again. Sport is tough in the sense that you train your guts out, you get injured and at times have certain losses that you shouldn't have but sport teaches you to learn from your mistakes, set new goals and get back on track to achieving your ultimate goals.

(3) Personal Growth

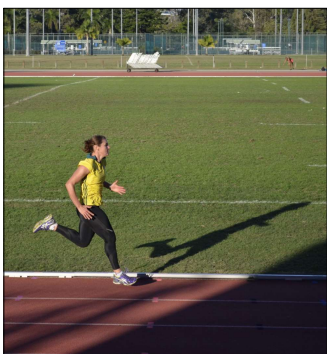
I was a very shy isolated young lady, I hated being away from home and I experienced separation anxiety. So, for me to pursue squash as a career was not really an ideal thing to do. But I knew I had to challenge myself, I knew I had to put myself out there if I wanted to one day represent Australia.

Pursuing squash was a path like no other. It has made me the person I am today.

As I come near to my retirement and as I look toward the next chapter of my life, I feel I can take on anything. My journey as a professional athlete has developed qualities in me that employers hold dear: team work, communication skills, leadership skills, time management, working under pressure, goal setting and the ability to work bloody hard to achieve.

I would encourage all junior athletes to not get obsessed with wins / losses, but to push yourself to the best of your ability each and every day. Engage yourself in the moment and have a vision or a dream of what you want from your sport, regardless of the outcome. If you do that, you will reap the benefits in the long run.

So, work hard and dream big!



City of Gold Coast

AUSTRALIAN JUNIOR OPEN



18TH - 21ST JANUARY 2018

NERANG
SQUASH
CENTRE,
QUEENSLAND

INDIVIDUAL AND DOUBLES EVENT
NATIONAL AND INTERNATIONAL
MALE AND FEMALE PLAYERS
U/11 - U/19



2018 CALENDAR

JAN	11	14	QLD	AJST P	Oceania Junior Championships	Redcliffe PCYC
JAN	14	14	QLD	Masters	QMSA Acacia Ridge	Acacia Ridge
JAN	15	16	QLD	Juniors	Trans Tasman Test Match	Redcliffe PCYC
JAN	18	21	QLD	AJST P	Australian Junior Open	Nerang
JAN	27	28	QLD	Masters	QMSA Hervey Bay	Hervey Bay
FEB	17	18	QLD	AJST B	Cairns Compulsory Junior Qualifier	Sportsworld, Cairns
FEB	17	18	QLD	Masters	QMSA Southport	Southport
FEB	18	18	QLD	AJST B	Southern Region Qualifier	Southern Region
FEB	25	25	QLD	AJST B	Acacia Ridge Junior Open	Acacia Ridge
MAR	3	4	QLD	X W5	Brisbane City - PSA W5	Brisbane
MAR	10	11	QLD	Masters	QMSA Stafford	Stafford
MAR	17	18	QLD	AJST B	Townsville Junior Qualifier	Townsville
MAR	18	18	QLD	AJST B	Southern Region Qualifier	Southern Region
MAR	25	25	QLD	AJST B	Redcliffe PCYC Junior Open	Redcliffe PCYC
APR	4	15	QLD	MAJOR	Commonwealth Games	Gold Coast
APR	22	22	QLD	AJST B	Southern Region Qualifier	Southern Region
APR	28	29	QLD	AJST S	Brisbane Junior Open	Brisbane
MAY	4	6	QLD	Masters	QMSA State Titles	Acacia Ridge
MAY	5	6	QLD	AJST S	Southern Region Qualifier	Southern Region
MAY	5	6	QLD	AJST S	Mackay Junior Compulsory Qualifier	Mackay Leisure
MAY	5	6	QLD	Doubles	Daisy Hill Doubles Championships	Daisy Hill
MAY	20	20	QLD	AJST B	Brisbane Junior Tournament	Brisbane
MAY	26	27	QLD	Masters	QMSA Alex Hills	Goodlife, Alex Hills
JUN	10	10	QLD	AJST B	Southern Region Qualifier	Southern Region
JUN	16	17	QLD	Masters	QMSA Gympie	Victory, Gympie
JUN	23	24	QLD	Masters	QMSA Gladstone	Gladstone



Queensland Masters Squash Association

Check out their website <http://qmsa.asn.au/>

Email: secretary@qmsa.asn.au



2018 CALENDAR

JUL	1	4	QLD	AJST G	QLD Junior Championships	Scottvale Park
JUL	6	8	QLD	Juniors	QLD Junior Team Championships	Scottvale Park
JUL	7	8	QLD	Masters	QMSA Nerang	Nerang
JUL	28	28	QLD	Masters	QMSA Daisy Hill	Daisy Hill
AUG	5	5	QLD	AJST B	Southern Region Junior Qualifier	Southern Region
AUG	5	5	QLD	AJST B	Brisbane Junior Tournament	Brisbane
AUG	18	19	QLD	Masters	QMSA Maroochydore	Maroochydore
SEP	2	2	QLD	Doubles	Brisbane Junior Doubles Open	Brisbane
SEP	9	9	QLD	AJST B	Southern Region Junior Qualifier	Southern Region
OCT	6	7	QLD	Masters	QMSA Carseldine	Carseldine
OCT	11	14	QLD	M10 W10	Q Open - PSA M10 W10	TBC QLD
OCT	13	14	QLD	AJST B	Ingham Junior Qualifier	Ingham
OCT	21	21	QLD	AJST B	Southern Region Qualifier	Southern Region
OCT	21	28	QLD	AJST B	Stafford Junior Open	Stafford
OCT	25	28	QLD	M5 W5	Cairns Open - PSA M5 W5	Sportsworld Cairns
OCT	27	28	QLD	Masters	QMSA Labrador	Gold Coast
NOV	10	11	QLD	Masters	QMSA PCYC Ipswich	Ipswich PCYC
NOV	11	11	QLD	AJST B	Southern Region Junior Qualifier	Southern Region
NOV	18	18	QLD	AJST B	Barrett Property Junior Classic	Sandgate
DEC	1	2	QLD	Masters	QMSA PCYC Redcliffe	Redcliffe PCYC

Note: This calendar is subject to change. Every effort is made to ensure the accuracy of the calendar but promoters and tournament organisers can change dates at short notice.

EVENT POSTERS

As soon as you have a poster prepared for your event, please send it to kim@squashmedia.com.au You can either send a pdf or jpg file of the poster. We recommend you promote your event 3 to 6 months prior to its commencement. After the event we encourage you to send Squash Media a short report with separate good quality images of presentations, court action or social shots. Ideally, we would like to receive images greater than 100kb that are not blurred.

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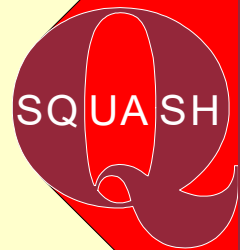


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Junior Pathway
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Player Accident Insurance



Your affiliation to squash is invited and would be very much appreciated.



**Brisbane based Squash Photographers
Toni van der Kreek and John Lockton
have kindly agreed for their squash
images to be used in this publication.**



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Would like to invite contributors from all regions of Queensland to make regular contributions to this newsletter.

Please help us to

PROMOTE RECOGNISE & THANK

Please contact Kim on: **040 7126 911** or email kim@squashmedia.com.au