

**ISSUE 61 - September 2017 © Q Squash Northern Region** 



Play Squash for fun and fitness!



Great to see the Cairns Squash Community getting out and promoting squash as part of the Cairns Festival!

It has been a relatively quiet month but behind the scenes 9 Red Sharks plus a few other Redbacks are getting ready to compete in the Australian Junior Championships in Geelong.

Congratulations to **Kayce Hoani-Vincent** and **Kurstyn Mather** on your call up to the Sharks team.

October will be an exciting month with three PSA events being played throughout the State:
Brisbane Open, Queensland Open and the **Cairns International**.

Also in October NR will be conducting the first junior qualifier for 2018 in Ingham.

Don't forget ... Entries close on Friday 29 September ... It will be interesting to see how the new format works.

The NR Junior Rankings have returned. Lets hope we get the State ones soon.

2017

OCT 14-15 Ingham: Ingham 2018
Junior Qualifier (AJST Bronze
Event)

OCT 26-29 Cairns: Pacific Toyota Cairns International (AST PSA M5/W5)

2018

FEB 17-18 Cairns: Cairns Junior Qualifier (AJST Bronze Event)

MAR 17-18 Townsville: Townsville Junior Qualifier (AJST Bronze Event)

MAY 5-6 Mackay: Mackay Junior Qualifier (AJST Silver Event)



1 September 2017 TM: HWR:

Ben Courtice 513 333

Lisa Camilleri 65 28

TM: This Month

**HWR:** Highest World Ranking

Kim Schramm kim@squashmedia.com.au





# PRESIDENT'S COURT By Dean Morzone

This month I have some very important and urgent messages.

### Australian Junior Championships 2017 – URGENT ALERT!

We have received a belated notice that all Queensland participants going to AJC in Geelong **MUST** complete the following qualifications prior to the event:

- ASADA LEVEL 1 ANTI DOPING COURSE https://elearning.asada.gov.au/
- MATCH FIXING COURSE https://elearning.sport.gov.au/

Please complete the above online courses and send your certificates to QSquash at qsquash@live.com by 14 September 2017.

I wish all our Northern Region players the very best in the individual and team competition. Can only make us even more proud.

### Ingham Tournament - 14/15 October 2017

Ingham will be a very valuable pilot for a multi-tiered format and getting players 'doubles ready'. Please do your best to promote the event and get those entries rolling in. Nominations close **29 September 2017**.

### Committee Meeting Ingham - 15 October 2017

The committee will meet in Ingham and, as usual, everyone is encouraged to attend. Please send any agenda items to qsnrsecretary@gmail.com about a week before so we can gather any related information. The time and venue of the meeting will be notified at the Tournament.

### **Sponsorship and Fund Raising Sub-Committee**

We are still searching for energetic and driven people to work on our Sponsorship and Fundraising Sub-Committee. I hope that all major centres will be represented. Please nominate yourself or encourage someone else to help out.

The sub-committee will explore and notify clubs and participants of suitable sponsorship and grant opportunities. I am waiting for Q Squash to provide email contacts to help us get the message to clubs in a timely way.



# PRESIDENT'S COURT

### Here's another terrific Grant!

I again urge local club committees to keep vigilant about available grants.

Here is another opportunity. The Minister for Public Works and Housing and Minister for Sport launched the **Female Facilities Program**. This Program aims to assist sport and recreation organisations and local governments to develop functional and inclusive female change rooms and amenities that meet the current and future needs of sport and recreation participants.

#### Below is the associated media release:

http://statements.qld.gov.au/Statement/2017/8/3/female-facilities-set-for-makeover-in-queensland-sporting-clubs.

Further information is available on the NPSR website: https://www.qld.gov.au/recreation/sports/funding/getinthegame/facilities

Grants are - "money for jam" - easy to apply for, require little process, but demand quick and efficient decisions. Some grants are readily adaptable to particular purposes or players. I am discovering that local clubs in our region have disbanded their incorporated status and are rendered ineligible for grants. Grant money is slipping away. Opportunities are being lost to fund computer hardware and software, upgrades to club facilities, fixtures, tournaments and electronic scoring; cameras or go-pros for coaching and real time telecasting; updating websites; Facebook; etc.

### Sporty HQ

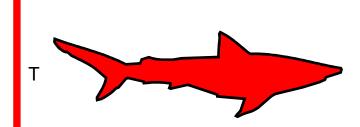
My committee has also resolved to transition to SportyHQ. I am encouraging all clubs to do likewise. The system will soon integrate matrix; It is free to affiliates of Squash Australia; allows centres & clubs to set up webpages; promotions; advertising/sponsorship platforms; on-line court bookings; fixture and tournament administration; electronic scoring via smart phone; player history ... and so much more. See eg. http://sandgatesquash.com.au.

I encourage you to appoint one of your committee to explore this great on line and administrative tool.

See you on the court.

**Dean Morzone** 





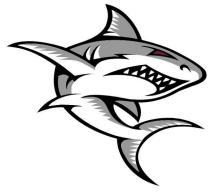
# 017 SHARKS

Three players have withdrawn from the Queensland Sharks team. As a result two NR players have been called up.

Congratulations to Kayce Hoani-Vincent and Kurstyn Mather on your call ups.

That brings the tally to 9
Redbacks representing
Queensland at the
Australian Junior Teams
Championship in October
in Geelong.

Good luck to you all ...



U13 Boys U13 Girls

Lachlan Erba Shona Coxsedge
Ben Murray Kayce Hoani-Vincent
Josh Porter Madison Lyon

U15 Boys U15 Girls

Jordan DiBella Katie Davies
Luke Eyles Hayley Hankinson
BJ MacDonald Ariel Lyon

U17 Boys U17 Girls
Declan Cashman Ella Burge
Wes Dyer Kurstyn Mather
Josh Penfold Mackenzie Sleep

U19 Boys U19 Girls
Nick Calvert Lauren Luck
Lachlan Coxsedge Courtney Mather
Caleb Johnson Lauren Stieler





# **NOT ALL SHARKS ARE THE SAME**

Ace Reporter Jules Condon interviewed 3 Sharks for Squash media.

### Your name and age group

C = Courtney Mather Gu19

J = Josh Porter Bu13

K = Kurstyn Mather Gu15

### What has been your highlight(s) for 2017?

C = Playing the World Juniors in NZ

J = Making the Queensland Sharks team

K = Playing QJC and representing QLD at the schools in Rockhampton.

# What have you done in 2017 that has helped you achieve your highlight(s)?

C = I've put a lot of effort in on the court with Marc and Steve. I'm playing Division 1 in the Cairns Fixtures and I use these games to work on changes I'm making in my game. I'm working hard to better my game physically and psychologically. I ensure I use all my resources and opportunities to be a better player.

J = Trained really hard, improved my fitness by doing circuit training and kept a squash journal.



K = I'm playing squash up to 7 times a week. I have extended my training off court to include running up mountains. I listen and try really hard when training with coaches Marc Forster and Steve Finitsis.

### What are your long-term goals?

C = My goal is to be number 1 in Australia in my age group, improve my world ranking and continue progressing into the PSA.

J = In 2 or 3 years I want to be playing division 1 in Cairns. Continue representing Northern Region Redbacks, Queensland Sharks and play for Australia.

K = My goals are to make the Australian U19 team for the World Junior Championships and the Australian team for the 2022 Commonwealth Games. I'm also working hard to improve my Qld and Australian rankings.



# **NOT ALL SHARKS ARE THE SAME**

# What is the most difficult obstacle standing in your way of achieving success?

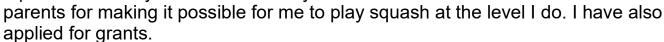
C = Currently, I'm in year 12 so I'm focused on finishing my exams and assessment and looking forward to graduating in November. Time off from school to play in representative teams has been challenging. Money is a major barrier to achieving my goals. Living in Cairns, I have access to great coaches but it is expensive to travel for tournaments and championships.

J = Keeping up my school work. Injuries can be a problem. I've had a problem with one of my ankles 3 times this year and I recently fractured one of my fingers.

K = The competition in the U15 age group is very tough in Qld and Australia.

# What are you doing to overcome this obstacle?

C = I'm focusing on my studies to finish school. In regards to my squash I focus psychologically on my end goals and believing in myself that I can meet my goals. I work to contribute financially to my squash but mostly I have to thank my



J = To play my best squash, I'm aiming to keep fit and healthy, do lots of training and listen to my coaches. For my school-work I need to be organised and I do my assignments as soon as I get them.

K = I'm training harder and trying to do more than my opponents.



C = My rivals are all the players I step on the court with.

J = Ben Murray

K = I treat everyone the same on the court and I want to win all my matches.





# **NOT ALL SHARKS ARE THE SAME**

Have you got a support team (parents, coach, training partner, friend, sponsor, other) that has helped you?

C = My support team are my parents and family, coaches Marc Foster and Steve Finitsis and the Cairns Crew. Thanks also to my sponsor Karakal.

J = I'd like to thank my parents and coaches Marc Forster and Steve Finitsis who are always supportive. Thanks to my sponsor Karakal. The Cairns Crew are also very supportive.

K = Thanks to my sponsor Karakal. I have lots of support from my parents, family, coaches Marc Forster and Steve Finitsis, friends and the Cairns Crew.

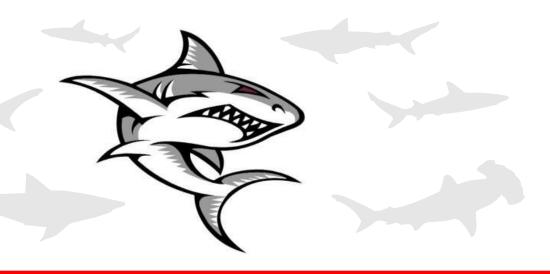
Who do you admire in life, in sport and in squash and why? (Can be the same person).

C = Raneem El Welily, I constantly watch her games to learn how to better my own.

J = Miguel Rodriguez. I like his unique style on the court. He is different to everyone else and he's quick on the court.

K = Nicol David. She always tries her hardest in every match and on court she treats everyone equally.







Play in the **Ingham Qualifier** Strive for selection in the 2018 Redbacks Team





Now is a GREAT TIME to get some coaching, do some training and get ready for 2018.

### Are you Under 19 years of age and love Squash?

Do you want to improve, test your skills against others your own age, explore other and higher forms of competition and travel?

If so we would love to hear from you ...

Play in the **Townsville Qualifier** Keep striving for selection in the 2018 Redbacks Team





There are many ways to improve your squash.

Do some fitness training. Get some coaching - Private or Group.

Play in junior tournaments. Work with a ball machine (if available).

Do some routines with a friend. Seek out stronger competition.

.18 FEE **Entries** Close 2/2/18

Play in the **Cairns Qualifier** Keep striving for selection in the 2018 Redbacks Team





Entries Close

2/3/18

You still have one more chance to make the team. Keep training and working hard ...



Frankie finished 2nd at the QJC in U11 Boys

Play in the **Mackay Qualifier** The 2018 Redbacks Team will be selected after this event.



If you are selected in the Redbacks team you will represent NR at the Queensland Junior Championships

### **Northern Region Junior Qualifiers**

There are 4 per year. They are great fun and you get to play against kids your own age. Meet new friends. Strive to do your best and you may get to represent the Redbacks Junior Team.

In the QJC teams event the Redbacks play the other 3 regions. You even get to play Doubles!

At the QJC you get to play a major event individuals and teams - over 8 days in the school holidays







At the QJC players strive for selection in the Queensland Sharks team

At the AJC you get to play a major event individuals and teams - over 8 days in the school holidays









Phone Jules Condon on 040 0450 298 Send her an email gsnrvicepresident@gmail.com Check out the NR Website www.northernregionsguash.net









268 Gatton St Cairns **Marc Forster** 0402 327 560

PSA Entries Close: 5 September 2017

A graded event will be held in conjunction with the PSA event **Divisions 1,2,3,4 will be played on Saturday 28 and Sunday 29 October**.

Entries for the open graded event will close **Monday 23 October**. Cost \$35/event. Entries to be sent to **cairnssquash@hotmail.com** 

Don't miss out on playing yourself and seeing the Pros in action. It's an exciting event and one which produces fantastic Squash!









# **CAIRNS INTERNATIONAL TOP 8 ENTRIES**

PSA M5 PACIFIC TOYOTA CAIRNS INTERNATIONAL (26-29 October) PSA W5

S	PLAYER	CTRY	WR
1	Evan Williams	NZL	85
2	Tsz Kwan Lau	HKG	127
3	Dimitri Steinmann	SUI	129
4	Roee Avraham	ISR	158
5	Matthew Hopkin	AUS	161
6	Thomas Calvert	AUS	168
7	Solayman Nowrozi	AUS	218
8	Joel Luca	AUS	227

S	PLAYER	CTRY	WR
1	Tong Tsz-Wing	HKG	47
2	Tamika Saxby	AUS	53
3	Vanessa Chu	HKG	56
4	Jessica Turnbull	AUS	77
5	Ka Yi Lee	HKG	90
6	Jemyca Aribado	PHI	99
7	Taylor Flavell	AUS	110
8	Stephanie Wighton	AUS	125

**S** = Seeding **WR** = World Ranking when entries closed

The **2nd Pacific Toyota Cairns International** has attracted 1 Top 100 man and 6 Top 100 Women.

Based on current form, Kiwi Evan Williams (HWR#79) deserves to be favourite but if #5 seed Matt Hopkin (HWR#89) can play to his potential we could have an upset on our hands.

Also, one must never forget Big Steve Finitsis (HWR#45) will be in the field and if he is playing well he too could cause havoc and even win the event.

The local hero reached the final last year but found Zac Alexander too strong going down in four: 6-11, 4-11, 11-9, 7-11 (60m).

One can expect the women's final to be between Tong Tsz-Wing and Tamika Saxby in a repeat of the 2016 SA Open final where Saxby prevailed 12-10, 10-12, 11-7, 12-10 (45m).







# **SQUASH 52 MACKAY**

# SOUASH CLUS

### Written by Alec MacDonald

The home of the Squash Fanatic in Mackay was opened in 1968 by one of the Absolute Legends of the sport Heather McKay at 52 Brisbane Street Mackay North Queensland and was promply known as "Squash 52".



The Centre started out as a 4 court squash club. Two above ground courts were added by building them above the car park in front of the existing centre. I'm not exactly sure when the pool at the back of the courts was added but it seems to have been around as long as most people can remember. It feels like heaven diving into it at the end of a 5 setter in balmy December or January.

The courts were run by Bob and Patty Courtice for 40 years until the mantle was

passed to Bob and Patty's son Ben in 2015. The courts were always a place where you could find a cheerful greeting and friendly advice on how to improve your squash and many other areas of your life as well!

The courts have hosted many memorable matches including exhibitions by Heather McKay and Geoff Hunt playing some of the best local talent including Russell Gardner, Ian Carlisle and Ben Courtice.

The Courts have undergone a transformation in recent years with one court being turned into a gymnasium, with a full time personal trainer hosting women only classes under the courts in front of the Centre - her way of attracting attention!

There are still 5 courts with the main court having a double story grandstand which was last filled to capacity when





# **SQUASH 52 MACKAY**



local PSA Player Brad Hindle played Ben Courtice in an exhibition match to mark the 40th anniversary of the opening of the courts.

The Squash is still thriving with a social club night on Mondays boasting 6 teams of 4 with anyone else who shows up sure to get a game. Tuesdays have 8 teams of 6

fairly serious squash players, battling it out using PAR to 15 with it being mandatory to go to 17 if it is 14 all.



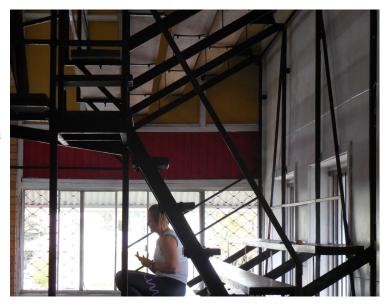
Thursday is the A grade competition with 8 teams of 5 players. When the A Graders get tired there is a stalwart of very social and friendly Doubles players who start about 8:30 and continue playing until nearly 11:00pm. A lot of the players play at least twice a week.

The club travels to most tournaments with "52 on Tour" taking part in events in

Gladstone and Rockhampton and of course the 52 Open.

Ben Courtice and Andrew Ollette have started coaching Juniors on a Friday afternoon with assistance from Gillian Nielsen, Chris Chambers, Patty Courtice and Aunty Carmel (currently out of action and on the injury list) with a view to starting fixtures in the new year.

I would like to think that Kay Barclay would be having a chat with Bob Courtice and Ian Carlisle as they watch the developments at 52 helping breath some hope and life into the squash scene in Mackay.



"The courts turn 50 next year, we think it may be one of the oldest centres still owned by the original family".

Gillian Nielsen



# **Cairns Festival**

25 Aug - 3 Sept 2017









# **2017 REDSTAR AWARDS**



In an effort to recognise more NR juniors we have introduced a new system of performance recognition. From now on **every finalist will be recognised**. Each winner will be listed in the Achievement category and every finalist (runner up) will be listed in the Encouragement category.

Once a player has won an event they will be elevated and listed in the Achievement category even if they finish runner up in other events. If players are equal they will be listed in alphabetical order.

Players receive 2 points for winning a qualifier, 4 points for winning a Queensland State title and 6 points for winning a National title (AJO & AJC). Players will receive 1 point for finishing runner up in a qualifier, 2 points for runner up in a State final and 3 points for runner up in a National final.

Even though the Ingham qualifier was played in October 2016 it is still a 2017 qualifier so the results from that event will contribute to the **2017 NR Player of the Year Award.** A 2018 qualifier played in 2017 will not be included.

The player who accumulates the most points will be declared the Player of the Year. There will be joint winners if 2 players finish on the same number of points. The aim of the points system is to automate the selection and player results determine the outcome. The system is also designed to encourage players to support all events in their quest to accumulate points.

To be awarded points there must be at least two players competing in an age group.

If an event is combined eg U17 and U19 Combined then it will be analysed to ensure

points are allocated to both U17 and U19. A direct match up of the best two players in an age group will determine the winner of that age group. Otherwise the highest finishing position in an age group will receive the maximum points.

A player can only enter up to 2 events so they can only be rewarded with 2 results. An U9 player who might win a combined event eg U9, U11 and U13 Combined can only be rewarded for the U13 victory and their own age group U9. If they were the only player in U9 they will earn points for both U13 and U11.





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# **2017 REDSTAR AWARDS**

ACHIEVEMENT AWARD						
	Pts	QJC	Mad	ckay	Towr	rsville
Hayley Hankinson	17		Q15	Q17	Q15	Q17
Wes Dyer	14	SF17	Q17	Q19	Q17	Q19
Kayce Hoani Vincent	12	S11	Q11		Q11	
Michael Lawrence	12	SF9	Q9		Q11	
BJ MacDonald	12	S15	Q15		QF17	QF19
Courtney Mather	12	S19	Q19			
Kiara Stubley	8		Q13		Q13	
Brody DiBella	6		QF19			
Shantelle Ale	5		QF13		QF13	
Matt Brazier	5				Q13	
Kurstyn Mather	5		QF15		QF15	
Mathew Finitsis	4				QF15	
Jordan DiBella	3		QF15			
Sean Julius-Wright	3				Q15	

	Pts	QJC	Mad	ckay	Tow	nsville
Sarah Brazier	3		QF11		QF11	
Francis Morove	3	SF11				
Jack Butcher	2					
Bradley Martin	2		QF17			
Kaci Newman	2		QF17			QF17
Summer Palmer	2					
Kate Butcher	1					
Quinn Douglas	1		QF9			
Lachlan Erba	1		QF13			
Liam Fascetti	1				QF11	
Danielle Hankinson	1		QF19			
Jake Webb	1					

The Northern Region Player of the Year will be announced in the December 2017 edition



### Rankings as at 1st September 2017.

BOYS U9	BOYS U11	BOYS U13
1 Quinn Douglas	1 Michael Lawrence	1 Josh Porter
	2 Liam Fascetti	2 Lachlan Erba
	3 Shiven Sharma	3 Francis Morove
	4 Anshul Sharma	4 Tyrone Ale
	5 Jack Butcher	5 Tyler Harris
BOYS U15	BOYS U17	BOYS U19
BOYS U15 1 BJ MacDonald	BOYS U17 1 Wesley Dyer	BOYS U19 1 Brody DiBella
1 BJ MacDonald	1 Wesley Dyer	1 Brody DiBella
1 BJ MacDonald 2 Jordan DiBella	<ul><li>1 Wesley Dyer</li><li>2 Bradley Martin</li></ul>	<ul><li>1 Brody DiBella</li><li>2 Michael Sutherland</li></ul>

# **TOP 5 RANKINGS**

**GIRLS U13** 

**GIRLS U11** 

**GIRLS U9** 

	<ul><li>1 Kayce Hoani-Vincent</li><li>2 Sarah Brazier</li><li>3 Olivia McDermott</li></ul>	1 Kate Butcher
GIRLS U15	GIRLS U17	GIRLS U19
1 Hayley Hankinson	1 Kaci Newman	1 Courtney Mather
2 Kurstyn Mather	2 Chloe Thompson	2 Summer Palmer
3 Kiara Stubley		3 Danielle Hankinson
4 Caitlyn Porter		
5 Amy Condon		

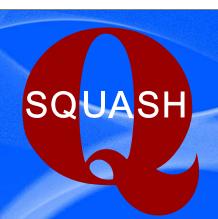




# Q OPEN 17

**19-22 OCTOBER** 

PSA Entries Close: 5 September 2017



GOLDCOAST.







# **Pacific Toyota**





PSA Entries Close: 5 September 2017

# **SPORTSWORLD**



268 Gatton St Cairns

**Marc Forster** 0402 327 560

forster marc@hotmail.com









# **INGHAM COURTS UP FOR LEASE**











#### **FOR LEASE:**

Ingham Squash Courts, 96 Cartwright Street, Ingham.

The dwelling contains an upstairs fully refurbished apartment consisting of 2 bedrooms and 1 bathroom, large lounge, dining and kitchen area. A laundry and large study/gym room are situated on the ground floor level. The

dwelling also contains a lock up 2 bay garage.

The centre consists of 4 courts with showers and toilet facilities. A generous size working sauna room is an added feature. A fully fitted kitchen exists off the retail shop area on the ground floor.

For more information contact:

Frank and Chris Erba on 07 4776 2639



### Q SQUASH NORTHERN REGION

Main Contact: Jules Condon 040 0450 298



### **NR COMMITTEE:**

President: Dean Morzone
VP: Jules Condon
Secretary: Di Whitchurch
Treasurer: Karen Dyer

### www.northernregionsquash.net









SQUASH

### 

If everyone supports, everyone gains!

\$66 pa or \$40 per half year Junior Pathway
Junior Rankings
Queensland Sharks
Player, Coach and Referee Development
Player Accident Insurance

Contact your centre operator for more information

Your affiliation to squash is invited and would be very much appreciated.







17-18 FEB18 CAIRNS



2018 JUNIOR QUALIFIERS
COMPULSORY
SELECTION TOURNAMENTS

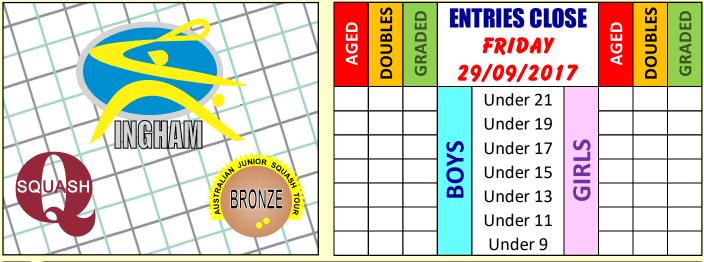
17-18
MAR18
TOWNSVILLE

5-6 MAY18 MACKAY

### Northern Region Junior Qualifier #1 14-15 October 2017



### INGHAM SQUASH CENTRE 96 CARTWRIGHT STREET, INGHAM QLD 4850



**Aged Championship:** \$40 for one event plus \$10 for each additional age group **Doubles:** \$5 (for Aged Championship players only)

Graded: \$20 which includes limited affiliation. Age Championship players ineligible.

Name:				
DOB:				
Mobile:				
Email:				
Club:				
Grade:				
VISITORS: Do you require a BILLET?				
YES NO Please circle				
Availability times for Friday 13 October 2017 (after 4pm):				
I have read the tournament <b>conditions of entry</b> and agree to abide by them.				

**Players Signature:** 



TOURNAMENT DIRECTOR Rachel McDermott 0438 757 682

**Email your entry to qsnrtournamentdirector@gmail.com** 

### Northern Region Junior Qualifiers Conditions of Entry



- 1 Games may be scheduled for Friday evening for available players.
- 2 Otherwise players are expected to be available between 8:30 am and 5 pm on Saturday and Sunday except with prior approval.
- 3 Doubles teams will be determined to maximise experience in that format.
- 4 The Graded draw is intended for new or less experienced players who wish to compete in a separate draw with players of similar ability and proficiency regardless of age/gender. The players will be graded based on ability by tournament organisers.
- 5 Graded events are not eligible for rankings or Redbacks team selection.
- 6 All grading will be made relative to Q Squash guidelines and the tournament committee reserves the right to regrade any player.
- 7 **Best of 5 Games to 11 PARS** Tie break at 10 all. To win a game you must win it by 2 points
- 8 XX Yellow Dot balls will be used.
- 9 The wearing of Protective Eyewear is **COMPULSORY** at this tournament. Players Under 13 must also wear a mouth guard.
- 10 Players are to be present and checked in with Tournament Control 30 MINUTES before the scheduled time of their match.
- 11 All Players are to mark and referee the next match at the completion of their own match.
- 12 All players MUST BE Financial members of Q Squash and under their respective age group as at **15 October 2017.**
- 13 Entry fees are due and payable once the draw has been completed. No refunds will be made.
- 14 Photos may be taken during the championship for use by media outlets, the Northern Region website and REDBACKS Newsletter.
- 15 All players must abide by the Q Squash JUNIOR PLAYER BEHAVIOUR Policy Version 2 Effective 1/1/09, which can be read on the Q Squash website.