

SAUSTRALIAN SCUASIN PLAYER

CORREN & SAMBY





WIN GOLDEN OPEN

Play Squash for fun and fitness!



EDITORIAL



One can only marvel at the achievements of **Mike Corren**. The "Moose" has done it again and extended his record as the oldest PSA player to have won a PSA title. Well it was a case of Golden Open #6 for the 43 year old! He beat 3 youngsters nearly half his age to win.

It was fantastic to see the Golden Open expanded to include a PSA W5 event for the Ladies. Equally it was great to see Tamika Saxby and Samantha Foyle making the long journey over to support the inaugural event.

Club President **Peter Siebert** and his band of wonderful volunteers did an amazing job running 3 events (PSA, Graded and Junior) over the long weekend. They looked after around 200 entries!

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Squash Photographers are GOLD!

Toni van der Kreek, John Lockton and Natalie Mitchell have kindly agreed for their squash images to be used in this publication.

www.facebook.com/TKreekPhotography

www.facebook.com/johnlocktonphotography (new)

www.facebook.com/johnrevel.locktonfamily (old)

www.facebook.com/nmphotographyinperth



WORLD RANKINGS





AUSTRALIAN PLAYERS

As at 1 July 2017

		TM	LM	HR
Ryan Cuskelly	NSW	14	14	12
Cameron Pilley	NSW	18	18	11
Rex Hedrick	VIC	59	57	51
Zac Alexander	QLD	73	75	36
Joshua Larkin	ACT	77	81	77
Matthew Hopkin	QLD	132	136	89
Rhys Dowling	NT	135	135	120
Thomas Calvert	QLD	161	169	161
Solayman Nowrozi	QLD	187	204	187
Mike Corren	WA	199	206	38
Joel Luca	QLD	220	233	220
Darcy Evans	TAS	224	237	208
Rohan Toole	NSW	226	239	209
David Clegg	VIC	228	228	177
Courtney West	QLD	231	267	218
Jason Holmes	VIC	274	291	274
Nathan Lindner	VIC	286	304	276
David Ilich	WA	291	317	291
Alex Eustace	QLD	311	369	238
Nicholas Calvert	QLD	334	348	334
Lachlan Coxsedge	QLD	361	380	361
Joseph White	NT	363	427	346
Tyler Hawkins	VIC	368	390	301
Darcy Walsh	VIC	374	392	374
Tim Cowell	WA	375	424	178
Ben Courtice	QLD	427	451	333
Ben Ratcliffe	VIC	475	-	475
Caillin Austin	VIC	475	513	366
Ethan Eyles	QLD	475	513	475
Jacob Ford	NSW	475	-	475
Ryan Marshall	NSW	475	513	398
William Curtis	WA	475	455	359

		TM	LM	HR
Donna Urquhart	NSW	18	18	13
Rachael Grinham	QLD	31	32	1
Sarah Cardwell	VIC	41	44	41
Tamika Saxby	NSW	51	52	49
Lisa Camilleri	QLD	69	65	28
Jessica Turnbull	QLD	74	76	73
Samantha Foyle	QLD	90	105	73
Christine Nunn	ACT	98	98	36
Stephanie Wighton	SA	108	110	98
Taylor Flavell	VIC	126	130	94
Samantha Calvert	QLD	134	130	111
Selena Shaikh	VIC	140	129	94
Taylor Jones	QLD	154	151	145
Moana Gray	NSW	175	175	111
Lauren Aspinall	SA	180	220	180
Grazia Guida	VIC	184	185	157
Courtney Mather	QLD	218	-	218
Shehana Vithana	NSW	218	231	218

WORLD TOP 5

		TM	LM	HR	
Gregory Gaultier	FRA	1	1	1	
Karim Abdel Gawad	EGY	2	2	1	
Mohamed Elshorbagy	EGY	3	3	1	
Nick Matthew	ENG	4	4	1	
Ali Farag	EGY	5	5	5	
Nour El Sherbini	EGY	1	1	1	
Raneem El Welily	EGY	2	2	1	
Camille Serme	FRA	3	3	2	
Laura Massaro	ENG	4	4	1	
Nouran Gohar	EGY	5	5	2	

All Australian PSA players are now listed.



OUR STARS



The following tables summarise the PSA matches played by our Top 10 Men and Women players during the previous month. It also includes results from major events like World Championships, Commonwealth Games, etc. Their most recent match is listed first:

Rex Hedrick

Campbell Grayson	L	SF	SquashXL Open	4-11, 4-11, 9-9 ret. (40m)
Angus Gillams	W	QF	SquashXL Open	11-4, 9-11, 14-12, 8-11, 11-
				4 (72m)
Mohd Syafiq Kamal	W	R1	SquashXL Open	12-10, 11-6, 11-4 (35m)
Greg Lobban	Ш	SF	NZ Southern Open	6-11, 5-11, 6-11 (36m)
Joshua Larkin	W	QF	NZ Southern Open	11-9, 11-5, 11-8 (48m)
Daniel Mekbib	W	R1	NZ Southern Open	11-5, 11-8, 9-11, 11-3
				(51m)

Joshua Larkin

Campbell Grayson	Ш	QF Q	SquashXL Open	6-11, 7-11, 8-11 (37m)
Lance Beddoes	W	R1	SquashXL Open	11-13, 11-6, 11-9, 11-8
				(40m)
Rex Hedrick	Ш	Ğ	NZ Southern Open	9-11, 5-11, 8-11 (48m)
Ben Grindrod	W	R1	NZ Southern Open	11-3, 11-9, 11-5 (36m)
Eain Yow Ng	L	R1	NZ International Classic	9-11, 8-11, 6-11

Rhys Dowling

Mike Corren	L	F	Golden Open	14-16, 11-8, 9-11, 6-11
				(60m)
Solayman Nowrozi	W	SF	Golden Open	11-9, 11-2, 11-2 (28m)
Alex Eustace	V	QF	Golden Open	11-5, 11-3, 11-7 (34m)

Tom Calvert

Mike Corren	L	SF Golden Open	5-11, 7-11, 6-11 (34m)
Courtney West	W	QF Golden Open	12-10, 11-6, 11-4 (29m)

Solayman Nowrozi

Rhys Dowling	L	SF	Golden Open	9-11, 2-11, 2-11 (28m)
David Ilich	W	QF	Golden Open	11-5, 11-9, 2-11, 12-10
				(47m)



OUR STARS



Mike Corren

Rhys Dowling	W	F	Golden Open	16-14, 8-11, 11-9, 11-6
				(60m)
Thomas Calvert	W	SF	Golden Open	11-5, 11-7, 11-6 (34m)
Joseph White	W	QF	Golden Open	11-7, 11-1, 11-2 (27m)

Tamika Saxby

Samantha Foyle	W	F	Golden Open	7-11, 11-6, 11-4, 11-5
				(32m)
Amanda Hopps	W	SF	Golden Open	11-1, 11-4, 11-6 (19m)
Cindy Meintjes	W	R1	Golden Open	11-5, 11-6, 11-3 (21m)

Jessica Turnbull

Lisa Aitken	L	R1	Matamata Open	1-11, 5-11, 3-11 (19m)
Emma Millar	Ш	QF	NZ International Classic	8-11, 10-12, 5-11 (23m)
Abbie Palmer	W	R1	NZ International Classic	11-9, 11-7, 11-7 (16m)

Samantha Foyle

Emma Millar	L	QF	Matamata Open	5-11, 7-11, 4-11 (18m)
Hwayeong Eum	W	R1	Matamata Open	11-9, 11-8, 11-3 (24m)
Kaitlyn Watts	L	R1	NZ International Classic	13-11, 4-11, 14-16, 4-11
				(47m)
Tamika Saxby	L	F	Golden Open	11-7, 6-11, 4-11, 5-11
			·	(32m)
Zoe Petrovansky	W	SF	Golden Open	11-3, 11-5, 11-4 (17m)
Lauren Aspinall	W	R1	Golden Open	11-7, 11-6, 11-7 (13m)

Taylor Flavell

Zoe Petrovansky	L	R1	Golden Open	6-11, 5-11, 14-12, 7-11
				(27m)

CONGRATULATIONS

2017 Golden Open Champions

CORREN & SAXBY



AST POINTS



The Australian Squash Tour has been designed to promote the domestic PSA events under one umbrella and encourage greater participation by our PSA players which will in turn, hopefully better support the individual events.

The AST will see the top three male and female Australian players share in an additional \$10,000 prize pool. Note: only a player's top 10 tournaments will be counted toward their overall point score.

	AST-10	AST-5	AST-P
1	1750	900	120
2	1150	600	72.3
3-4	700	350	53.2
5-8	450	200	32
9-16	250	140	19.3
17-32	120	70	18.4

Australian Squash Tour				
TOP 10 - LEADERBOARD				
\$10,000 PRIZE POOL				
1 Zac Alexander QLD	3100	1 Tamika Saxby NSW	2650	
2 Rhys Dowling QLD	2550	2 Samantha Foyle QLD	1650	
3 Josh Larkin ACT	1750	3 Lisa Camilleri QLD	1500	
4 Tom Calvert QLD	1370	4 Jessica Turnbull QLD	900	
5 Mike Corren WA	1270	5 Lauren Aspinall SA	650	
6 Joseph White NT	823.2	6 Samantha Calvert QLD	580	
7 Matt Hopkin QLD	800	7 Courtney Mather QLD	450	
8 Courtney West QLD	780	8 Ellie Jones QLD	450	
9 Alex Eustace QLD	770	9 Amanda Hopps WA	350	
10 Steve Finitsis QLD	700	10 Zoe Petrovansky WA	350	

SPLIT UP			
Men's Winner	3000	Men's Winner	3000
Men's Runner Up	1500	Men's Runner Up	1500
Men's 3rd Place	500	Men's 3rd Place	500

Please note: These points are unofficial.

UPCOMING EVENTS:

July 4-8: South Australian Open (PSA M5/W5) July 11-16: Victorian Open (PSA M10/W10





PSA EVENTS



CORREN WINS GOLDEN OPEN





PSA M5 Golden Open

Final

[4] Mike Corren (AUS) def [1] Rhys Dowling (AUS) 16-14, 8-11, 11-9, 11-6 (60m)

Semi Finals

- [1] Rhys Dowling (AUS) def [3] Solayman Nowrozi (AUS) 11-9, 11-2, 11-2 (28m)
- [4] Mike Corren (AUS) def [2] Thomas Calvert (AUS) 11-5, 11-7, 11-6 (34m)

Quarter Finals

- [1] Rhys Dowling (AUS) def [8] Alex Eustace (AUS) 11-5, 11-3, 11-7 (34m)
- [3] Solayman Nowrozi (AUS) def [7] David Ilich (AUS) 11-5, 11-9, 2-11, 12-10 (47m)
- [4] Mike Corren (AUS) def Joseph White (AUS) 11-7, 11-1, 11-2 (27m)
- [2] Thomas Calvert (AUS) def [5] Courtney West (AUS) 12-10, 11-6, 11-4 (29m)

Round 1

- [1] Rhys Dowling (AUS) Bye
- [8] Alex Eustace (AUS) def [WC] Tim Cowell (AUS) 9-11, 11-6, 11-7, 11-6 (40m)
- [7] David Ilich (AUS) def Kashif Arif (PAK) w/o
- [3] Solayman Nowrozi (AUS) Bye
- [4] Mike Corren (AUS) Bye
- Joseph White (AUS) def [6] Nathan Lindner (AUS) 11-5, 11-5, 11-7 (27m)
- [5] Courtney West (AUS) Bye
- [2] Thomas Calvert (AUS) Bye



WORLD TOUR



PSA EVENTS



SAXBY'S GOLDEN MOMENT









PSA W5 Golden Open

Final

[1] Tamika Saxby (AUS) def [2] Samantha Foyle (AUS) 7-11, 11-6, 11-4, 11-5 (32m)

Semi Finals

- [1] Tamika Saxby (AUS) def Amanda Hopps (AUS) 11-1, 11-4, 11-6 (19m)
- [2] Samantha Foyle (AUS) def Zoe Petrovansky (AUS) 11-3, 11-5, 11-4 (17m)

Round 1

[1] Tamika Saxby (AUS) def Cindy Meintjes (AUS) 11-5, 11-6, 11-3 (21m) Amanda Hopps (AUS) def [3] Aika Azman (MAS) 11-8, 14-12, 11-13, 11-7 (37m) Zoe Petrovansky (AUS) def [4] Taylor Flavell (AUS) 11-6, 11-5, 12-14, 11-7 (27m) [2] Samantha Foyle (AUS) def [5] Lauren Aspinall (AUS) 11-7, 11-6, 11-7 (13m)

Photos courtesy of Joe Mihaly





TIME OUT WITH THE MOOSE

I always remember when you racked up title number 50 at the Golden Open in 2014. You were so happy. It was like relief. Reflecting back does winning the Golden Open still hold a special place in your heart?

Any PSA win feels pretty satisfying Kim, there is always that extra 'edge' to these events over and above what you experience in local events and league ... as you would hope! Kalgoorlie though was the last event I had planned, over a sixteen week training/competition period which included nine events so ... I suppose it was the culmination of my efforts and of course I expected a lot of myself and thought I should do well. It was a very different feeling to last year as I was going through quite a horrid period and really thought I had 'lost it'.. whatever 'it' is!

You are closing in on the second highest PSA title winner Jahangir Khan (61 titles) ... can you pass the legend?

I don't feel comfortable about the association with that number and Jahangir ... at all! I'm just a guy who likes training, playing and losing money playing Squash! I have never associated myself in any way with the truly great players or their records as I have fumbled my way along ... it's chalk and cheese. Take JK's name out of it though and if you ask me can I reach sixty one then I would say why the hell not?!

In the final you beat youngster Rhys Dowling (22) in four: 16-14, 8-11, 11-9, 11-6. How would you describe how the match played out?

Well ... for the first few games I felt a lot of pressure indeed! My body had taken quite a beating in my previous two matches thanks to the knee's of both Tom and Joseph! I had matching corks on both my right and left ITB's and as the match progressed my left side



seized up completely and on top of that Rhys was moving very well and making life extremely difficult for me. It wasn't until my back was to the wall at 5-1 down in the third that I played what I would call extremely 'practical' squash, I tried to protect my weak areas (quite a few at the best of times!) and make use of what I could do well, luckily it was enough and I scampered through.

Dowling is basically half your age and ranked 135 compared to yourself at 206. Despite his youth he was unable to tame the moose. You also beat Tom Calvert (22) and Joseph White (19) convincingly. What do you think our juniors are doing wrong or are they just inexperienced?

Hmm.. you are trying to get me into trouble aren't you Kim?! No look ... it's not really my place to say what these lads are doing right or wrong, I don't know them personally





TIME OUT WITH THE MOOSE

and have never spent time with them to know what their daily training habits are or their level of professionalism, etc and I am not their coach so ... it would be amiss of me to make such comments. I do think though that to a degree Australia has been reduced to a very small 'pond' compared to the 70's and 80's and to a lesser degree the 90's due to the reduction in venues and overall standard and depth of play. Now more than ever a young player must go overseas to get an idea of the standard that needs to be achieved, the work required to get to these levels hasn't changed ... it always was and always will be bloody hard! Whether they are willing to go outside of their personal comfort zone and find out is a question to be posed to them.

You played a terrific match in the NT Open against World Junior Champion Eain Yow Ng. You might have lost to the 19 year old eventual winner but you gave him one hell of a scare. The scoreline was 5-11, 11-8, 10-12, 12-10, 8-11 (61m). What was that match like? How would you compare our juniors with Ng?

It was a very satisfying match to play in a lot of ways and even though I didn't get the result it was just a pleasure to play at that level. Due to being out of the saddle for so long (at that level) I had forgotten the key factor which is one must at all costs do everything possible to get in front of their opponent and play and move with intensity, I gave the first game away whilst still working this out or more aptly REMEMBERING it! From the second game on though I thought we were quite evenly matched and it was pretty 'full on' which ... you would expect! The refereeing was quite 'unique' I will say but ... it was uniquely unique for both of us so ... that was fun! Comparing him to our Juniors? Sorry ... there is no







TIME OUT WITH THE MOOSE

comparison, he is the best in the world and we are clearly not, it's up to our guys to change that.

You have been residing in WA for just over a year now. How are you finding life in the West?

Well.. as Jim Morrison said 'The West is best'! Mind you he also said that he was the Lizard King and could do anything so ... probably should take what Jimbo said with a pinch of salt! No, it's fantastic, I describe it as how Australia was thirty years ago before everything got a little bit too self important! The squash scene is very active and social, still a good number of tournaments and as we saw in Kalgoorlie with over two hundred entries ... lots of keen squashies!

Last year you began working at Squashworld Cambridge? How is that going for you?

Yes that's right Kim, I was a little nervous at first as it's the first 'proper job' I have had



since I was about eighteen back in 1932, however since I have been hanging around squash clubs almost daily since I was six then I would have to say it's my natural habitat! I love being there on a daily basis and many a time I can't actually believe i'm being PAID to do it!! Working for Kane and Simmo is fantastic because they are both squash enthusiasts and do a lot for the game in Perth and as with anything it's good to be involved with like minded people. It also lets me experience first hand the issues and challenges court owners across Australia have to face on a daily basis and what a difficult landscape it is, but that's another story for another time!

You seem to have been keeping yourself fairly injury free these days. Is that the case? Do you have any prevention strategies?

There are a few factors, firstly about eighteen months ago I decided to go Vegan, first and foremost that was a moral decision based on the fact that I have always loved animals and yet never made





TIME OUT WITH THE MOOSE

the connection with that and eating them! A bit slow on the uptake to say the least! I am actually quite horrified now that I did that for nearly forty two years, from a more selfish point of view though it has improved my health and therefore my squash ten fold in my ability to train and bounce back day after day and get through events, for example after my match in Darwin, even though it was a tough five setter I was raring to go the next morning with not a shred of soreness, in that respect I now see my thirties as a complete waste health/performance wise.

A vital element also was hooking up again earlier this year with Roger Flynn, apart from having a proper well thought out plan which stopped me from over training (which has always been a problem) Roger got me 'thinking' about the game again, dissecting and immersing myself in it, there is no other way really!

Without Roger I would not have had the success I have had this year or reached the standards I have reached ... thus far!

Competition wise you seem to be winning comfortably against the best in the west. How do you maintain your good form?

Well I am quite lucky that Dave Ilich is quite keen and willing to train four to five times



per week! Without Dave I would probably struggle to do it all by myself which I have done countless times over the years all round the world, that kind of motivation just isn't there anymore.

What does please me though is that I have actually been able to advance on my level since being here, again I would credit Roger Flynn mostly for this and Dave as my training partner but ... I have lost count over the years how many times I have heard the excuse of Western Australia's location being the reason for the inability of an individual to have success, I think this is absolute rubbish!

What events have you got penciled in for the remainder of the year?

At this stage I have pencilled in Coffs Harbour (always a great event), the NSW Open, and the Queensland Open which I have never had success in and the Australian Open, there will also be some local events around the West.





TIME OUT WITH THE MOOSE

What do you feel you still need to achieve?

I don't feel any great need to achieve anything except trying to keep presenting myself in a condition to play squash that I feel does myself justice as such. I do admit that I enjoy defying what the 'masses' consider the age bracket in which one can play good squash, I have no desire whatsoever to be a part of the negativity this section puts others or themselves in.

What would you like people to remember about you?

Not fazed by such things really Kim, as long as my opponents thought or feared it was going to be a long and difficult day at the office before playing me is all

one could hope for I feel ... all the rest is just fairy floss and unicorns!

All photos courtesy of:

Joe Mihaly













WORLD JUNIOR CHAMPIONSHIPS

2017 WJC DRAW



WORLD **SQUASH**

WSF

Men's 1st round: Top Half:

[1] Youssef Ibrahim (EGY) bye

Eid Alotaibi (KSA) v Salaheldin Eltorgman (CAN)

Ronald Palomino (COL) bye

Aryaman Adik (IND) bye

Ahmed Elmashad (EGY) bye

Nils Schwab (GER) bye

Glenn Yates (RSA) bye

[9/16] Ong Sai Hung (MAS) bye

[9/16] Tom Walsh (ENG) bye

Blaine Verhage (RSA) v Nicolas Serna (COL)

Dylan Tymkiw (ARG) bye

Nicholas Calvert (AUS) bye

Sanjay Jeeva (BEL) bye

Siow Yee Xian (MAS) bye

Lwamba Chileshe (NZL) v Zeeshan Zeb (PAK) Tiber Worth (USA) v Matthew Lucente (NZL)

[5/8] Andrew Douglas (USA) bye

[5/8] Abhay Singh (IND) bye

Gabe Yam (NZL) v Jacob Ford (AUS)

Martin Rios (COL) bye

Harrison Gill (USA) bye

Cole Becker (USA) bye

Maksymilian Wielgus (POL) bye

Keanu Langford (RSA) v Jeremías Azaña (ARG)

[9/16] Mohamed Elshamy (EGY) bye

[9/16] Adam Corcoran (ENG) bye

Maaz Jamal Khatri (AUS) bye

Abdulmajeed Boureggah (KSA) bye

Finn Trimble (NZL) bye

Abdul Malik Imran (PAK) bye

Yash Fadte (IND) bye

Jesper Phillips (NOR) v Matías Kupferberg (ARG) Luke van Vuuren (RSA) v Mitchell Kempton (NZL)

[3/4] Marwan Tarek (EGY) bye

Bottom Half:

[3/4] Victor Crouin (FRA) bye

Juan Cortés (ARG) v Mohammad Almwled (KSA)

Shahrul Izham Nurhaqiem (MAS) bye

Lachlan Coxsedge (AUS) bye

Mansoor Zaman (Jnr) (PAK) bye

Tobias Weggen (GER) bye

Eric Kim (USA) bye

[9/16] Darren Rahul Pragasam (MAS) bye

[9/16] Roman Allinckx (SUI) bye

Rafa Yam (NZL) v Murray Schepers (RSA)

Luis Alejandro Mancilla (COL) bye

Aly Hussein (EGY) bye

In Woo Lee (KOR) bye

Juan Barreyro (ARG) bye

[5/8] Adhitya Raghavan (IND) bye

[5/8] Kyle Finch (ENG) bye

Mikael Ismail (RSA) v Ethan Eyles (AUS)

Tushar Shahani (IND) bye

Hafiz Zhafri (MAS) bye

Quinn Udy (NZL) bye

Inaki de Larrauri (COL) bye

Nasser Alhazmi (KSA) v Miguel Gonzalo Pujol (ARG)

[9/16] Mostafa Asal (EGY) bye

[9/16] Jorge Gomez (MEX) bye

Matias Knudsen (COL) bye

Veer Chotrani (IND) bye

Abbas Zeb (PAK) bye

Salim Khan (USA) bye

William Curtis (AUS) bye

[2] Mohammad Al Sarraj (JOR) bye





WORLD JUNIOR CHAMPIONSHIPS

2017 WJC DRAW



WORLD SQUASH

WSF

Women's 1st round: Top Half

[1] Hania El Hammamy (EGY) bye

Emma Lundy (IRL) v Ashita Bhengra (IND)

Emme Leonard (USA) bye Ka Wing Ho (HKG) bye Kaitlyn Watts (NZL) bye

Courtney Mather (AUS) bye

Danielle Shone (RSA) bye

[9/16] Chan Yiwen (MAS) bye

[9/16] Zoe Foo Yuk Han (MAS) bye

Samita Sivakumar (IND) v Eva Nistler (GER)

Charlotte Orcutt (CAN) bye Fanny Segers (FRA) bye Anika Jackson (NZL) bye Sarah Lüdin (SUI) bye

Dong Ju Song (KOR) v Izane Louw (RSA)

[5/8] Sivasangari Subramaniam (MAS) bye

[5/8] Satomi Watanabe (JPN) bye

Elle Ruggiero (USA) v Andrea Toth (CAN)

Saskia Beinhard (GER) bye

Alexandra Haydon (AUS) bye

Alice Green (ENG) bye Ellie McVeigh (IRL) bye Amalia Rios (COL) bye

[9/16] Lucy Turmel (ENG) bye

[9/16] Marina Stefanoni (USA) bye

Teagan Roux (RSA) bye Maelle Fuhrer (FRA) bye Jasmine Hutton (ENG) bye Hyoju Seo (KOR) bye

Aishwarya Bhattacharya (IND) bye

Jessica Osborne (AUS) v Camden Te Kani-McQueen (NZL)

[3/4] Nada Abbas (EGY) bye

Bottom Half:

[3/4] Rowan Reda Araby (EGY) bye

Grace Pattison (AUS) v Alice Kramer (GER)

Laila Sedky (USA) bye Nicole Kendall (CAN) bye Jana Shiha (EGY) bye

Chae Won Song (KOR) bye Lauriane Maingot (FRA) bye

[9/16] Akanksha Salunkhe (IND) bye

[9/16] Elise Lazarus (ENG) bye

Rhiarne Taiapa (NZL) bye Lujan Palacios (PAR) bye Chan Sin Yuk (HKG) bye Grace Doyle (USA) bye

Lauren Aspinall (AUS) bye

Lily Lloyd (IRL) v Helena Coetzee (RSA)

[5/8] Andrea Lee (MAS) bye [5/8] Amina Yousry (EGY) bye

Jennifer Preece (RSA) v Laura Neill (IRL)

Shehana Vithana (AUS) bye

Kristýna Fialová (CZE) bye Cheng Nga Ching (HKG) bye Kacenka Tycova (GER) bye Anna Hughes (NZL) bye [9/16] Lui Hiu Lam (HKG) bye [9/16] Aifa Azman (MAS) bye

Emma Jinks (CAN) bye Chloé Mourier (FRA) bye Sunayna Kuruvilla (IND) bye Faith Sithole (RSA) bye Nadia Hubbard (NZL) bye

Sanya Vats (IND) v Elisabeth Ross (USA)

[2] Zeina Mickawy (EGY) bye





VICTORIAN JUNIOR Squash & Racquetball VICTORIA SQUASH CHAMPIONSHIPS

Interstate raiders dominate Victorian Junior State Titles by Ben Rowles

A selection of Australia's top underage players produced a high quality showcase of junior squash at the 2017 Victorian Junior State Titles.

80 competitors took part in the tournament at the Westerfolds Sports Centre, in what is regarded as the premier event on the Victorian Junior Squash Circuit.

Plenty of interest around the weekend focused on the 19/23 YAG Boys event, where in form local Tate Norris was the top ranked seed.

Norris, who was previously undefeated on the 2017 Victorian Junior Squash Circuit prior to the event, would face tough opposition from Jack Hudson, a player ranked in the top ten nationally in the Under 19 male age group, and number two ranked Under 17 male Maaz Khatri.

Unfortunately for Norris, his unbeaten run came to an end at the hands of Khatri, who defeated the Victorian in four on his way to the final.

There he would meet Hudson, who looked in ominous touch in his three matches leading up to the final. It was the South Australian representative in Khatri who settled first and took control of the match by winning the first two games.

The Tasmanian responded with the next two games, including a mammoth 17-15 win in the fourth, before closing out a high quality spectacle in five: 4/11, 9/11, 11/8, 17/15, 11/7.

The depth of talent in the 19 YAG Girls event was equally as impressive, with two top ten players from each of the Under 19 and Under 17 national rankings featuring on the entry list.

Fourth-seed Sarah Quinlivan was Victoria's top hope for the event heading into the weekend, and despite not making it to the final, the Goulburn Valley product won plenty of admirers in winning two of her three matches to finish third.

Much like the Under 19/23 Men, the Under 19 Girls decider would feature a representative from both Tasmania and South Australia, with event top seed Grace Pattison taking on the top ranked Under 17 Girl in the country, Alex Haydon.

Pattison entered the final as the favourite by virtue of being the seventh ranked Under 19 Female in the country, but despite having the edge in experience, it was Haydon who claimed the first game.

Pattison hit back to take out the second, but it was Haydon who held her nerve throughout the match to defeat her older opponent in four: 11/7, 8/11, 12/10, 11/9.

In the 17 Boys YAG, Toby Moore ensured





VICTORIAN JUNIOR Squash & Racquetball VICTORIA SQUASH CHAMPIONSHIPS

that another trophy would be headed across to the Apple Isle with victory over top ranked Victorian, Wodonga's Alex Baines, in the event decider.

In a match up between the number one and two seeds in the event, many expected the encounter to go down to the wire.

However, it was the Tasmanian who grabbed the ascendancy early and never let go, winning in straight games: 14/12, 11/8, 11/5.

The 17 YAG Girls final was also decided in straight games, with the ACT's Kiara Chen accounting for Yarra Valley CC's Carly Norris.

Chen was made to earn every point in the first game, but once she had it within her grasp she never looked back on her way to the title: 13/11, 11/6, 11/1.

In the younger age groups, Jack Quinlivan, Janaanii Sukunesan and Andre Lynn ensured at least three of the Victorian Junior State Titles would remain locally after taking out their respective age groups.

Goulburn Valley's Quinlivan was made to dig deep in the 15 YAG Boys final against Tasmanian Ben Hudson with the match in the balance at a game-all, but found the winning edge in the remaining two games to secure an 11/2, 11/13, 11/6, 12/10 victory.

Kooyong's Sukunesan looked a class above throughout her matches in the 11/13 YAG Girls event, and came out on top in an all-Victorian final with Wodonga's Gabrielle Baines: 11/8, 11/6, 11/6.

The same could be said for MSAC's Lynn, who didn't drop a game throughout his two preliminary round matches in the 11/13 YAG Boys event. He continued his dominance in the final, defeating Tasmanian Oliver Pridmore 11/8, 11/6, 11/7.

Rounding out the age groups was the 15 YAG Girls, which saw New South Wales' Georgia Lane drop just one game in her four round robin encounters on her way to the title.

Photo South Australia's Alex Hayden with coach James Rogers

Photo taken by Kate Winters







VICTORIAN JUNIOR Squash & Racquetball VICTORIA SQUASH CHAMPIONSHIPS

19/23 YAGJack Hudson (TAS)Maaz Khatri (SA)Ben Ratcliffe (VIC)17 YAGToby Moore (TAS)Alex Baines (VIC)Dylan Molinaro (VIC)15 YAGJack Quinlivan (VIC)Ben Hudson (TAS)Luke Barry (NSW)11/13 YAGAndre Lynn (VIC)Oliver Pridmore (TAS)Kieran Simpson (TAS)

19 YAGAlex Haydon (SA)Grace Pattison (TAS)Sarah Quinlivan (VIC)17 YAGKiara Chen (ACT)Carly Norris (VIC)Kate Winters (SA)15 YAGGeorgia Lane (NSW)Amber Chen (ACT)Eishaanii Sukunesan (VIC)11/13 YAGJanaanii Sukunesan (VIC)Gabrielle Baines (VIC)Courtney Scholtz (VIC)

The following members of the Victorian State Team will this year have the honour of competing on the national stage on home soil, with the 2017 Australian Junior Championships set to take place at the Leisuretime Centre in Geelong from September 30 - October 8.

Under 19 Team

Tate Norris

Ben Ratcliffe

Maria-Rose Kalafatis

Under 17 Team

Alex Baines

Dylan Molinaro

Reserve:

Tyler Blanchard

Ashira Chait
Carly Norris
Reserve:
Taylah Dyer

Under 15 Team

Jack Quinlivan

Cooper Boardman

Reserve:

Eishaanii Sukenesan

Nicola Baines

Reserve:

Justin Chu Jade Jennings

Under 13 Team

Andre Lynn Jananii Sukenesan Mason Boardman Courtney Scholtz

Reserve:Austin Tampeo-Lee

Gabi Baines





Squash Victoria's Executive Director **Fiona Young** was on hand to make the presentations at the 2017 Victorian State Junior Championships

























QUEENSLAND JUNIOR SQUASH CHAMPIONSHIPS







The 2017 QJC was played on the Gold Coast at Nerang Squash and Fitness. Overall, there were 108 juniors: 70 Boys and 38 Girls.

Photo: The 2017 Champions excluding Samantha Calvert



U21B	Caleb Johnson	Chris Mullin	Brody Di Bella
U19B	Lachlan Coxsedge	Caleb Johnson	Nicholas Calvert
U17B	Ethan Eyles	Wes Dyer	BJ MacDonald
U15B	BJ MacDonald	Joshua Penfold	Luke Eyles
U13B	Benjamin Murray	Josh Porter	Lachlan Erba
U11B	Zane Wolpers	Francis Morove	Nickolai Wolpers
U9B	Nickolai Wolpers	Michael Lawrence	Quinn Douglas
U21G U19G U17G U15G U13G U11G	Samantha Calvert Courtney Mather Mackenzie Sleep Ella Burge Madison Lyon Kayce Hoani-Vincent	Jessica Osborne NT Mackenzie Sleep Ella Burge Katie Davies Shona Coxsedge Tara Davies	Courtney Mather Jessica Osborne NT Lauren Stieler Ariel Lyon Charlotte Stephenson Elaine Cheung
	,		5



UNDER 19 CHAMPIONS















2018 Gold Coast Com Games



We have now examined the history of the Games and begun a series of interviews with the leading contenders. Our 7th article features an interview with Donna Urquhart ... our #1 player.



Hall of Fame GOLD MEDAL

Winners

Women's Doubles - GOLD

1998 Cassie Jackman & Sue Wright (ENG)

2002 Carol Owens & Leilani Rorani (NZL)

2006 Natalie Grinham & Rachael Grinham (AUS)

2010 Jaclyn Hawkes & Joelle King (NZL)

2014 Joshana Chinappa & Dipika Pallikal (IND)

Women's Singles - GOLD

1998 Michelle Martin (AUS)

2002 Sarah Fitz-Gerald (AUS)

2006 Natalie Grinham (AUS)

2010 Nicol David (MAS)

2014 Nicol David (MAS)

Men's Doubles - GOLD

1998 Mark Chaloner & Paul Johnson (ENG)

2002 Lee Beachill & Peter Nicol (ENG)

2006 Lee Beachill & Peter Nicol (ENG)

2010 Adrian Grant & Nick Matthew (ENG)

2014 David Palmer & Cameron Pilley (AUS)

Men's Singles - GOLD

1998 Peter Nicol (SCO)

2002 Jonathon Power (CAN)

2006 Peter Nicol (ENG)

2010 Nick Matthew (ENG)

2014 Nick Matthew (ENG)

Mixed Doubles - GOLD

1998 Michelle Martin & Craig Rowland (AUS)

2002 Leilani Rorani & Glen Wilson (NZL)

2006 Natalie Grinham & Joe Kneipp (AUS)

2010 Kasey Brown & Cameron Pilley (AUS)

2014 Rachael Grinham & David Palmer (AUS)





In depth with DONNA URQUHART



Where are you based these days and who are you working with (coach/training partners)?

I have a bit of a base in Edinburgh, Scotland at the moment. In between tournaments I spend time training there with my fiance Greg Lobban and the Scottish squash training squad. Their program is based at Heriot Watt University. It is a great environment to be in with a lot of high quality training partners, and Paul Bell the Scottish squash national coach does a great job of running the sessions. I'm very fortunate to be able to join in with them.

When I play tournaments in the US I try to spend some time training with my coach David Palmer while I'm over there.

Obviously you need to spend a lot of time overseas to maintain your world ranking - what percentage of time do you spend overseas verses home?

At the moment I'm probably overseas for about 90% of the year or more. I would love to be able to spend more time in Australia but there is a few reasons as to why this is difficult. We spend quite a few months of the year with busy tournament schedules and it is hard to come all the way back to Australia when you only have a week or two between tournaments in the US or UK/Europe because of the travel time and jet lag involved plus it is also really expensive!

Unfortunately at the moment there are no PSA tournaments in Australia big enough for me to play in and no earning opportunities in professional leagues either. I don't have a place to live in Australia so it is hard for me to come back and spend long stints training here. I try to get back once or twice a year to see my family but that's about it at the moment.

You hail from Northern NSW. With the Commonwealth Games so close to home do you expect a large contingent of supporters coming up to watch you?

Yeah Yamba is only 2 hours drive from the Gold Coast so it's easily accessible. I was home recently and had a lot of people asking me how to go about applying for tickets for the games and which days the squash would be on. There has been quite a bit of





buzz around it already which was really exciting. Hopefully everyone that applied for squash tickets gets them and we see a good crew from Yamba there!

You have reached a career high 13 (currently 18) with approximately 9 Commonwealth players ahead of you in the rankings. So it won't be an easy task to medal in singles. Is your main focus a singles medal or a doubles medal?

I'm focussing on both. It certainly won't be easy to medal in the singles but I believe if I play well I am in with a chance. I have beaten a lot of the girls ahead of me at different times (all except Laura and Nicol) and so I know I am capable. I have made some improvements in my game so far this year and I'm hoping to keep that going leading up to the games.



As far as the doubles goes, we are putting a lot of focus on that too. The World Doubles Championships in August will be a good chance for us to play competitively with our partners and also to see where we are at and what we might need to work on.

Do you feel more comfortable playing in the Northern or Southern hemisphere? Do you feel you have any advantages playing on the Gold Coast?

I've honestly never thought of it like that! I might feel comfortable or uncomfortable for a lot of different reasons on a squash court with different court conditions and so on, but I've never thought of it in terms of which hemisphere I'm in.

I like to think that you always have a little bit of an advantage playing on home soil, and hopefully the sheer number of Aussies in the crowd cheering us on on the Gold Coast will make it feel like an advantage.

You are our leading lady. As the highest ranked Aussie in the World one would expect you will be the first picked to represent Australia at the 2018 Commonwealth Games. Are you looking forward to that responsibility?

I'm absolutely looking forward to the Commonwealth Games, but I think the whole of the Australian squash team have the ability to win medals so I don't see it as one person having more responsibility than the others. I'm lucky to be part of a very experienced team who I draw a lot of inspiration from, so all I can do is get out there and try my absolute best for myself, my team and my country.

What does it feel like to put on the green and gold and represent your country?





It's an incredible feeling, second to none. I feel extremely proud when I represent my country. Aussie Aussie Aussie!!!

So far you have won a Bronze Medal in 2010 in Women's Doubles with Kasey Brown. Can you recall that match and how it felt when you won the medal? (Just to recap the match was against Amelia Pittock and Lisa Camilleri and the score was 11-4, 10-11, 11-5).

It was a tough and fair match and both teams wanted it really badly, it was such a shame that it had to be against another Aussie team. It was an incredible feeling to win a medal at the Commonwealth Games and I remember getting a text from my brother after the medal ceremony saying that my whole family stayed up to watch the presentation on TV (it



was about 3am at home in Australia), and he said he was so proud and excited for me that he couldn't get back to sleep.

At the 2014 Commonwealth Games you didn't medal. What happened in Glasgow? Were you just not at your best?

I was playing some of my best squash leading up to the games. I felt I had prepared really well and was peaking at the right time. I was entered in the singles event and women's doubles. Just a few days before flying out of Australia I was sat down by one of the coaches and told that Squash Australia had made a mistake.

They thought they were allowed to enter 5 men and 5 women no matter what, however the rule was that any person entered has to be playing in an event, not just a travelling reserve. They had overlooked the rule and were told by Commonwealth Games officials that they could not bring our 5th female as she was not in any event. They told me that they were going to take me out of my singles event and gift my spot to our reserve.



After looking forward to the Commonwealth Games for 4 years and having worked so hard on improving my singles squash, to hear this just days before was devastating to say the least and the way it was dealt with was appalling. It took me a long time to get over what happened in Glasgow and I had to take some time out of the game to recover mentally, but I





have come a long way since then and I'm determined to put those memories to bed with a successful campaign on the Gold Coast next year.

Being a left-hander I believe you bring a tremendous strength to any doubles combination - do you feel it is a strength?

Yeah, I think it gives an alternative option as a doubles partnership and it allows myself and my partners to play on our forehand sides which tends to be everyone's preferable side that they feel more comfortable on. For this reason I believe that having a lefthander in a doubles partnership is a dangerous combination.



DONNA URQUHART

Speaking of doubles partners you have been teamed up with Rachael and David (at the World Championships) previously - are they who you expect to be teamed up with at the Commonwealth Games?

The teams are yet to be decided for the Commonwealth Games as we have a couple of trials and competitions before that stage so it will be up to the coaches to decide the best combinations.

Do you prefer Women's Doubles or Mixed Doubles?

I really enjoy playing both!

I know retirement is not on the immediate drawing board do you have any thoughts on 2022 Commonwealth Games and beyond?

I have not thought about the 2022 Games just yet. I would love to be playing squash



for as long as I can as it's what I absolutely love and if I was fortunate enough to be in contention for the Commonwealth Games in 2022 that would be awesome!

If you were not a professional squash player what do you think you might have been? Even as a kid I always knew I wanted to be a sportsperson - I remember watching the Commonwealth Games and Olympics on TV and just being





in awe of the athletes, and I remember thinking even as a youngster "that will be me one day", but back then it was just a dream. If it wasn't squash it probably would have been hockey or middle distance running.

I always ask this question because I like to give people a voice for their ideas and I believe one day someone will come up with a fantastic idea. You are in charge of the game at the highest level - what would be one initiative (or more) that you would like to brought in to rejuvenate squash in Australia?



I have a few ideas! ...

One big difference I see in squash clubs overseas compared to many clubs in Australia, is that they are more than just squash clubs - they are places that people like to hang out. They have cafés or bars as well and are the sort of places you would go to spend time and socialise, not just play your game and leave. I think we need to get this kind of thing happening in Australia so that it creates extra revenue for the squash club but also creates a sense of excitement around the squash.

Another idea I'd love to see is to get squash clubs to have movie style nights where they show live Squash TV events on big screens and get everyone down to the club to watch, have a BBQ, and cheer on their favourite international players. You could even place bets for fun with your mates on who you think might win. I think it would be a great thing for juniors to watch more professional squash and aspire to be like those players, and also for club players to watch and learn from a higher level.

Following on from that, I think it would be amazing for squash in Australia to have a big international tournament on our home soil again, a chance for people to go and watch the best players in the world in real life, and a chance for Australia's top players to be showcased in front of their home crowd.

Lastly, I think squash needs to be marketed for the intense workout that it is! People these days go nuts for things like crossfit and anything that provides a really hard workout in a short amount of time. Squash is exactly that! But on top of that it's fun at the same time! I think if more people realised how many calories they could burn playing squash (while also having fun), they would definitely start getting into it more!

You have been selected to represent Australia at the World Doubles Championships in Manchester (Congratulations). You won a silver (with Rachael) and a bronze medal (with David) at the last World Championships. Are you looking forward to them?

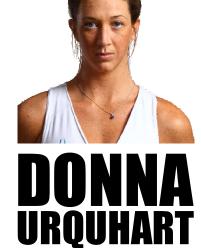




Really looking forward to it. Any World Championship is special and although I did well with my partners in 2016, there is still room for improvement in both competitions and we'd really like to establish ourselves as one of the main contenders going into the Commonwealth Games in 2018.

What do you need to work on or do differently to get yourself into the World Top 10?

I don't feel I need to do anything differently as I know I'm doing the right things to become the best squash player I can be. I will continue to work on every aspect of my game to make those small percent improvements. I've been unlucky with some injuries during my career which have held me back a bit, but I feel like I'm playing the best squash of my career at



the moment and I know that to crack that top 10, I'll need to be consistent throughout the year with my results which I'll be aiming to do in the 2017/18 season.

Finally, what would your advice be to a young promising junior (13-17 age group) wanting to become a professional squash player?

I would say, don't rest on your laurels. For example, if you are winning your age group easily, then play up an age to look for harder competition. Always look to keep improving your level. Just because you are winning Australian junior titles, doesn't necessarily mean you are going to be world class, you have to keep pushing yourself to get better. I came from a really small town and I had to play against older people or against the men to keep improving, and I think that attitude helped me get to where I am. **Dream big and go for it!**







2017 CALENDAR





<<< JULY 2017 >>>

JUL 4-8 Campbelltown, SA: SA Open (PSA M5/W5)
JUL 11-16 Mulgrave, VIC: Victorian Open (PSA M10/W10)

<< AUGUST 2017 >>>

AUG 16-20 Bendigo, VIC: City of Greater Bendigo International (PSA M5/W5) AUG 23-27 Shepparton, VIC: City of Greater Shepparton International (PSA M5) AUG 30-3 Bega, NSW: Tarra Volkswagen Bega Open (PSA M5)

<<< SEPTEMBER 2017 >>>

SEP 7-10 Coffs Harbour, NSW: North Coast Open (PSA M5/W5) SEP 14-17 Thornleigh, NSW: NSW Squash Open (PSA M5/W5)

<<< OCTOBER 2017 >>>

OCT 19-22 Venue TBC, QLD: Queensland Open (PSA M5/W5)
OCT 26-29 Mackay Leisure Centre QLD: Mackay Open (PSA M5/W5) #

<<< NOVEMBER 2017 >>>

NOV 2-5 Cairns, QLD: Cairns International (PSA M5/W5) *** NOV 14-18 Darwin, NT: Australian Open (PSA M10/W10)

*** (Not Registered on PSA)
(Looking unlikely)





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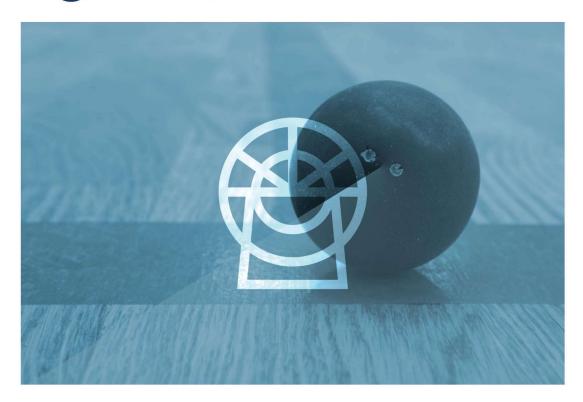
PSA/WSA International event

August 17 - 20



Graded event

August 19 - 20





Enter online at www.squashvic.com.au Graded event entries close - 11th August

Bendigo Squash Centre 242 Barnard Street

Enquiries: Russell McLean manager@bendigosquash.com Or visit www.bendigosquash.com

















2017 CALENDAR



MAJOR EVENTS IN EACH STATE

NSW New South Wales

JUL 7-9 Thornleigh: NSW Junior Open (AJST Gold)

AUG 30-3 Bega: Tarra Volkswagen Bega Open (AST PSA M5) SEP 7-10 Coffs Harbour: North Coast Open (AST PSA M5/W5) SEP 14-17 Thornleigh: NSW Squash Open (AST PSA M5/W5)

NT Northern Territory

OCT 17-18 Darwin: Australian National Graded Championships (Premier, B & D)

NOV 14-18 Darwin: Australian Open (AST PSA M10/W10)

NOV 19-20 Darwin: Australian Doubles

QLD Queensland

OCT 19-22 Venue TBC: Queensland Open (AST PSA M5/W5)

OCT 26-29 Mackay Leisure Centre: Mackay Open (AST PSA M5/W5) #

NOV 2-5 Cairns: Cairns International (AST PSA M5/W5) ***

SA South Australia

JUL 4-8 Campbelltown, SA: SA Open (PSA M5/W5)

VIC Victoria

JUL 11-16 Mulgrave: Victorian Open (AST PSA M10/W10)

AUG 16-20 Bendigo: City of Greater Bendigo International (AST PSA M5/W5)

AUG 23-27 Shepparton: City of Greater Shepparton International (AST PSA M5)

SEP 4-8 Ballarat: Australian Masters Championship (Individuals)

SEP 11-15 Ballarat: Australian Masters Championship (Teams)

SEP 30-8 Geelong: Australian Junior Championships (AJST Platinum)

WA Western Australia

JUL 1-2 Mirrabooka: WA Junior Championships (AJST Gold)

JUL 21-23 Venue TBC: Masters State Championships

AST: Australian Squash Tour

*** (Not Registered on PSA)

AJST: Australian Junior Squash Tour

(Looking unlikely)

Masters

Important Overseas Events

JUL 19-23 Tauranga, NZ: WSF World Junior Championships (Individuals)

JUL 24-28 Tauranga, NZ: WSF World Junior Championships (Women's Teams)

AUG 1-5 England, GB: WSF World Doubles Championships

NOV 28-3 France: WSF Men's World Team Championships

NOV 30-4 Singapore: Singapore Junior Open DEC 6-11 Kuala Lumpur, MY: KL Junior Open



LEISURETIME CENTRE, GEELONG VIC

INDIVIDUAL EVENT: 30TH SEP - 3RD OCT TEAM EVENT: 5TH OCT - 8TH OCT

ENTRIES OPEN 1ST MAY 2017 WWW.SQUASH.ORG.AU

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